

Our Vision: Healthy People in Healthy Communities
Adams, Clay, Nuckolls and Webster Counties

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For more information contact: Michele Bever, PhD, MPH, Executive Director
402-462-6211 / 1-877-238-7595

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SHDHD reports 9 new COVID-19 cases, encourages social distancing

Hastings, Neb – South Heartland District Health Department (SHDHD) officials reported nine (9) new COVID-19 positive cases today. This brings the total number of cases in the 4-county health district to 216, including 200 in Adams County, 11 in Clay County, 5 in Webster County, and zero in Nuckolls County.

New cases in Clay County:

- 1 male in his 40s

New cases in Adams County:

- 5 females (1 under 20, 1 in her 20s, 1 in her 30s, 2 in their 40s)
- 3 males (1 in his 40s, 1 in his 50s, 1 in his 60s)

Residents who are ill or have any symptoms consistent with coronavirus disease should stay home from work and isolate at home to avoid spreading the illness to others.

Health director Michele Bever reminds residents that they may have very mild or no symptoms at all, but the virus can spread easily through close person to person contact. “It is gatherings and close contact at work or other settings which often result in new cases of COVID-19,” she said.

Bever encourages South Heartland residents to protect older adults and other individuals at higher risk. “Please continue practicing social distancing, including keeping 6 feet (2 meters) between people, and staying home when we are sick. Please continue practicing prevention, including wearing masks, washing your hands, keeping your hands away from your face, and disinfecting frequently-touched surfaces.”

This week Governor Ricketts reminded Nebraskans that the 10-person rule for gatherings remains in effect through the month of May and encouraged residents to only celebrate and gather with their households.

The revised directed health measures (DHM) issued by the Governor and Nebraska Department of Health and Human Services (NDHHS) for South Heartland District’s four counties will be effective at 12:00 am on May 4, 2020 and continue until May 31, 2020. All restrictions from the previous DHMs will continue through May 31, 2020, except for elective surgeries/procedures and religious services (to include wedding and funerals). NDHHS developed COVID-19 Guidelines for the Conduct of Faith-Based Services, which can be found on the South Heartland website: <https://southheartlandhealth.org/public-health-data/coronavirus.html>.

South Heartland District case counts by county are updated daily on SHDHD’s COVID webpage: <https://southheartlandhealth.org/public-health-data/coronavirus.html>. The Nebraska Department of Health and Human Services (DHHS) provides daily updates to Nebraska's coronavirus COVID-19 cases on their Data Dashboard at <http://dhhs.ne.gov/Pages/Coronavirus>.

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