

BRFSS Detailed Summary Table for South Heartland District Health Department Adults 18 and Older, 2011-2019

Indicators	Overall					Men					Women					LHD Gender Diff. ^g
	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	
	n ^a	mean or % ^b (Low - High)	n ^a	mean or % ^b (Low - High)		n ^a	mean or % ^b (Low - High)	n ^a	mean or % ^b (Low - High)		n ^a	mean or % ^b (Low - High)	n ^a	mean or % ^b (Low - High)		
General Health Status																
General health fair or poor																
2011	872	17.3% (14.4 - 20.7)	25,347	14.3% (13.7 - 14.9)	NS	338	17.8% (13.7 - 22.9)	10,198	14.8% (13.9 - 15.7)	NS	534	16.8% (13.0 - 21.5)	15,149	13.9% (13.1 - 14.7)	NS	No
2012	605	13.8% (10.6 - 17.8)	19,132	14.4% (13.7 - 15.2)	NS	236	11.2% (7.5 - 16.3)	7,855	14.6% (13.5 - 15.7)	NS	369	16.3% (11.4 - 22.6)	11,277	14.3% (13.4 - 15.2)	NS	No
2013	621	16.8% (13.3 - 20.9)	17,106	13.9% (13.1 - 14.8)	NS	267	18.1% (12.7 - 25.2)	6,963	13.4% (12.2 - 14.7)	NS	354	15.4% (11.6 - 20.2)	10,143	14.4% (13.3 - 15.6)	NS	No
2014	936	14.5% (12.2 - 17.1)	22,370	13.2% (12.5 - 13.9)	NS	413	14.2% (11.0 - 18.2)	9,585	13.5% (12.4 - 14.5)	NS	523	14.7% (11.6 - 18.5)	12,785	12.9% (12.0 - 13.8)	NS	No
2015	694	15.2% (12.2 - 18.9)	17,539	13.9% (13.1 - 14.8)	NS	306	18.0% (13.2 - 24.0)	7,564	13.7% (12.5 - 14.9)	NS	388	12.5% (9.2 - 16.8)	9,975	14.2% (13.1 - 15.3)	NS	No
2016	650	17.0% (13.8 - 20.8)	15,166	14.7% (13.8 - 15.6)	NS	301	17.5% (12.6 - 23.9)	6,633	13.8% (12.6 - 15.1)	NS	349	16.5% (12.7 - 21.1)	8,533	15.5% (14.3 - 16.8)	NS	No
2017	633	15.3% (12.5 - 18.7)	15,331	14.9% (14.1 - 15.8)	NS	317	16.0% (12.0 - 21.0)	6,956	14.1% (13.0 - 15.3)	NS	316	14.6% (10.8 - 19.6)	8,368	15.8% (14.6 - 17.0)	NS	No
2018	599	18.0% (14.5 - 22.1)	14,611	14.5% (13.7 - 15.4)	NS	246	14.3% (9.8 - 20.4)	6,550	13.8% (12.7 - 15.1)	NS	353	21.7% (16.7 - 27.7)	8,047	15.2% (14.0 - 16.4)	+	No
2019	660	15.1% (12.3 - 18.3)	15,843	14.6% (13.8 - 15.3)	NS	302	12.9% (9.3 - 17.6)	7,139	13.7% (12.7 - 14.8)	NS	358	17.2% (13.3 - 21.9)	8,704	15.4% (14.3 - 16.5)	NS	No
Average number of days physical health was not good in past 30 days																
2011	860	3.1 (2.6 - 3.7)	24,901	3.2 (3.0 - 3.3)	NS	337	3.1 (2.2 - 4.0)	10,067	2.9 (2.7 - 3.1)	NS	523	3.2 (2.5 - 3.8)	14,834	3.4 (3.2 - 3.6)	NS	No
2012	599	3.5 (2.7 - 4.4)	18,819	3.2 (3.1 - 3.4)	NS	235	3.0 (1.8 - 4.1)	7,759	2.9 (2.7 - 3.1)	NS	364	4.1 (2.9 - 5.2)	11,060	3.6 (3.4 - 3.8)	NS	No
2013	610	3.6 (2.8 - 4.5)	16,808	3.1 (2.9 - 3.3)	NS	264	3.8 (2.4 - 5.2)	6,877	2.8 (2.5 - 3.0)	NS	346	3.4 (2.5 - 4.4)	9,931	3.4 (3.2 - 3.7)	NS	No
2014	913	3.4 (2.8 - 4.1)	22,024	3.0 (2.9 - 3.1)	NS	401	3.6 (2.6 - 4.6)	9,464	2.8 (2.6 - 3.0)	NS	512	3.3 (2.5 - 4.1)	12,560	3.2 (3.0 - 3.4)	NS	No
2015	683	3.1 (2.4 - 3.7)	17,315	3.1 (3.0 - 3.3)	NS	301	3.3 (2.3 - 4.3)	7,476	2.8 (2.6 - 3.0)	NS	382	2.8 (2.1 - 3.5)	9,839	3.5 (3.3 - 3.7)	NS	No
2016	643	3.8 (3.1 - 4.6)	14,984	3.3 (3.1 - 3.5)	NS	300	4.2 (2.9 - 5.5)	6,561	2.9 (2.6 - 3.1)	NS	343	3.4 (2.6 - 4.2)	8,423	3.7 (3.4 - 4.0)	NS	No
2017	621	4.2 (3.4 - 5.0)	15,127	3.3 (3.2 - 3.5)	NS	314	3.5 (2.5 - 4.4)	6,876	2.9 (2.7 - 3.2)	NS	307	4.9 (3.7 - 6.1)	8,244	3.7 (3.5 - 4.0)	NS	No
2018	596	4.4 (3.5 - 5.4)	14,442	3.4 (3.2 - 3.6)	NS	244	3.3 (2.1 - 4.6)	6,481	3.0 (2.7 - 3.2)	NS	352	5.5 (4.1 - 6.9)	7,951	3.7 (3.5 - 4.0)	+	No
2019	652	3.6 (2.9 - 4.2)	15,672	3.4 (3.3 - 3.6)	NS	298	2.9 (2.0 - 3.8)	7,069	3.1 (2.8 - 3.3)	NS	354	4.2 (3.3 - 5.2)	8,603	3.8 (3.6 - 4.0)	NS	No
Physical health was not good on 14 or more of the past 30 days																
2011	860	10.1% (8.2 - 12.6)	24,901	9.6% (9.1 - 10.1)	NS	337	10.4% (7.4 - 14.2)	10,067	9.0% (8.3 - 9.8)	NS	523	9.9% (7.5 - 13.2)	14,834	10.1% (9.4 - 10.8)	NS	No
2012	599	11.2% (8.2 - 15.2)	18,819	9.8% (9.2 - 10.4)	NS	235	9.9% (5.8 - 16.4)	7,759	8.6% (7.8 - 9.5)	NS	364	12.6% (8.6 - 18.0)	11,060	11.0% (10.1 - 11.8)	NS	No
2013	610	10.8% (8.1 - 14.3)	16,808	9.2% (8.5 - 9.9)	NS	264	11.1% (6.9 - 17.3)	6,877	7.9% (7.0 - 8.9)	NS	346	10.6% (7.5 - 14.7)	9,931	10.4% (9.4 - 11.5)	NS	No
2014	913	10.4% (8.2 - 13.0)	22,024	9.0% (8.4 - 9.6)	NS	401	11.1% (7.9 - 15.4)	9,464	8.3% (7.4 - 9.1)	NS	512	9.7% (7.1 - 13.0)	12,560	9.7% (9.0 - 10.5)	NS	No
2015	683	9.5% (7.3 - 12.3)	17,315	9.6% (9.0 - 10.3)	NS	301	10.5% (7.2 - 15.1)	7,476	8.6% (7.7 - 9.6)	NS	382	8.5% (5.9 - 12.1)	9,839	10.7% (9.8 - 11.6)	NS	No
2016	643	12.0% (9.5 - 15.1)	14,984	9.8% (9.1 - 10.6)	NS	300	13.8% (9.9 - 18.9)	6,561	8.4% (7.4 - 9.4)	+	343	10.3% (7.4 - 14.1)	8,423	11.2% (10.2 - 12.3)	NS	No
2017	621	14.0% (11.2 - 17.5)	15,127	10.3% (9.6 - 11.1)	+	314	11.8% (8.2 - 16.5)	6,876	8.8% (7.9 - 9.8)	NS	307	16.3% (12.1 - 21.6)	8,244	11.8% (10.8 - 13.0)	NS	No
2018	596	13.3% (10.1 - 17.2)	14,442	10.2% (9.5 - 11.0)	NS	244	8.9% (5.4 - 14.4)	6,481	8.7% (7.7 - 9.7)	NS	352	17.5% (12.8 - 23.6)	7,951	11.8% (10.8 - 12.9)	NS	No
2019	652	10.2% (8.0 - 13.0)	15,672	10.4% (9.8 - 11.1)	NS	298	8.0% (5.3 - 11.9)	7,069	9.2% (8.3 - 10.2)	NS	354	12.4% (9.1 - 16.6)	8,603	11.6% (10.7 - 12.6)	NS	No
Average number of days mental health was not good in past 30 days																
2011	858	3.4 (2.7 - 4.0)	25,036	3.1 (2.9 - 3.2)	NS	332	2.9 (2.1 - 3.8)	10,097	2.5 (2.3 - 2.7)	NS	526	3.8 (2.9 - 4.7)	14,939	3.6 (3.4 - 3.8)	NS	No
2012	592	2.5 (1.8 - 3.2)	18,935	3.0 (2.9 - 3.2)	NS	231	1.7 (0.8 - 2.5)	7,786	2.6 (2.4 - 2.8)	NS	361	3.4 (2.3 - 4.5)	11,149	3.5 (3.3 - 3.7)	NS	No
2013	615	2.7 (1.9 - 3.6)	16,889	3.0 (2.8 - 3.1)	NS	266	2.8 (1.6 - 4.1)	6,889	2.3 (2.1 - 2.6)	NS	349	2.7 (1.6 - 3.7)	10,000	3.5 (3.3 - 3.8)	NS	No
2014	919	2.7 (2.2 - 3.2)	22,132	2.8 (2.6 - 2.9)	NS	402	2.0 (1.4 - 2.7)	9,483	2.3 (2.1 - 2.5)	NS	517	3.3 (2.5 - 4.1)	12,649	3.3 (3.1 - 3.5)	NS	No
2015	690	2.5 (1.8 - 3.1)	17,369	2.9 (2.7 - 3.1)	NS	304	2.2 (1.3 - 3.1)	7,491	2.3 (2.1 - 2.6)	NS	386	2.7 (1.9 - 3.6)	9,878	3.5 (3.2 - 3.7)	NS	No
2016	644	3.1 (2.4 - 3.7)	15,035	3.2 (3.0 - 3.4)	NS	300	2.7 (1.8 - 3.6)	6,568	2.4 (2.1 - 2.6)	NS	344	3.5 (2.6 - 4.4)	8,467	4.0 (3.6 - 4.3)	NS	No
2017	621	3.3 (2.6 - 4.0)	15,179	3.4 (3.3 - 3.6)	NS	312	2.5 (1.6 - 3.4)	6,894	2.7 (2.4 - 2.9)	NS	309	4.0 (2.9 - 5.1)	8,278	4.2 (3.9 - 4.5)	NS	No
2018	591	3.4 (2.6 - 4.1)	14,490	3.6 (3.4 - 3.8)	NS	241	2.6 (1.6 - 3.5)	6,498	2.9 (2.7 - 3.2)	NS	350	4.2 (3.0 - 5.3)	7,979	4.2 (3.9 - 4.5)	NS	No
2019	652	3.6 (2.8 - 4.3)	15,699	3.7 (3.5 - 3.9)	NS	299	2.5 (1.5 - 3.6)	7,076	2.9 (2.7 - 3.2)	NS	353	4.6 (3.5 - 5.7)	8,623	4.5 (4.2 - 4.8)	NS	No
Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress)																
2011	858	11.0% (8.6 - 14.0)	25,036	9.2% (8.7 - 9.7)	NS	332	9.4% (6.2 - 14.0)	10,097	7.7% (7.0 - 8.4)	NS	526	12.5% (9.2 - 16.9)	14,939	10.7% (9.9 - 11.5)	NS	No
2012	592	7.2% (4.8 - 10.7)	18,935	9.0% (8.4 - 9.7)	NS	231	5.0%* (2.4 - 10.3)	7,786	7.4% (6.6 - 8.3)	NS	361	9.4% (5.9 - 14.7)	11,149	10.6% (9.7 - 11.5)	NS	No
2013	615	9.0% (6.1 - 13.0)	16,889	8.9% (8.2 - 9.6)	NS	266	9.2% (5.1 - 16.1)	6,889	6.8% (5.9 - 7.9)	NS	349	8.8% (5.3 - 14.1)	10,000	10.9% (9.8 - 12.0)	NS	No
2014	919	8.1% (6.3 - 10.5)	22,132	8.2% (7.6 - 8.8)	NS	402	5.5% (3.3 - 8.9)	9,483	6.4% (5.6 - 7.3)	NS	517	10.7% (7.9 - 14.3)	12,649	9.9% (9.0 - 10.8)	NS	No
2015	690	7.2% (5.0 - 10.2)	17,369	8.9% (8.2 - 9.6)	NS	304	6.1% (3.5 - 10.5)	7,491	6.9% (6.0 - 7.9)	NS	386	8.3% (5.2 - 13.0)	9,878	10.8% (9.8 - 11.9)	NS	No
2016	644	9.2% (6.9 - 12.2)	15,035	9.5% (8.7 - 10.4)	NS	300	8.4% (5.3 - 13.0)	6,568	7.0% (6.0 - 8.1)	NS	344	10.0% (7.0 - 14.2)	8,467	12.0% (10.8 - 13.3)	NS	No
2017	621	10.6% (8.0 - 14.0)	15,179	10.5% (9.7 - 11.4)	NS	312	8.2% (5.4 - 12.3)	6,894	7.6% (6.7 - 8.6)	NS	309	13.0% (9.0 - 18.6)	8,278	13.4% (12.2 - 14.7)	NS	No
2018	591	9.7% (7.1 - 13.2)	14,490	11.2% (10.4 - 12.1)	NS	241	7.8% (4.4 - 13.4)	6,498	9.2% (8.1 - 10.4)	NS	350	11.6% (7.9 - 16.6)	7,979	13.2% (12.0 - 14.5)	NS	No
2019	652	10.7% (8.1 - 14.1)	15,699	11.3% (10.5 - 12.1)	NS	299	6.7% (4.0 - 11.2)	7,076	8.6% (7.7 - 9.6)	NS	353	14.7% (10.5 - 20.2)	8,623	13.9% (12.7 - 15.1)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e
	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	
	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)		mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)		mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)		
Average days poor physical or mental health limited usual activities in past 30 days																
2011	864	1.6 (1.2 - 1.9)	25,183	1.9 (1.8 - 2.0)	NS	336	1.5 (1.0 - 2.0)	10,136	1.7 (1.6 - 1.9)	NS	528	1.6 (1.2 - 2.1)	15,047	2.0 (1.9 - 2.1)	NS	No
2012	601	1.8 (1.1 - 2.4)	19,022	2.0 (1.8 - 2.1)	NS	236	0.9* (0.4 - 1.5)	7,819	1.7 (1.5 - 1.9)	-	365	2.5 (1.5 - 3.6)	11,203	2.2 (2.0 - 2.4)	NS	No
2013	619	2.2 (1.6 - 2.9)	16,986	1.9 (1.7 - 2.0)	NS	269	2.4 (1.3 - 3.6)	6,936	1.7 (1.5 - 1.9)	NS	350	2.1 (1.3 - 2.8)	10,050	2.0 (1.9 - 2.2)	NS	No
2014	932	1.9 (1.5 - 2.4)	22,228	1.8 (1.7 - 1.9)	NS	410	2.1 (1.3 - 2.8)	9,541	1.6 (1.5 - 1.8)	NS	522	1.8 (1.3 - 2.4)	12,687	1.9 (1.8 - 2.1)	NS	No
2015	689	1.8 (1.3 - 2.3)	17,430	1.9 (1.7 - 2.0)	NS	303	2.3 (1.4 - 3.2)	7,529	1.6 (1.4 - 1.8)	NS	386	1.3 (0.9 - 1.8)	9,901	2.1 (1.9 - 2.3)	-	No
2016	648	2.3 (1.7 - 2.9)	15,084	2.0 (1.8 - 2.2)	NS	301	2.7 (1.7 - 3.7)	6,592	1.7 (1.5 - 1.9)	NS	347	1.9 (1.3 - 2.6)	8,492	2.3 (2.1 - 2.6)	NS	No
2017	627	2.1 (1.5 - 2.7)	15,237	2.2 (2.0 - 2.3)	NS	316	1.8 (1.1 - 2.6)	6,922	1.8 (1.6 - 2.0)	NS	311	2.4 (1.5 - 3.3)	8,308	2.5 (2.3 - 2.7)	NS	No
2018	596	2.6 (1.9 - 3.3)	14,522	2.2 (2.1 - 2.4)	NS	243	2.0 (1.2 - 2.8)	6,507	1.9 (1.7 - 2.1)	NS	353	3.2 (2.1 - 4.3)	8,003	2.6 (2.3 - 2.8)	NS	No
2019	651	2.3 (1.7 - 2.8)	15,768	2.2 (2.1 - 2.3)	NS	298	1.7 (1.0 - 2.3)	7,105	1.9 (1.7 - 2.1)	NS	353	2.9 (2.0 - 3.7)	8,663	2.5 (2.3 - 2.7)	NS	No
Poor physical or mental health limited usual activities on 14 or more of the past 30 days																
2011	864	4.4% (3.3 - 6.0)	25,183	5.8% (5.4 - 6.2)	NS	336	3.9% (2.4 - 6.3)	10,136	5.4% (4.8 - 6.0)	NS	528	4.9% (3.3 - 7.3)	15,047	6.2% (5.7 - 6.8)	NS	No
2012	601	5.6% (3.6 - 8.6)	19,022	6.4% (5.9 - 6.9)	NS	236	2.6%* (1.2 - 5.7)	7,819	5.3% (4.7 - 6.0)	NS	365	8.4% (5.0 - 13.7)	11,203	7.4% (6.7 - 8.2)	NS	No
2013	619	7.1% (4.9 - 10.1)	16,986	5.8% (5.3 - 6.4)	NS	269	8.1% (4.6 - 13.9)	6,936	5.2% (4.4 - 6.1)	NS	350	6.1% (4.0 - 9.1)	10,050	6.5% (5.7 - 7.3)	NS	No
2014	932	6.4% (4.8 - 8.5)	22,228	5.8% (5.4 - 6.4)	NS	410	6.9% (4.5 - 10.5)	9,541	5.3% (4.6 - 6.1)	NS	522	5.9% (4.0 - 8.6)	12,687	6.4% (5.7 - 7.1)	NS	No
2015	689	6.3% (4.5 - 8.8)	17,430	5.9% (5.4 - 6.4)	NS	303	8.1% (5.1 - 12.6)	7,529	5.1% (4.5 - 5.9)	NS	386	4.6% (2.8 - 7.3)	9,901	6.6% (6.0 - 7.3)	NS	No
2016	648	7.5% (5.5 - 10.1)	15,084	6.2% (5.6 - 6.8)	NS	301	9.2% (6.1 - 13.7)	6,592	4.9% (4.2 - 5.7)	+	347	5.8% (3.8 - 8.8)	8,492	7.4% (6.6 - 8.5)	NS	No
2017	627	7.4% (5.3 - 10.4)	15,237	6.7% (6.1 - 7.3)	NS	316	6.2% (3.6 - 10.4)	6,922	5.5% (4.8 - 6.4)	NS	311	8.7% (5.6 - 13.3)	8,308	7.8% (6.9 - 8.7)	NS	No
2018	596	8.7% (6.3 - 11.8)	14,522	6.9% (6.4 - 7.6)	NS	243	5.7% (3.2 - 9.9)	6,507	5.7% (4.9 - 6.5)	NS	353	11.6% (7.9 - 16.8)	8,003	8.2% (7.3 - 9.2)	NS	No
2019	651	6.7% (4.9 - 9.1)	15,768	6.7% (6.2 - 7.3)	NS	298	4.2% (2.4 - 7.4)	7,105	5.7% (5.0 - 6.5)	NS	353	9.1% (6.2 - 13.2)	8,663	7.7% (6.9 - 8.6)	NS	No
Health Care Access and Utilization																
No health care coverage, 18-64 year olds																
2011	530	19.1% (15.0 - 23.9)	16,614	19.1% (18.3 - 20.0)	NS	223	23.2% (16.8 - 31.1)	7,107	22.0% (20.7 - 23.4)	NS	307	15.0% (10.5 - 20.9)	9,507	16.2% (15.2 - 17.3)	NS	No
2012	344	19.3% (13.9 - 26.1)	12,310	18.0% (17.0 - 19.0)	NS	146	16.9%* (10.1 - 26.9)	5,450	20.3% (18.8 - 21.8)	NS	198	21.7%* (14.2 - 31.8)	6,860	15.7% (14.5 - 17.0)	NS	No
2013	387	18.0% (13.1 - 24.3)	10,939	17.6% (16.4 - 18.9)	NS	172	18.9%* (11.6 - 29.4)	4,720	18.4% (16.6 - 20.4)	NS	215	17.1% (11.5 - 24.7)	6,219	16.9% (15.3 - 18.5)	NS	No
2014	596	13.3% (10.3 - 17.0)	14,323	15.3% (14.3 - 16.4)	NS	269	14.1% (9.7 - 19.9)	6,443	17.0% (15.4 - 18.7)	NS	327	12.5% (8.9 - 17.5)	7,880	13.5% (12.3 - 14.9)	NS	No
2015	430	14.6% (10.9 - 19.3)	11,342	14.4% (13.3 - 15.5)	NS	200	10.5% (6.7 - 15.9)	5,187	15.4% (13.8 - 17.1)	NS	230	18.6% (12.7 - 26.5)	6,155	13.4% (12.0 - 14.9)	NS	No
2016	413	13.9% (10.1 - 18.8)	9,749	14.7% (13.6 - 16.0)	NS	197	12.9% (7.8 - 20.5)	4,538	15.0% (13.3 - 16.9)	NS	216	14.9% (9.9 - 21.9)	5,211	14.4% (12.9 - 16.2)	NS	No
2017	399	15.1% (11.5 - 19.6)	9,854	14.4% (13.3 - 15.5)	NS	207	15.3% (10.5 - 21.8)	4,670	15.4% (13.9 - 17.0)	NS	192	14.9% (10.0 - 21.7)	5,181	13.4% (12.0 - 14.9)	NS	No
2018	357	14.0% (10.1 - 19.1)	9,077	14.3% (13.3 - 15.4)	NS	152	16.3% (10.4 - 24.5)	4,247	15.4% (13.9 - 17.1)	NS	205	11.8% (7.2 - 18.7)	4,823	13.1% (11.7 - 14.6)	NS	No
2019	389	16.6% (12.6 - 21.4)	9,668	17.1% (16.1 - 18.2)	NS	182	20.4% (14.3 - 28.2)	4,623	18.4% (16.9 - 20.0)	NS	207	12.8% (8.4 - 19.1)	5,045	15.8% (14.5 - 17.3)	NS	No
Has health care coverage, 18-64 year olds ^a																
2011	530	80.9% (76.1 - 85.0)	16,614	80.9% (80.0 - 81.7)	NS	223	76.8% (68.9 - 83.2)	7,107	78.0% (76.6 - 79.3)	NS	307	85.0% (79.1 - 89.5)	9,507	83.8% (82.7 - 84.8)	NS	No
2012	344	80.7% (73.9 - 86.1)	12,310	82.0% (81.0 - 83.0)	NS	146	83.1%* (73.1 - 89.9)	5,450	79.7% (78.2 - 81.2)	NS	198	78.3%* (68.2 - 85.8)	6,860	84.3% (83.0 - 85.5)	NS	No
2013	387	82.0% (75.7 - 86.9)	10,939	82.4% (81.1 - 83.6)	NS	172	81.1%* (70.6 - 88.4)	4,720	81.6% (79.6 - 83.4)	NS	215	82.9% (75.3 - 88.5)	6,219	83.1% (81.5 - 84.7)	NS	No
2014	596	86.7% (83.0 - 89.7)	14,323	84.7% (83.6 - 85.7)	NS	269	85.9% (80.1 - 90.3)	6,443	83.0% (81.3 - 84.6)	NS	327	87.5% (82.5 - 91.1)	7,880	86.5% (85.1 - 87.7)	NS	No
2015	430	85.4% (80.7 - 89.1)	11,342	85.6% (84.5 - 86.7)	NS	200	89.5% (84.1 - 93.3)	5,187	84.6% (82.9 - 86.2)	NS	230	81.4% (73.5 - 87.3)	6,155	86.6% (85.1 - 88.0)	NS	No
2016	413	86.1% (81.2 - 89.9)	9,749	85.3% (84.0 - 86.4)	NS	197	87.1% (79.5 - 92.2)	4,538	85.0% (83.1 - 86.7)	NS	216	85.1% (78.1 - 90.1)	5,211	85.6% (83.8 - 87.1)	NS	No
2017	399	84.9% (80.4 - 88.5)	9,854	85.6% (84.5 - 86.7)	NS	207	84.7% (78.2 - 89.5)	4,670	84.6% (83.0 - 86.1)	NS	192	85.1% (78.3 - 90.0)	5,181	86.6% (85.1 - 88.0)	NS	No
2018	357	86.0% (80.9 - 89.9)	9,077	85.7% (84.6 - 86.7)	NS	152	83.7% (75.5 - 89.6)	4,247	84.6% (82.9 - 86.1)	NS	205	88.2% (81.3 - 92.8)	4,823	86.9% (85.4 - 88.3)	NS	No
2019	389	83.4% (78.6 - 87.4)	9,668	82.9% (81.8 - 83.9)	NS	182	79.6% (71.8 - 85.7)	4,623	81.6% (80.0 - 83.1)	NS	207	87.2% (80.9 - 91.6)	5,045	84.2% (82.7 - 85.5)	NS	No
No personal doctor or health care provider																
2011	870	15.3% (12.0 - 19.3)	25,340	18.4% (17.6 - 19.1)	NS	336	20.9% (15.6 - 27.4)	10,192	25.1% (23.8 - 26.3)	NS	534	10.2% (6.5 - 15.5)	15,148	12.0% (11.1 - 12.8)	NS	Yes
2012	604	11.8% (8.2 - 16.8)	19,132	17.2% (16.4 - 18.1)	NS	235	13.3% (8.0 - 21.3)	7,847	23.7% (22.3 - 25.1)	-	369	10.4% (6.0 - 17.4)	11,285	11.0% (10.1 - 12.0)	NS	No
2013	622	19.5% (14.6 - 25.5)	17,093	20.9% (19.8 - 22.0)	NS	268	27.6% (19.7 - 37.1)	6,956	27.5% (25.7 - 29.4)	NS	354	11.5% (6.7 - 19.1)	10,137	14.4% (13.2 - 15.7)	NS	Yes
2014	940	18.3% (15.3 - 21.6)	22,354	20.2% (19.2 - 21.2)	NS	416	25.4% (20.6 - 30.9)	9,569	27.0% (25.5 - 28.5)	NS	524	11.3% (8.4 - 15.1)	12,785	13.6% (12.5 - 14.8)	NS	Yes
2015	692	14.8% (11.4 - 18.8)	17,509	19.7% (18.7 - 20.8)	NS	304	15.8% (11.2 - 21.9)	7,542	25.7% (24.1 - 27.5)	-	388	13.7% (9.3 - 19.7)	9,967	13.9% (12.7 - 15.2)	NS	No
2016	650	16.5% (13.0 - 20.8)	15,138	19.1% (18.0 - 20.2)	NS	302	18.2% (13.2 - 24.6)	6,617	24.5% (22.8 - 26.2)	NS	348	14.8% (10.2 - 21.0)	8,521	13.8% (12.5 - 15.2)	NS	No
2017	633	15.9% (12.6 - 19.9)	15,294	19.9% (18.9 - 21.0)	NS	317	19.6% (14.5 - 26.1)	6,941	25.9% (24.3 - 27.6)	NS	316	12.2% (8.5 - 17.2)	8,346	14.2% (12.9 - 15.5)	NS	No
2018	599	15.9% (12.4 - 20.2)	14,588	22.3% (21.2 - 23.4)	-	246	21.9% (16.2 - 28.8)	6,527	29.8% (28.1 - 31.5)	NS	353	9.9% (6.3 - 15.3)	8,048	15.1% (13.8 - 16.4)	NS	Yes
2019	659	14.8% (11.7 - 18.5)	15,804	20.4% (19.4 - 21.4)	-	302	21.8% (16.6 - 28.1)	7,117	26.2% (24.7 - 27.7)	NS	357	7.8% (5.1 - 11.9)	8,687	14.7% (13.5 - 16.0)	-	Yes

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	South Heartland			State of NE			South Heartland			State of NE			South Heartland			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Ever told they have coronary heart disease																							
2011	864	4.1%	(3.1 - 5.6)	25,121	3.9%	(3.6 - 4.2)	NS	337	5.5%	(3.6 - 8.1)	10,110	4.8%	(4.4 - 5.3)	NS	527	2.9%	(1.9 - 4.5)	15,011	3.1%	(2.7 - 3.4)	NS	No	
2012	596	5.4%	(3.7 - 7.8)	18,988	3.9%	(3.6 - 4.3)	NS	232	9.0%	(5.8 - 13.7)	7,796	4.9%	(4.4 - 5.5)	+	364	1.9%*	(1.0 - 3.6)	11,192	3.0%	(2.6 - 3.4)	NS	Yes	
2013	616	5.7%	(4.1 - 7.8)	16,942	4.1%	(3.7 - 4.5)	NS	266	6.7%	(4.3 - 10.3)	6,884	5.1%	(4.5 - 5.8)	NS	350	4.6%	(2.8 - 7.5)	10,058	3.0%	(2.6 - 3.6)	NS	No	
2014	931	6.0%	(4.6 - 7.8)	22,202	3.9%	(3.6 - 4.3)	+	410	7.8%	(5.6 - 10.9)	9,509	4.8%	(4.3 - 5.4)	+	521	4.3%	(2.9 - 6.3)	12,693	3.1%	(2.7 - 3.5)	NS	No	
2015	685	6.2%	(4.5 - 8.6)	17,403	4.0%	(3.6 - 4.3)	+	303	9.3%	(6.2 - 13.7)	7,503	5.0%	(4.4 - 5.7)	+	382	3.2%	(2.0 - 5.3)	9,900	2.9%	(2.6 - 3.3)	NS	Yes	
2016	651	5.8%	(4.3 - 7.9)	15,078	3.8%	(3.4 - 4.2)	+	301	8.2%	(5.6 - 11.9)	6,590	4.4%	(3.9 - 5.0)	+	350	3.5%	(2.1 - 5.6)	8,488	3.1%	(2.7 - 3.7)	NS	No	
2017	626	3.6%	(2.4 - 5.3)	15,232	3.8%	(3.5 - 4.3)	NS	313	4.1%	(2.5 - 6.6)	6,914	4.5%	(3.9 - 5.2)	NS	313	3.1%*	(1.6 - 5.9)	8,311	3.2%	(2.7 - 3.7)	NS	No	
2018	595	6.8%	(4.8 - 9.5)	14,524	3.8%	(3.4 - 4.2)	+	244	7.2%	(4.4 - 11.6)	6,523	4.5%	(3.9 - 5.1)	NS	351	6.3%	(3.8 - 10.3)	7,987	3.1%	(2.6 - 3.6)	+	No	
2019	657	5.0%	(3.5 - 6.9)	15,723	3.7%	(3.4 - 4.0)	NS	301	6.3%	(4.0 - 9.8)	7,078	4.4%	(3.8 - 4.9)	NS	356	3.6%	(2.2 - 6.0)	8,645	3.0%	(2.6 - 3.5)	NS	No	
Ever told they had a heart attack or coronary heart disease																							
2011	864	6.3%	(4.8 - 8.1)	25,024	5.9%	(5.6 - 6.3)	NS	337	9.0%	(6.4 - 12.4)	10,081	7.5%	(6.9 - 8.1)	NS	527	3.8%	(2.5 - 5.6)	14,943	4.5%	(4.1 - 4.9)	NS	Yes	
2012	594	8.5%	(6.1 - 11.7)	18,930	6.0%	(5.6 - 6.4)	NS	230	12.8%	(8.6 - 18.5)	7,772	7.6%	(6.9 - 8.3)	+	364	4.4%*	(2.4 - 7.8)	11,158	4.4%	(4.0 - 4.9)	NS	Yes	
2013	616	9.1%	(6.5 - 12.6)	16,853	5.9%	(5.4 - 6.4)	+	266	12.4%	(7.9 - 18.8)	6,835	7.3%	(6.6 - 8.2)	NS	350	5.9%	(3.8 - 9.2)	10,018	4.5%	(3.9 - 5.1)	NS	No	
2014	928	8.0%	(6.4 - 10.0)	22,112	5.8%	(5.4 - 6.2)	+	407	10.9%	(8.1 - 14.5)	9,450	7.2%	(6.5 - 7.8)	+	521	5.3%	(3.7 - 7.4)	12,662	4.4%	(4.0 - 4.9)	NS	Yes	
2015	683	8.0%	(6.0 - 10.5)	17,316	5.6%	(5.2 - 6.1)	NS	301	11.9%	(8.4 - 16.5)	7,466	7.2%	(6.5 - 8.0)	+	382	4.2%	(2.7 - 6.5)	9,850	4.1%	(3.7 - 4.5)	NS	Yes	
2016	650	7.4%	(5.6 - 9.7)	15,021	5.8%	(5.4 - 6.3)	NS	301	10.0%	(7.1 - 14.0)	6,558	6.9%	(6.2 - 7.7)	NS	349	4.8%	(3.2 - 7.3)	8,463	4.7%	(4.1 - 5.3)	NS	No	
2017	625	6.4%	(4.8 - 8.5)	15,160	6.1%	(5.6 - 6.6)	NS	313	7.8%	(5.5 - 10.9)	6,875	7.5%	(6.7 - 8.3)	NS	312	5.0%	(3.0 - 8.3)	8,278	4.7%	(4.1 - 5.4)	NS	No	
2018	592	8.7%	(6.6 - 11.4)	14,458	5.6%	(5.2 - 6.1)	+	243	9.8%	(6.9 - 13.9)	6,489	7.1%	(6.3 - 7.8)	NS	349	7.5%	(4.8 - 11.6)	7,955	4.2%	(3.6 - 4.8)	+	No	
2019	652	6.9%	(5.2 - 9.2)	15,649	5.6%	(5.2 - 6.1)	NS	301	8.8%	(6.1 - 12.8)	7,043	6.6%	(6.0 - 7.3)	NS	351	5.0%	(3.3 - 7.5)	8,606	4.7%	(4.2 - 5.3)	NS	No	
Ever told they had a stroke																							
2011	873	3.2%	(2.2 - 4.6)	25,355	2.6%	(2.4 - 2.9)	NS	340	4.2%	(2.6 - 6.9)	10,209	2.4%	(2.1 - 2.8)	NS	533	2.2%	(1.4 - 3.5)	15,146	2.8%	(2.5 - 3.2)	NS	No	
2012	606	3.4%	(2.0 - 5.5)	19,118	2.4%	(2.2 - 2.7)	NS	237	2.3%*	(0.9 - 5.8)	7,851	2.7%	(2.3 - 3.1)	NS	369	4.4%	(2.4 - 7.8)	11,267	2.2%	(1.9 - 2.6)	NS	No	
2013	622	5.8%	(3.8 - 8.7)	17,080	2.5%	(2.2 - 2.8)	+	269	7.5%	(4.2 - 12.9)	6,954	2.2%	(1.9 - 2.6)	+	353	4.1%	(2.3 - 7.3)	10,126	2.8%	(2.4 - 3.3)	NS	No	
2014	939	2.8%	(1.9 - 4.1)	22,359	2.6%	(2.4 - 2.9)	NS	414	2.6%*	(1.4 - 4.8)	9,576	2.7%	(2.3 - 3.1)	NS	525	3.0%	(1.8 - 4.8)	12,783	2.6%	(2.2 - 3.0)	NS	No	
2015	691	3.0%	(1.9 - 4.8)	17,509	2.5%	(2.3 - 2.9)	NS	303	4.5%	(2.5 - 7.9)	7,550	2.7%	(2.3 - 3.1)	NS	388	1.5%*	(0.7 - 3.2)	9,959	2.4%	(2.1 - 2.8)	NS	No	
2016	650	2.7%	(1.8 - 4.0)	15,154	2.8%	(2.5 - 3.2)	NS	302	3.3%	(1.9 - 5.5)	6,627	2.6%	(2.1 - 3.1)	NS	348	2.1%*	(1.0 - 4.1)	8,527	3.0%	(2.5 - 3.6)	NS	No	
2017	632	3.1%	(2.0 - 4.9)	15,305	2.9%	(2.6 - 3.3)	NS	318	3.4%	(2.0 - 5.8)	6,950	2.7%	(2.2 - 3.2)	NS	314	2.8%*	(1.3 - 5.9)	8,348	3.2%	(2.7 - 3.8)	NS	No	
2018	598	4.8%	(3.3 - 6.8)	14,598	2.8%	(2.4 - 3.1)	+	246	7.8%	(5.1 - 11.7)	6,546	2.6%	(2.2 - 3.2)	+	352	1.7%*	(0.9 - 3.3)	8,038	2.9%	(2.4 - 3.4)	NS	Yes	
2019	659	4.2%	(3.0 - 5.9)	15,839	2.9%	(2.5 - 3.2)	NS	302	4.2%	(2.6 - 6.8)	7,139	2.7%	(2.3 - 3.2)	NS	357	4.2%	(2.5 - 6.7)	8,700	3.0%	(2.6 - 3.6)	NS	No	
Currently taking aspirin to prevent or control heart disease or stroke																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016																							
2017																							
2018																							
2019	311	28.4%	(23.4 - 34.0)	7,028	21.5%	(20.3 - 22.7)	+	143	33.3%	(25.6 - 42.1)	3,156	22.1%	(20.4 - 23.9)	+	168	23.6%	(17.6 - 30.9)	3,872	20.8%	(19.3 - 22.5)	NS	No	
Blood Pressure and Cholesterol																							
Had blood pressure checked in past year																							
2011																							
2012																							
2013	278	85.0%	(78.8 - 89.6)	7,804	84.6%	(83.1 - 86.0)	NS	120	80.9%*	(70.5 - 88.2)	3,150	81.2%	(78.8 - 83.4)	NS	158	89.0%	(81.6 - 93.7)	4,654	87.8%	(85.8 - 89.5)	NS	No	
2014																							
2015	311	91.4%	(86.4 - 94.7)	7,947	88.0%	(86.6 - 89.2)	NS	145	93.7%*	(88.0 - 96.8)	3,461	85.2%	(83.1 - 87.1)	+	166	89.4%*	(80.8 - 94.4)	4,486	90.6%	(88.8 - 92.2)	NS	No	
2016																							
2017	285	89.7%	(84.2 - 93.5)	6,960	86.3%	(84.9 - 87.6)	NS	147	87.5%	(78.9 - 92.9)	3,146	83.0%	(80.7 - 85.1)	NS	138	92.5%*	(85.0 - 96.4)	3,812	89.4%	(87.7 - 91.0)	NS	No	
2018																							
2019																							

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	South Heartland			State of NE			South Heartland			State of NE			South Heartland			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Ever told they have high blood pressure (excluding pregnancy) [^]																							
2011	871	35.7%	(31.8 - 39.7)	25,356	28.5%	(27.8 - 29.3)	+	339	39.4%	(33.3 - 45.8)	10,212	30.3%	(29.1 - 31.5)	+	532	32.2%	(27.5 - 37.3)	15,144	26.9%	(25.9 - 27.9)	NS	No	
2012																							
2013	621	35.9%	(31.3 - 40.8)	17,085	30.3%	(29.2 - 31.4)	NS	268	38.2%	(31.0 - 45.8)	6,956	32.5%	(30.8 - 34.1)	NS	353	33.7%	(28.1 - 39.9)	10,129	28.2%	(26.9 - 29.6)	NS	No	
2014																							
2015	693	34.6%	(30.5 - 38.8)	17,515	29.9%	(28.9 - 30.9)	NS	306	41.1%	(34.8 - 47.6)	7,546	32.6%	(31.1 - 34.2)	+	387	28.1%	(23.4 - 33.4)	9,969	27.2%	(26.0 - 28.5)	NS	Yes	
2016																							
2017	634	34.5%	(30.5 - 38.8)	15,320	30.6%	(29.6 - 31.7)	NS	318	35.3%	(29.7 - 41.4)	6,956	33.5%	(31.9 - 35.2)	NS	316	33.7%	(28.2 - 39.8)	8,357	27.8%	(26.4 - 29.2)	NS	No	
2018																							
2019	656	31.9%	(28.0 - 36.0)	15,818	31.0%	(30.0 - 31.9)	NS	300	32.5%	(26.9 - 38.7)	7,125	32.8%	(31.4 - 34.3)	NS	356	31.2%	(26.1 - 36.8)	8,693	29.2%	(27.9 - 30.5)	NS	No	
Currently taking blood pressure medication, among those ever told they have high BP																							
2011	361	70.9%	(63.2 - 77.6)	9,505	77.9%	(76.5 - 79.2)	NS	152	64.7%*	(53.7 - 74.3)	3,877	72.0%	(69.8 - 74.1)	NS	209	78.2%*	(67.0 - 86.3)	5,628	84.2%	(82.5 - 85.7)	NS	No	
2012																							
2013	262	78.4%	(71.0 - 84.4)	6,747	78.5%	(76.6 - 80.3)	NS	120	77.0%*	(66.2 - 85.2)	2,828	73.1%	(70.2 - 75.9)	NS	142	80.0%*	(68.8 - 87.8)	3,919	84.5%	(82.3 - 86.4)	NS	No	
2014																							
2015	277	87.9%	(82.0 - 92.1)	6,685	77.8%	(75.9 - 79.6)	+	130	83.8%	(74.4 - 90.1)	3,016	73.0%	(70.1 - 75.7)	NS	147	93.8%*	(87.5 - 97.1)	3,669	83.4%	(80.9 - 85.6)	+	No	
2016																							
2017	255	81.0%	(73.7 - 86.7)	5,886	78.6%	(76.8 - 80.4)	NS	130	80.6%*	(69.9 - 88.1)	2,801	74.0%	(71.3 - 76.6)	NS	125	81.5%*	(70.5 - 89.1)	3,082	84.1%	(81.7 - 86.3)	NS	No	
2018																							
2019	260	83.4%	(76.6 - 88.6)	6,292	76.6%	(74.9 - 78.2)	NS	114	79.8%*	(68.6 - 87.7)	2,900	70.7%	(68.1 - 73.2)	NS	146	87.1%	(78.6 - 92.6)	3,392	83.1%	(81.0 - 85.1)	NS	No	
Had cholesterol checked in past 5 years [^]																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016																							
2017	606	83.6%	(79.4 - 87.1)	14,658	84.4%	(83.4 - 85.3)	NS	309	80.3%	(73.9 - 85.5)	6,659	82.5%	(80.9 - 83.9)	NS	297	87.0%	(81.3 - 91.2)	7,992	86.2%	(84.9 - 87.5)	NS	No	
2018																							
2019	626	87.0%	(83.2 - 90.0)	14,989	83.9%	(82.9 - 84.8)	NS	286	88.7%	(83.5 - 92.3)	6,735	81.7%	(80.2 - 83.0)	+	340	85.3%	(79.4 - 89.7)	8,254	86.1%	(84.8 - 87.3)	NS	No	
Ever told they have high cholesterol, among those who have ever had it checked [^]																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016																							
2017	556	34.8%	(30.6 - 39.4)	13,427	31.9%	(30.7 - 33.1)	NS	280	35.1%	(29.1 - 41.5)	6,011	33.0%	(31.3 - 34.8)	NS	276	34.6%	(28.7 - 41.1)	7,409	30.9%	(29.3 - 32.5)	NS	No	
2018																							
2019	575	34.1%	(29.9 - 38.6)	13,735	31.1%	(30.0 - 32.1)	NS	258	33.9%	(27.8 - 40.6)	6,083	31.7%	(30.1 - 33.2)	NS	317	34.4%	(28.9 - 40.3)	7,652	30.5%	(29.1 - 31.9)	NS	No	
Currently taking cholesterol medication, among those ever told they have high cholesterol																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016																							
2017	230	59.6%	(52.1 - 66.6)	5,083	60.7%	(58.5 - 62.8)	NS	117	63.7%*	(53.1 - 73.1)	2,274	62.6%	(59.4 - 65.8)	NS	113	55.5%*	(44.9 - 65.6)	2,806	58.7%	(55.7 - 61.6)	NS	No	
2018																							
2019	230	67.0%	(59.4 - 73.9)	5,194	63.4%	(61.5 - 65.4)	NS	99	67.8%*	(56.0 - 77.7)	2,313	66.0%	(63.1 - 68.7)	NS	131	66.3%*	(56.2 - 75.1)	2,881	60.9%	(58.2 - 63.6)	NS	No	

Indicators	Overall					Men					Women					LHD Gender Diff. ^e							
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE										
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d								
Diabetes																							
Ever told they have diabetes (excluding pregnancy) ^a																							
2011	874	7.8%	(6.2 - 9.9)	25,393	8.4%	(7.9 - 8.8)	NS	340	9.1%	(6.5 - 12.6)		10,222	8.6%	(7.9 - 9.3)	NS	534	6.6%	(4.8 - 9.1)	15,171	8.2%	(7.6 - 8.8)	NS	No
2012	606	9.4%	(6.7 - 12.9)	19,156	8.1%	(7.6 - 8.6)	NS	237	8.3%	(5.1 - 13.1)		7,861	8.3%	(7.6 - 9.1)	NS	369	10.4%	(6.6 - 16.1)	11,295	7.9%	(7.3 - 8.5)	NS	No
2013	622	11.8%	(9.2 - 15.0)	17,110	9.2%	(8.5 - 9.9)	NS	268	13.1%	(9.1 - 18.4)		6,968	10.1%	(9.0 - 11.2)	NS	354	10.5%	(7.5 - 14.6)	10,142	8.3%	(7.5 - 9.2)	NS	No
2014	940	10.8%	(8.8 - 13.1)	22,388	9.2%	(8.6 - 9.7)	NS	416	11.4%	(8.6 - 15.1)		9,598	9.7%	(8.9 - 10.6)	NS	524	10.2%	(7.7 - 13.4)	12,790	8.6%	(7.9 - 9.3)	NS	No
2015	694	9.2%	(7.1 - 11.9)	17,547	8.8%	(8.2 - 9.4)	NS	306	10.0%	(6.9 - 14.3)		7,565	9.0%	(8.2 - 9.9)	NS	388	8.4%	(5.8 - 11.9)	9,982	8.6%	(7.8 - 9.3)	NS	No
2016	652	10.6%	(8.5 - 13.2)	15,171	8.8%	(8.2 - 9.5)	NS	302	11.4%	(8.3 - 15.5)		6,630	8.7%	(7.8 - 9.7)	NS	350	9.9%	(7.2 - 13.5)	8,541	8.9%	(8.1 - 9.8)	NS	No
2017	634	11.0%	(8.7 - 13.8)	15,333	10.1%	(9.5 - 10.8)	NS	318	10.4%	(7.4 - 14.4)		6,962	10.4%	(9.5 - 11.4)	NS	316	11.6%	(8.4 - 15.8)	8,364	9.9%	(9.0 - 10.9)	NS	No
2018	598	9.4%	(7.0 - 12.4)	14,616	9.7%	(9.1 - 10.4)	NS	245	7.7%	(5.1 - 11.6)		6,550	10.2%	(9.3 - 11.2)	NS	353	11.0%	(7.5 - 16.0)	8,052	9.1%	(8.3 - 10.0)	NS	No
2019	661	11.5%	(9.3 - 14.2)	15,849	10.2%	(9.6 - 10.8)	NS	303	12.7%	(9.3 - 17.1)		7,145	10.9%	(10.0 - 11.8)	NS	358	10.4%	(7.7 - 13.9)	8,704	9.4%	(8.7 - 10.3)	NS	No
Ever told they have pre-diabetes (excluding pregnancy)																							
2011																							
2012																							
2013	327	6.1%	(3.8 - 9.6)	8,549	5.5%	(4.8 - 6.3)	NS	139	7.3%*	(3.9 - 13.3)		3,452	5.9%	(4.8 - 7.2)	NS	188	4.8%*	(2.5 - 9.1)	5,097	5.1%	(4.1 - 6.2)	NS	No
2014	490	6.5%	(4.4 - 9.4)	11,165	5.8%	(5.1 - 6.5)	NS	212	9.6%	(6.0 - 15.2)		4,723	5.8%	(4.8 - 6.9)	NS	278	3.6%	(2.0 - 6.1)	6,442	5.7%	(4.9 - 6.7)	NS	No
2015																							
2016	649	6.0%	(4.3 - 8.5)	14,986	6.0%	(5.5 - 6.6)	NS	301	6.6%	(4.0 - 10.7)		6,547	5.3%	(4.6 - 6.2)	NS	348	5.5%	(3.5 - 8.6)	8,439	6.7%	(5.9 - 7.6)	NS	No
2017	323	5.4%	(3.3 - 8.8)	7,661	5.9%	(5.2 - 6.7)	NS	170	3.6%*	(1.6 - 7.9)		3,497	5.0%	(4.1 - 6.1)	NS	153	7.9%*	(4.3 - 14.2)	4,162	6.8%	(5.7 - 8.0)	NS	No
2018																							
2019																							
Cancer																							
Ever told they have skin cancer																							
2011	870	7.5%	(6.0 - 9.4)	25,359	5.6%	(5.3 - 6.0)	NS	340	9.0%	(6.5 - 12.2)		10,205	6.3%	(5.8 - 6.8)	NS	530	6.1%	(4.4 - 8.5)	15,154	5.0%	(4.6 - 5.5)	NS	No
2012	604	9.3%	(7.1 - 12.1)	19,133	5.6%	(5.2 - 6.0)	+	236	11.0%	(7.6 - 15.7)		7,859	5.8%	(5.3 - 6.4)	+	368	7.7%	(5.1 - 11.4)	11,274	5.4%	(4.9 - 6.0)	NS	No
2013	620	7.7%	(5.7 - 10.4)	17,087	5.9%	(5.5 - 6.3)	NS	267	7.6%	(5.1 - 11.2)		6,956	6.3%	(5.7 - 7.1)	NS	353	7.8%	(5.0 - 12.2)	10,131	5.4%	(4.9 - 6.0)	NS	No
2014	941	5.9%	(4.6 - 7.5)	22,370	5.7%	(5.4 - 6.1)	NS	416	6.0%	(4.1 - 8.6)		9,586	5.9%	(5.4 - 6.5)	NS	525	5.9%	(4.2 - 8.0)	12,784	5.6%	(5.1 - 6.1)	NS	No
2015	694	7.9%	(6.1 - 10.1)	17,512	6.0%	(5.6 - 6.4)	NS	306	7.8%	(5.4 - 11.1)		7,556	6.4%	(5.7 - 7.0)	NS	388	8.0%	(5.6 - 11.4)	9,956	5.6%	(5.1 - 6.2)	NS	No
2016	651	8.0%	(6.1 - 10.4)	15,150	5.5%	(5.0 - 5.9)	+	301	8.5%	(5.9 - 12.1)		6,616	5.8%	(5.1 - 6.5)	NS	350	7.5%	(5.0 - 11.1)	8,534	5.2%	(4.6 - 5.8)	NS	No
2017	632	5.7%	(4.2 - 7.7)	15,320	5.6%	(5.2 - 6.1)	NS	316	7.7%	(5.3 - 10.9)		6,954	5.9%	(5.3 - 6.6)	NS	316	3.8%	(2.2 - 6.3)	8,359	5.3%	(4.7 - 6.0)	NS	No
2018	598	8.1%	(6.1 - 10.8)	14,604	5.6%	(5.2 - 6.1)	+	246	8.5%	(5.4 - 13.0)		6,540	6.0%	(5.3 - 6.7)	NS	352	7.8%	(5.4 - 11.1)	8,050	5.2%	(4.7 - 5.9)	NS	No
2019	659	6.5%	(4.9 - 8.4)	15,837	6.7%	(6.3 - 7.2)	NS	301	6.5%	(4.4 - 9.5)		7,138	6.8%	(6.1 - 7.4)	NS	358	6.4%	(4.4 - 9.4)	8,699	6.7%	(6.1 - 7.4)	NS	No
Ever told they have cancer other than skin cancer																							
2011	871	8.4%	(6.6 - 10.7)	25,369	6.6%	(6.2 - 7.0)	NS	340	8.6%	(6.0 - 12.1)		10,219	5.0%	(4.6 - 5.5)	+	531	8.3%	(5.9 - 11.5)	15,150	8.1%	(7.5 - 8.6)	NS	No
2012	604	6.4%	(4.6 - 8.8)	19,136	6.5%	(6.0 - 6.9)	NS	236	5.3%	(3.1 - 8.8)		7,858	5.0%	(4.5 - 5.6)	NS	368	7.5%	(4.9 - 11.3)	11,278	7.9%	(7.2 - 8.5)	NS	No
2013	622	6.8%	(5.0 - 9.2)	17,104	6.8%	(6.3 - 7.3)	NS	269	5.4%	(3.3 - 8.7)		6,965	5.6%	(5.0 - 6.4)	NS	353	8.2%	(5.4 - 12.0)	10,139	8.0%	(7.3 - 8.8)	NS	No
2014	940	7.7%	(6.1 - 9.7)	22,380	6.1%	(5.7 - 6.5)	NS	416	7.3%	(5.1 - 10.3)		9,590	4.6%	(4.1 - 5.1)	+	524	8.1%	(6.0 - 11.0)	12,790	7.6%	(7.0 - 8.3)	NS	No
2015	690	7.5%	(5.7 - 9.8)	17,524	6.9%	(6.4 - 7.3)	NS	304	6.6%	(4.3 - 10.0)		7,557	5.2%	(4.6 - 5.8)	NS	386	8.5%	(6.0 - 11.9)	9,967	8.5%	(7.8 - 9.2)	NS	No
2016	652	8.4%	(6.3 - 11.0)	15,165	6.9%	(6.3 - 7.4)	NS	302	7.8%	(5.1 - 11.8)		6,629	5.5%	(4.9 - 6.2)	NS	350	8.9%	(6.2 - 12.8)	8,536	8.2%	(7.4 - 9.0)	NS	No
2017	633	7.7%	(5.9 - 9.9)	15,335	6.8%	(6.1 - 7.1)	NS	317	6.5%	(4.4 - 9.6)		6,966	5.3%	(4.7 - 6.0)	NS	316	8.8%	(6.2 - 12.4)	8,362	7.8%	(7.1 - 8.6)	NS	No
2018	598	8.1%	(6.2 - 10.5)	14,615	7.1%	(6.6 - 7.6)	NS	246	6.7%	(4.4 - 10.0)		6,556	5.8%	(5.1 - 6.6)	NS	352	9.5%	(6.7 - 13.4)	8,045	8.3%	(7.6 - 9.2)	NS	No
2019	661	8.2%	(6.4 - 10.5)	15,847	7.0%	(6.5 - 7.5)	NS	303	5.2%	(3.3 - 8.1)		7,145	5.3%	(4.7 - 5.9)	NS	358	11.2%	(8.3 - 14.9)	8,702	8.7%	(7.9 - 9.4)	NS	Yes
Ever told they have cancer (in any form)																							
2011	867	14.3%	(11.9 - 16.9)	25,315	11.2%	(10.7 - 11.7)	+	340	15.2%	(11.8 - 19.4)		10,192	10.1%	(9.5 - 10.8)	+	527	13.4%	(10.4 - 17.0)	15,123	12.2%	(11.5 - 12.9)	NS	No
2012	602	14.4%	(11.6 - 17.7)	19,100	10.8%	(10.3 - 11.4)	+	235	15.0%	(10.9 - 20.3)		7,846	9.6%	(8.9 - 10.4)	+	367	13.7%	(10.3 - 18.1)	11,254	11.9%	(11.2 - 12.7)	NS	No
2013	619	12.7%	(10.1 - 15.8)	17,062	11.4%	(10.8 - 12.1)	NS	267	11.7%	(8.4 - 16.1)		6,946	10.6%	(9.7 - 11.6)	NS	352	13.6%	(9.9 - 18.3)	10,116	12.3%	(11.4 - 13.2)	NS	No
2014	940	11.7%	(9.8 - 14.0)	22,338	10.7%	(10.2 - 11.2)	NS	416	11.1%	(8.4 - 14.4)		9,568	9.3%	(8.6 - 10.0)	NS	524	12.4%	(9.8 - 15.6)	12,770	12.1%	(11.4 - 12.9)	NS	No
2015	690	13.7%	(11.2 - 16.6)	17,481	11.6%	(11.0 - 12.2)	NS	304	12.5%	(9.2 - 16.7)		7,541	10.2%	(9.5 - 11.1)	NS	386	14.9%	(11.4 - 19.1)	9,940	12.9%	(12.1 - 13.8)	NS	No
2016	651	15.2%	(12.4 - 18.4)	15,132	11.2%	(10.6 - 11.9)	+	301	14.8%	(11.0 - 19.5)		6,607	10.1%	(9.3 - 11.1)	NS	350	15.5%	(11.8 - 20.2)	8,525	12.3%	(11.3 - 13.3)	NS	No
2017	631	12.5%	(10.2 - 15.3)	15,306	11.0%	(10.4 - 11.7)	NS	315	12.9%	(9.7 - 16.9)		6,951	10.0%	(9.1 - 10.9)	NS	316	12.2%	(9.1 - 16.2)	8,348	12.0%	(11.1 - 13.0)	NS	No
2018	598	15.1%	(12.3 - 18.3)	14,589	11.3%	(10.7 - 12.0)	+	246	14.0%	(10.2 - 19.0)		6,538	10.2%	(9.4 - 11.2)	NS	352	16.1%	(12.5 - 20.6)	8,037	12.4%	(11.5 - 13.4)	NS	No
2019	659	13.5%	(11.2 - 16.3)	15,819	12.4%	(11.8 - 13.0)	NS	301	10.3%	(7.5 - 13.9)		7,131	10.8%	(10.0 - 11.6)	NS	358	16.7%	(13.1 - 21.0)	8,688	14.0%	(13.1 - 15.0)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e							
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE										
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d								
Up-to-date on colon cancer screening, 50-75 year olds^a																							
2011																							
2012	310	59.9%	(53.1 - 66.4)	9,022	61.1%	(59.6 - 62.5)	NS	121	63.2%*	(52.3 - 72.9)		3,733	58.4%	(56.1 - 60.6)	NS	189	57.1%	(48.4 - 65.3)	5,289	63.6%	(61.7 - 65.4)	NS	No
2013	315	61.0%	(54.6 - 67.0)	7,979	62.8%	(61.1 - 64.4)	NS	133	58.3%	(48.5 - 67.6)		3,275	61.0%	(58.5 - 63.6)	NS	182	63.2%	(54.8 - 70.8)	4,704	64.4%	(62.2 - 66.6)	NS	No
2014	468	62.8%	(57.7 - 67.7)	10,646	64.1%	(62.8 - 65.5)	NS	200	59.6%	(51.7 - 67.0)		4,681	63.0%	(61.0 - 65.1)	NS	268	65.8%	(59.0 - 72.0)	5,965	65.2%	(63.4 - 67.0)	NS	No
2015	325	72.1%	(65.9 - 77.5)	8,007	65.2%	(63.6 - 66.7)	NS	144	68.4%	(58.8 - 76.7)		3,446	63.7%	(61.3 - 66.1)	NS	181	76.0%	(68.6 - 82.2)	4,561	66.6%	(64.6 - 68.5)	+	No
2016	314	63.5%	(57.1 - 69.4)	7,036	66.0%	(64.3 - 67.6)	NS	149	59.9%	(50.3 - 68.7)		3,073	65.2%	(62.8 - 67.6)	NS	165	67.5%	(59.4 - 74.6)	3,963	66.7%	(64.5 - 68.9)	NS	No
2017	295	68.8%	(62.8 - 74.2)	6,807	68.3%	(66.6 - 70.0)	NS	149	71.8%	(63.6 - 78.8)		3,085	67.4%	(64.8 - 69.9)	NS	146	65.8%	(56.9 - 73.6)	3,720	69.2%	(66.9 - 71.4)	NS	No
2018	283	63.5%	(56.8 - 69.6)	6,702	68.7%	(67.1 - 70.3)	NS	119	62.6%	(52.9 - 71.5)		2,984	66.1%	(63.6 - 68.5)	NS	164	64.3%	(55.1 - 72.5)	3,715	71.1%	(69.0 - 73.2)	NS	No
2019																							
Up-to-date on breast cancer screening, female 50-74 year olds^a																							
2011																							
2012	180	75.8%	(67.3 - 82.7)	5,200	74.9%	(73.2 - 76.5)	NS									180	75.8%	(67.3 - 82.7)	5,200	74.9%	(73.2 - 76.5)	NS	
2013																							
2014	265	71.7%	(65.1 - 77.4)	5,904	76.1%	(74.5 - 77.7)	NS									265	71.7%	(65.1 - 77.4)	5,904	76.1%	(74.5 - 77.7)	NS	
2015																							
2016	164	69.0%	(60.8 - 76.2)	3,914	73.4%	(71.3 - 75.4)	NS									164	69.0%	(60.8 - 76.2)	3,914	73.4%	(71.3 - 75.4)	NS	
2017																							
2018	157	73.1%	(64.0 - 80.7)	3,637	75.4%	(73.3 - 77.3)	NS									157	73.1%	(64.0 - 80.7)	3,637	75.4%	(73.3 - 77.3)	NS	
2019																							
Up-to-date on cervical cancer screening, female 21-65 year olds^a																							
2011																							
2012	128	85.6%	(75.9 - 91.8)	5,055	83.9%	(82.5 - 85.2)	NS									128	85.6%	(75.9 - 91.8)	5,055	83.9%	(82.5 - 85.2)	NS	
2013																							
2014	241	79.3%	(72.8 - 84.5)	5,779	81.7%	(80.0 - 83.3)	NS									241	79.3%	(72.8 - 84.5)	5,779	81.7%	(80.0 - 83.3)	NS	
2015																							
2016	165	80.8%	(72.9 - 86.7)	3,814	77.7%	(75.5 - 79.8)	NS									165	80.8%	(72.9 - 86.7)	3,814	77.7%	(75.5 - 79.8)	NS	
2017																							
2018	147	78.4%	(69.2 - 85.5)	3,466	80.9%	(79.0 - 82.7)	NS									147	78.4%	(69.2 - 85.5)	3,466	80.9%	(79.0 - 82.7)	NS	
2019																							
Arthritis																							
Ever told they have arthritis																							
2011	870	26.2%	(23.1 - 29.6)	25,285	23.4%	(22.8 - 24.1)	NS	337	21.7%	(17.4 - 26.8)		10,184	20.1%	(19.2 - 21.1)	NS	533	30.4%	(26.2 - 35.1)	15,101	26.6%	(25.7 - 27.6)	NS	No
2012	601	30.6%	(26.4 - 35.3)	19,089	24.6%	(23.8 - 25.4)	+	235	29.3%	(23.0 - 36.6)		7,839	21.5%	(20.3 - 22.6)	+	366	31.9%	(26.4 - 37.9)	11,250	27.7%	(26.6 - 28.8)	NS	No
2013	619	28.5%	(24.4 - 32.9)	17,017	24.7%	(23.8 - 25.7)	NS	268	26.6%	(20.7 - 33.5)		6,925	21.6%	(20.2 - 23.0)	NS	351	30.3%	(25.1 - 36.2)	10,092	27.8%	(26.5 - 29.2)	NS	No
2014	939	30.9%	(27.7 - 34.4)	22,307	24.6%	(23.8 - 25.4)	+	415	29.7%	(25.0 - 34.9)		9,560	21.6%	(20.5 - 22.8)	+	524	32.1%	(27.8 - 36.8)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	691	29.8%	(26.1 - 33.9)	17,472	23.4%	(22.6 - 24.3)	+	305	29.7%	(24.3 - 35.7)		7,540	19.7%	(18.5 - 20.9)	+	386	30.0%	(24.9 - 35.7)	9,932	27.1%	(25.9 - 28.4)	NS	No
2016	649	26.5%	(23.0 - 30.3)	15,137	24.6%	(23.6 - 25.6)	NS	301	23.7%	(18.9 - 29.4)		6,622	21.7%	(20.3 - 23.2)	NS	348	29.2%	(24.2 - 34.7)	8,515	27.4%	(26.0 - 28.8)	NS	No
2017	632	29.2%	(25.5 - 33.2)	15,285	24.0%	(23.0 - 25.0)	+	317	25.6%	(20.9 - 31.0)		6,939	20.6%	(19.3 - 22.0)	NS	315	32.8%	(27.3 - 38.9)	8,339	27.3%	(25.9 - 28.7)	NS	No
2018	599	27.9%	(24.2 - 31.9)	14,575	25.2%	(24.2 - 26.2)	NS	246	22.1%	(17.4 - 27.6)		6,537	21.3%	(19.9 - 22.6)	NS	353	33.6%	(28.1 - 39.6)	8,024	29.1%	(27.7 - 30.5)	NS	Yes
2019	659	25.8%	(22.4 - 29.6)	15,799	23.1%	(22.3 - 24.0)	NS	302	25.0%	(20.0 - 30.8)		7,118	19.3%	(18.2 - 20.5)	NS	357	26.6%	(22.1 - 31.8)	8,681	26.8%	(25.6 - 28.1)	NS	No
Currently have activity limitations due to arthritis, among those ever told they have arthritis^a																							
2011	289	47.6%	(40.9 - 54.3)	7,973	45.2%	(43.6 - 46.8)	NS	90	55.2%*	(43.6 - 66.2)		2,711	42.6%	(40.0 - 45.2)	NS	199	42.4%	(34.7 - 50.5)	5,262	47.1%	(45.1 - 49.2)	NS	No
2012																							
2013	206	45.2%	(37.0 - 53.6)	5,460	42.4%	(40.3 - 44.6)	NS	80	49.4%*	(36.2 - 62.7)		1,861	41.0%	(37.4 - 44.6)	NS	126	41.6%*	(32.0 - 51.9)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014																							
2015	231	39.8%	(32.4 - 47.7)	5,146	44.0%	(41.9 - 46.1)	NS	96	39.1%*	(28.6 - 50.7)		1,852	41.9%	(38.6 - 45.3)	NS	135	40.4%*	(30.5 - 51.2)	3,294	45.5%	(42.9 - 48.1)	NS	No
2016																							
2017	212	45.9%	(38.6 - 53.4)	4,782	46.2%	(44.0 - 48.4)	NS	99	47.4%*	(37.0 - 58.1)		1,885	41.1%	(37.8 - 44.5)	NS	113	44.7%*	(34.8 - 55.0)	2,895	50.0%	(47.1 - 52.9)	NS	No
2018																							
2019	207	33.6%	(26.7 - 41.2)	4,922	37.4%	(35.5 - 39.4)	NS	85	27.3%*	(18.0 - 39.1)		1,862	32.8%	(29.9 - 35.9)	NS	122	39.6%*	(30.3 - 49.8)	3,060	40.7%	(38.2 - 43.3)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE			
	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	
Asthma																
Ever told they have asthma																
2011	873	10.6% (8.2 - 13.5)	25,327	11.5% (10.9 - 12.1)	NS	339	9.4% (6.5 - 13.5)	10,194	10.5% (9.6 - 11.3)	NS	534	11.7% (8.3 - 16.2)	15,133	12.4% (11.6 - 13.3)	NS	No
2012	604	11.5% (8.5 - 15.4)	19,105	10.8% (10.2 - 11.5)	NS	236	8.6% (5.1 - 14.1)	7,847	9.7% (8.8 - 10.7)	NS	368	14.3% (9.8 - 20.4)	11,258	11.9% (11.1 - 12.9)	NS	No
2013	622	12.4% (9.4 - 16.2)	17,068	11.2% (10.5 - 12.0)	NS	268	13.1% (8.3 - 20.0)	6,946	9.6% (8.6 - 10.8)	NS	354	11.8% (8.6 - 15.9)	10,122	12.8% (11.7 - 13.9)	NS	No
2014	940	12.7% (10.4 - 15.4)	22,355	12.2% (11.5 - 13.0)	NS	416	12.1% (9.0 - 16.2)	9,583	10.8% (9.8 - 11.9)	NS	524	13.2% (10.1 - 17.2)	12,772	13.6% (12.6 - 14.7)	NS	No
2015	691	13.4% (10.5 - 16.8)	17,492	12.1% (11.3 - 12.9)	NS	305	11.5% (7.8 - 16.7)	7,554	10.7% (9.6 - 12.0)	NS	386	15.2% (11.2 - 20.3)	9,938	13.4% (12.3 - 14.5)	NS	No
2016	652	12.0% (9.3 - 15.3)	15,144	12.4% (11.5 - 13.4)	NS	302	9.9% (6.5 - 14.9)	6,622	10.4% (9.2 - 11.8)	NS	350	14.0% (10.2 - 18.8)	8,522	14.3% (13.1 - 15.7)	NS	No
2017	631	16.7% (13.2 - 20.8)	15,312	12.0% (11.2 - 12.9)	+	315	12.3% (8.3 - 17.8)	6,951	10.5% (9.4 - 11.8)	NS	316	21.0% (15.7 - 27.4)	8,354	13.5% (12.4 - 14.7)	+	No
2018	598	14.3% (11.1 - 18.2)	14,597	13.2% (12.3 - 14.1)	NS	245	10.9% (6.9 - 16.8)	6,541	11.0% (9.9 - 12.3)	NS	353	17.7% (13.1 - 23.4)	8,042	15.3% (14.0 - 16.6)	NS	No
2019	660	9.2% (6.9 - 12.1)	15,827	12.4% (11.6 - 13.2)	NS	303	6.3% (3.9 - 10.2)	7,134	10.2% (9.2 - 11.2)	NS	357	12.0% (8.5 - 16.7)	8,693	14.6% (13.5 - 15.8)	NS	No
Currently have asthma																
2011	871	7.0% (5.0 - 9.6)	25,257	7.3% (6.9 - 7.8)	NS	339	5.3% (3.3 - 8.6)	10,170	6.0% (5.4 - 6.7)	NS	532	8.5% (5.5 - 12.8)	15,087	8.6% (8.0 - 9.4)	NS	No
2012	603	8.0% (5.6 - 11.4)	19,053	7.4% (6.9 - 7.9)	NS	236	5.3%* (2.9 - 9.5)	7,832	6.1% (5.4 - 6.9)	NS	367	10.7% (6.8 - 16.3)	11,221	8.7% (7.9 - 9.4)	NS	No
2013	620	9.1% (6.6 - 12.5)	17,024	7.3% (6.7 - 8.0)	NS	268	9.3% (5.5 - 15.4)	6,930	5.5% (4.8 - 6.4)	NS	352	8.9% (6.1 - 12.7)	10,094	9.1% (8.2 - 10.0)	NS	No
2014	937	9.1% (7.1 - 11.5)	22,289	7.7% (7.2 - 8.3)	NS	415	7.5% (5.1 - 10.7)	9,562	6.2% (5.5 - 7.0)	NS	522	10.6% (7.7 - 14.4)	12,727	9.2% (8.4 - 10.1)	NS	No
2015	687	7.8% (5.7 - 10.4)	17,435	7.2% (6.6 - 7.8)	NS	304	5.6% (3.4 - 9.0)	7,533	5.4% (4.7 - 6.2)	NS	383	9.9% (6.8 - 14.3)	9,902	8.9% (8.0 - 9.9)	NS	No
2016	651	8.5% (6.2 - 11.6)	15,116	8.3% (7.5 - 9.1)	NS	301	6.1% (3.4 - 10.6)	6,609	6.1% (5.2 - 7.1)	NS	350	11.0% (7.6 - 15.6)	8,507	10.4% (9.3 - 11.6)	NS	No
2017	631	12.9% (9.8 - 16.9)	15,264	8.2% (7.5 - 8.9)	+	315	8.9% (5.4 - 14.2)	6,927	6.1% (5.3 - 7.0)	NS	316	16.9% (12.0 - 23.3)	8,330	10.3% (9.2 - 11.4)	+	No
2018	595	9.8% (7.2 - 13.2)	14,559	8.9% (8.1 - 9.6)	NS	243	5.1%* (2.6 - 9.6)	6,526	6.3% (5.4 - 7.2)	NS	352	14.5% (10.3 - 20.1)	8,019	11.4% (10.3 - 12.6)	NS	Yes
2019	658	6.2% (4.4 - 8.6)	15,779	8.0% (7.4 - 8.7)	NS	303	4.2%* (2.3 - 7.6)	7,108	5.4% (4.7 - 6.2)	NS	355	8.1% (5.4 - 12.1)	8,671	10.6% (9.6 - 11.7)	NS	No
Chronic Obstructive Pulmonary Disease (COPD)																
Ever told they have COPD																
2011	866	5.6% (4.1 - 7.5)	25,280	5.0% (4.6 - 5.3)	NS	335	5.9% (3.8 - 9.2)	10,171	4.4% (3.9 - 4.9)	NS	531	5.3% (3.5 - 7.8)	15,109	5.5% (5.0 - 6.0)	NS	No
2012	601	5.4% (3.8 - 7.8)	19,075	5.3% (4.9 - 5.8)	NS	234	5.6% (3.3 - 9.1)	7,832	4.7% (4.1 - 5.3)	NS	367	5.3% (3.1 - 8.9)	11,243	6.0% (5.4 - 6.6)	NS	No
2013	622	7.5% (5.1 - 10.7)	17,035	5.3% (4.9 - 5.8)	NS	268	10.3% (6.3 - 16.5)	6,932	4.8% (4.2 - 5.5)	+	354	4.7% (2.9 - 7.7)	10,103	5.8% (5.2 - 6.6)	NS	No
2014	935	7.8% (6.1 - 9.8)	22,313	5.8% (5.3 - 6.2)	NS	413	6.7% (4.6 - 9.7)	9,555	5.5% (4.9 - 6.2)	NS	522	8.8% (6.4 - 12.0)	12,758	6.1% (5.5 - 6.7)	NS	No
2015	690	6.8% (5.2 - 9.0)	17,466	5.4% (5.0 - 5.9)	NS	304	7.7% (5.2 - 11.3)	7,536	4.8% (4.2 - 5.4)	NS	386	5.9% (4.0 - 8.7)	9,930	6.1% (5.5 - 6.7)	NS	No
2016	648	6.3% (4.5 - 8.8)	15,119	5.8% (5.3 - 6.4)	NS	301	6.9% (4.2 - 11.3)	6,612	5.1% (4.4 - 6.0)	NS	347	5.7% (3.7 - 8.7)	8,507	6.5% (5.7 - 7.4)	NS	No
2017	629	5.8% (4.2 - 7.8)	15,296	5.7% (5.2 - 6.2)	NS	316	6.3% (4.1 - 9.6)	6,941	4.9% (4.3 - 5.7)	NS	313	5.2% (3.3 - 8.2)	8,348	6.5% (5.7 - 7.3)	NS	No
2018	599	7.2% (5.1 - 10.2)	14,572	6.3% (5.8 - 6.9)	NS	246	7.0% (4.0 - 12.0)	6,534	6.1% (5.4 - 7.0)	NS	353	7.4% (4.7 - 11.5)	8,024	6.5% (5.7 - 7.3)	NS	No
2019	656	5.7% (4.2 - 7.8)	15,792	5.7% (5.2 - 6.2)	NS	301	6.6% (4.3 - 10.1)	7,117	4.7% (4.1 - 5.3)	NS	355	4.8% (3.1 - 7.5)	8,675	6.7% (6.0 - 7.5)	NS	No
Kidney Disease																
Ever told they have kidney disease																
2011	873	2.1% (1.4 - 3.2)	25,345	2.2% (2.0 - 2.4)	NS	340	1.6%* (0.8 - 3.1)	10,208	2.1% (1.8 - 2.5)	NS	533	2.6% (1.6 - 4.4)	15,137	2.2% (2.0 - 2.5)	NS	No
2012	604	4.3% (2.7 - 6.6)	19,122	2.4% (2.2 - 2.7)	+	235	3.6%* (1.9 - 6.9)	7,850	2.2% (1.8 - 2.6)	NS	369	4.9% (2.7 - 8.6)	11,272	2.7% (2.3 - 3.1)	NS	No
2013	623	1.5%* (0.8 - 2.9)	17,080	2.0% (1.8 - 2.3)	NS	269	1.2%* (0.3 - 4.1)	6,953	1.9% (1.5 - 2.4)	NS	354	1.7%* (0.8 - 3.6)	10,127	2.1% (1.8 - 2.6)	NS	No
2014	937	3.3% (2.3 - 4.6)	22,362	2.1% (1.9 - 2.4)	NS	415	1.9%* (1.0 - 3.8)	9,586	2.0% (1.7 - 2.4)	NS	522	4.6% (3.0 - 6.9)	12,776	2.3% (2.0 - 2.6)	+	No
2015	692	3.2% (2.0 - 5.0)	17,502	2.4% (2.1 - 2.7)	NS	306	1.7%* (0.6 - 4.7)	7,550	2.2% (1.8 - 2.7)	NS	386	4.7% (2.8 - 7.7)	9,952	2.5% (2.1 - 2.9)	NS	No
2016	650	2.4% (1.5 - 3.8)	15,150	2.8% (2.4 - 3.2)	NS	302	1.6%* (0.7 - 4.0)	6,624	2.2% (1.8 - 2.8)	NS	348	3.1% (1.8 - 5.3)	8,526	3.4% (2.8 - 4.0)	NS	No
2017	633	4.9% (3.0 - 7.7)	15,295	2.9% (2.5 - 3.3)	NS	318	3.7%* (1.9 - 7.1)	6,944	2.2% (1.8 - 2.7)	NS	315	6.0%* (3.2 - 11.0)	8,344	3.5% (3.0 - 4.2)	NS	No
2018	598	3.5% (2.3 - 5.5)	14,588	2.7% (2.3 - 3.1)	NS	246	3.9%* (2.0 - 7.3)	6,540	2.5% (2.1 - 3.1)	NS	352	3.2%* (1.7 - 5.8)	8,034	2.8% (2.4 - 3.4)	NS	No
2019	658	2.0% (1.3 - 3.2)	15,818	2.4% (2.1 - 2.7)	NS	302	0.8%* (0.3 - 2.2)	7,130	2.1% (1.7 - 2.5)	NS	356	3.2% (1.9 - 5.3)	8,688	2.7% (2.3 - 3.3)	NS	No
Tobacco & E-Cigarettes																
Current cigarette smoking ^a																
2011	874	16.3% (13.3 - 19.8)	25,324	20.0% (19.3 - 20.7)	NS	340	18.4% (13.7 - 24.2)	10,189	22.1% (21.0 - 23.3)	NS	534	14.4% (10.8 - 18.8)	15,135	17.9% (17.0 - 18.9)	NS	No
2012	602	17.9% (13.7 - 23.1)	18,985	19.7% (18.9 - 20.6)	NS	237	20.6% (14.2 - 28.9)	7,801	21.4% (20.1 - 22.7)	NS	365	15.3% (10.3 - 22.0)	11,184	18.1% (17.0 - 19.2)	NS	No
2013	607	16.3% (12.6 - 20.9)	16,687	18.5% (17.5 - 19.5)	NS	261	20.7% (14.5 - 28.7)	6,790	19.8% (18.3 - 21.4)	NS	346	12.3% (8.6 - 17.1)	9,897	17.2% (15.9 - 18.5)	NS	No
2014	918	16.8% (13.9 - 20.1)	21,729	17.3% (16.5 - 18.2)	NS	405	17.7% (13.6 - 22.7)	9,311	18.5% (17.3 - 19.9)	NS	513	15.8% (12.0 - 20.6)	12,418	16.2% (15.1 - 17.3)	NS	No
2015	679	16.3% (13.1 - 20.2)	17,079	17.1% (16.2 - 18.1)	NS	298	17.3% (12.7 - 23.0)	7,355	18.4% (17.0 - 19.9)	NS	381	15.4% (11.1 - 21.1)	9,724	15.8% (14.7 - 17.1)	NS	No
2016	632	18.0% (14.7 - 21.7)	14,790	17.0% (16.0 - 18.1)	NS	293	20.7% (15.8 - 26.6)	6,463	18.6% (17.1 - 20.3)	NS	339	15.3% (11.4 - 20.1)	8,327	15.4% (14.1 - 16.8)	NS	No
2017	611	14.3% (11.4 - 17.7)	14,849	15.4% (14.5 - 16.4)	NS	307	17.3% (12.9 - 22.7)	6,729	16.4% (15.0 - 17.8)	NS	304	11.3% (7.8 - 15.9)	8,114	14.5% (13.2 - 15.8)	NS	No
2018	580	16.4% (12.9 - 20.7)	14,140	16.0% (15.0 - 16.9)	NS	235	15.1% (10.4 - 21.5)	6,342	17.5% (16.2 - 19.0)	NS	345	17.7% (12.9 - 23.8)	7,788	14.5% (13.2 - 15.8)	NS	No
2019	637	15.1% (12.0 - 18.8)	15,301	14.7% (13.9 - 15.5)	NS	293	19.6% (14.9 - 25.4)	6,916	15.7% (14.6 - 17.0)	NS	344	10.5% (7.0 - 15.6)	8,385	13.6% (12.5 - 14.8)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e			
	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d				
	mean or % ^b	95% C.I. ^c (Low - High)	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b			95% C.I. ^c (Low - High)		
Attempted to quit smoking in past year, among current cigarette smokers																			
2011	119	47.9%* (37.1 - 58.9)	4,195	55.6% (53.5 - 57.7)	NS	54	49.4%* (34.1 - 64.9)	1,914	53.4% (50.4 - 56.3)	NS	65	46.0%* (31.7 - 61.0)	2,281	58.3% (55.4 - 61.2)	NS	No			
2012	77	55.5%* (40.7 - 69.4)	3,023	57.1% (54.7 - 59.6)	NS	**	**	**	**	1,406	55.2% (51.7 - 58.7)	**	**	**	**	1,617	59.3% (55.9 - 62.7)	NS	No
2013	85	62.9%* (49.7 - 74.4)	2,546	57.1% (54.1 - 60.2)	NS	**	**	**	**	1,147	55.9% (51.5 - 60.3)	**	**	**	**	1,399	58.5% (54.3 - 62.6)	NS	No
2014	124	63.2%* (52.5 - 72.8)	3,241	58.2% (55.5 - 60.9)	NS	58	69.9%* (56.3 - 80.8)	1,489	57.9% (54.0 - 61.8)	NS	66	55.9%* (40.3 - 70.4)	1,752	58.5% (54.6 - 62.2)	NS	No			
2015	94	57.6%* (45.6 - 68.7)	2,476	59.1% (56.1 - 62.0)	NS	**	**	**	**	1,145	59.2% (54.8 - 63.5)	**	**	**	**	1,331	58.9% (54.8 - 62.9)	NS	No
2016	106	59.8%* (49.3 - 69.4)	2,181	54.6% (51.2 - 58.0)	NS	56	60.9%* (46.4 - 73.7)	1,049	52.7% (47.9 - 57.5)	NS	50	58.3%* (43.2 - 71.9)	1,132	56.9% (52.1 - 61.5)	NS	No			
2017	86	53.9%* (41.9 - 65.4)	2,047	55.6% (52.2 - 58.9)	NS	51	54.8%* (39.3 - 69.5)	975	55.8% (51.1 - 60.5)	NS	**	**	**	**	1,072	55.3% (50.5 - 59.9)	NS	No	
2018	77	49.2%* (36.3 - 62.2)	1,911	58.3% (55.0 - 61.5)	NS	**	**	**	**	964	55.8% (51.3 - 60.3)	**	**	**	**	946	61.1% (56.3 - 65.6)	NS	No
2019	82	54.2%* (42.1 - 65.9)	2,063	52.6% (49.5 - 55.7)	NS	54	55.0%* (40.3 - 68.8)	1,012	50.8% (46.5 - 55.0)	NS	**	**	**	**	1,051	54.7% (50.2 - 59.1)	NS	No	
Current smokeless tobacco use ^a																			
2011	874	5.6% (3.6 - 8.7)	25,406	5.6% (5.2 - 6.0)	NS	340	10.8% (6.9 - 16.6)	10,231	10.5% (9.7 - 11.4)	NS	534	0.8%* (0.2 - 3.0)	15,175	0.8% (0.6 - 1.0)	NS	Yes			
2012	604	9.9% (6.5 - 14.6)	19,041	5.1% (4.6 - 5.6)	+	236	19.4% (13.0 - 28.1)	7,828	9.5% (8.7 - 10.5)	+	368	0.7%* (0.2 - 2.2)	11,213	0.8% (0.6 - 1.2)	NS	Yes			
2013	608	3.8% (2.3 - 6.3)	16,732	5.3% (4.7 - 5.9)	NS	261	6.9% (4.0 - 11.6)	6,813	10.1% (9.0 - 11.2)	NS	347	1.0%* (0.2 - 3.9)	9,919	0.7% (0.5 - 0.9)	NS	Yes			
2014	919	6.3% (4.6 - 8.6)	21,797	4.7% (4.2 - 5.1)	NS	405	10.9% (7.7 - 15.1)	9,340	8.5% (7.7 - 9.3)	NS	514	1.7%* (0.8 - 3.9)	12,457	1.0% (0.7 - 1.3)	NS	Yes			
2015	680	6.2% (4.3 - 8.8)	17,123	5.5% (4.9 - 6.1)	NS	298	11.8% (8.2 - 16.7)	7,372	9.9% (8.9 - 11.1)	NS	382	0.7%* (0.2 - 2.6)	9,751	1.1% (0.8 - 1.6)	NS	Yes			
2016	635	6.1% (4.3 - 8.6)	14,830	5.7% (5.1 - 6.2)	NS	294	11.0% (7.6 - 15.7)	6,478	10.5% (9.5 - 11.7)	NS	341	1.2%* (0.4 - 3.8)	8,352	0.9% (0.6 - 1.3)	NS	Yes			
2017	615	4.8% (3.3 - 7.0)	14,875	5.3% (4.8 - 5.9)	NS	310	8.9% (6.0 - 13.0)	6,740	9.8% (8.9 - 10.9)	NS	305	0.7%* (0.2 - 2.7)	8,129	0.9% (0.6 - 1.3)	NS	Yes			
2018	580	8.3% (5.8 - 11.8)	14,158	5.2% (4.7 - 5.8)	NS	237	15.7% (10.8 - 22.2)	6,344	9.1% (8.2 - 10.2)	+	343	0.9%* (0.3 - 3.0)	7,804	1.4% (1.0 - 1.9)	NS	Yes			
2019	637	7.7% (5.4 - 10.8)	15,324	5.3% (4.8 - 5.8)	NS	293	15.3% (11.0 - 21.0)	6,932	9.7% (8.7 - 10.7)	+	344	0.0%* (0.0 - 0.0)	8,392	0.9% (0.7 - 1.3)	-	Yes			
Has rule not allowing smoking anywhere inside their home																			
2011																			
2012																			
2013	276	90.7% (85.4 - 94.2)	7,750	88.7% (87.4 - 89.8)	NS	118	92.4%* (86.3 - 95.9)	3,121	88.3% (86.2 - 90.0)	NS	158	89.0%* (79.5 - 94.4)	4,629	89.1% (87.5 - 90.5)	NS	No			
2014	465	87.9% (83.6 - 91.1)	10,582	89.0% (87.9 - 90.0)	NS	197	85.9% (79.1 - 90.7)	4,448	87.9% (86.1 - 89.5)	NS	268	89.7% (83.7 - 93.6)	6,134	90.0% (88.6 - 91.2)	NS	No			
2015	317	92.4% (87.8 - 95.4)	7,816	90.1% (88.9 - 91.1)	NS	129	92.8%* (85.7 - 96.5)	3,261	89.2% (87.2 - 90.9)	NS	188	92.1%* (84.7 - 96.1)	4,555	90.9% (89.6 - 92.1)	NS	No			
2016	302	88.7% (82.4 - 93.0)	7,109	90.8% (89.6 - 91.8)	NS	137	86.5%* (74.7 - 93.3)	3,122	91.2% (89.8 - 92.5)	NS	165	91.1% (85.3 - 94.7)	3,987	90.4% (88.5 - 92.0)	NS	No			
2017	282	93.2% (89.0 - 95.8)	6,929	91.8% (90.8 - 92.8)	NS	146	92.2%* (85.9 - 95.8)	3,135	91.3% (89.7 - 92.7)	NS	136	94.4%* (87.8 - 97.5)	3,792	92.3% (90.8 - 93.5)	NS	No			
2018	294	88.4% (83.5 - 92.0)	6,671	91.6% (90.6 - 92.5)	NS	123	91.6%* (84.6 - 95.6)	2,968	90.1% (88.4 - 91.6)	NS	171	86.1% (78.8 - 91.2)	3,696	93.0% (91.8 - 94.1)	-	No			
2019	308	90.9% (86.9 - 93.9)	6,896	91.6% (90.6 - 92.4)	NS	139	88.2% (81.1 - 92.8)	3,084	91.0% (89.5 - 92.3)	NS	169	93.5%* (88.3 - 96.5)	3,812	92.1% (90.9 - 93.2)	NS	No			
Has rule not allowing smoking at any time inside family vehicle, among those who have a car																			
2011																			
2012																			
2013																			
2014																			
2015																			
2016																			
2017	279	89.1% (84.0 - 92.7)	6,838	86.7% (85.3 - 87.9)	NS	146	88.4% (80.9 - 93.2)	3,107	85.9% (83.8 - 87.8)	NS	133	90.0%* (82.2 - 94.6)	3,729	87.3% (85.5 - 89.0)	NS	No			
2018	291	82.9% (77.0 - 87.5)	6,578	86.8% (85.4 - 88.0)	NS	122	84.7% (76.0 - 90.6)	2,933	85.6% (83.6 - 87.4)	NS	169	81.5% (73.1 - 87.7)	3,638	87.9% (86.1 - 89.5)	NS	No			
2019																			
Lifetime e-cigarette use																			
2011																			
2012																			
2013																			
2014																			
2015																			
2016	635	17.8% (14.3 - 21.9)	14,819	22.6% (21.4 - 23.9)	NS	295	20.9% (15.5 - 27.6)	6,474	25.1% (23.3 - 27.0)	NS	340	14.6% (10.7 - 19.7)	8,345	20.2% (18.7 - 21.9)	NS	No			
2017	605	17.0% (13.7 - 21.1)	14,763	20.7% (19.6 - 21.8)	NS	305	18.7% (13.8 - 24.7)	6,690	23.8% (22.1 - 25.6)	NS	300	15.4% (11.0 - 21.2)	8,067	17.7% (16.2 - 19.2)	NS	No			
2018	578	23.9% (19.7 - 28.8)	13,966	22.8% (21.7 - 24.0)	NS	236	24.9% (18.7 - 32.4)	6,242	25.8% (24.2 - 27.6)	NS	342	22.9% (17.4 - 29.5)	7,714	20.0% (18.5 - 21.5)	NS	No			
2019	634	19.3% (15.7 - 23.5)	15,127	24.7% (23.6 - 25.8)	-	291	19.8% (14.8 - 25.9)	6,839	28.1% (26.5 - 29.7)	-	343	18.8% (13.9 - 24.9)	8,288	21.3% (19.9 - 22.8)	NS	No			

Indicators	Overall					Men					Women					LHD Gender Diff. ^e
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE			
	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	
Current e-cigarette use																
2011																
2012																
2013																
2014																
2015																
2016	635	2.8% (1.7 - 4.6)	14,819	4.9% (4.3 - 5.6)	NS	295	2.6%* (1.3 - 5.5)	6,474	5.3% (4.5 - 6.4)	NS	340	3.0%* (1.6 - 5.6)	8,345	4.5% (3.7 - 5.6)	NS	No
2017	605	3.3% (1.9 - 5.7)	14,763	3.8% (3.3 - 4.4)	NS	305	4.3%* (2.0 - 8.9)	6,690	4.7% (3.9 - 5.7)	NS	300	2.4%* (1.2 - 4.9)	8,067	3.0% (2.4 - 3.8)	NS	No
2018	578	4.3% (2.5 - 7.3)	13,966	5.6% (5.0 - 6.3)	NS	236	5.4%* (2.6 - 11.0)	6,242	6.7% (5.7 - 7.9)	NS	342	3.2%* (1.5 - 6.7)	7,714	4.6% (3.8 - 5.5)	NS	No
2019	634	3.4% (1.9 - 5.8)	15,127	5.9% (5.3 - 6.6)	NS	291	2.1%* (0.8 - 5.1)	6,839	6.7% (5.8 - 7.8)	-	343	4.6%* (2.3 - 9.0)	8,288	5.2% (4.4 - 6.2)	NS	No
Overweight and Obesity																
Obese (BMI=30+) ^h																
2011	845	29.6% (25.8 - 33.6)	24,366	28.4% (27.6 - 29.2)	NS	339	33.2% (27.3 - 39.6)	10,102	29.2% (28.0 - 30.4)	NS	506	26.0% (21.4 - 31.1)	14,264	27.6% (26.5 - 28.8)	NS	No
2012	588	30.6% (26.0 - 35.6)	18,385	28.6% (27.7 - 29.6)	NS	235	27.1% (20.8 - 34.5)	7,781	29.2% (27.9 - 30.6)	NS	353	34.1% (27.7 - 41.0)	10,604	28.1% (26.8 - 29.3)	NS	No
2013	581	26.3% (22.2 - 30.9)	16,250	29.6% (28.4 - 30.7)	NS	263	25.3% (19.5 - 32.1)	6,860	30.8% (29.1 - 32.5)	NS	318	27.4% (21.9 - 33.7)	9,390	28.4% (26.9 - 29.9)	NS	No
2014	898	34.6% (31.1 - 38.4)	21,130	30.2% (29.2 - 31.3)	NS	413	37.4% (32.3 - 42.9)	9,399	31.7% (30.2 - 33.2)	NS	485	31.7% (26.8 - 36.9)	11,731	28.7% (27.4 - 30.1)	NS	No
2015	655	34.4% (30.2 - 38.9)	16,265	31.4% (30.3 - 32.5)	NS	298	38.5% (32.3 - 45.1)	7,323	32.9% (31.3 - 34.6)	NS	357	30.1% (24.6 - 36.1)	8,942	29.8% (28.3 - 31.3)	NS	No
2016	614	34.0% (29.8 - 38.6)	14,173	32.0% (30.8 - 33.2)	NS	298	32.6% (26.6 - 39.1)	6,460	32.6% (30.8 - 34.3)	NS	316	35.6% (29.7 - 42.0)	7,713	31.4% (29.7 - 33.1)	NS	No
2017	598	38.5% (34.0 - 43.2)	14,330	32.8% (31.6 - 34.0)	+	310	39.8% (33.6 - 46.3)	6,753	33.2% (31.5 - 34.9)	NS	288	37.1% (30.8 - 43.8)	7,574	32.3% (30.6 - 34.0)	NS	No
2018	557	37.7% (33.1 - 42.5)	13,669	34.1% (32.9 - 35.3)	NS	236	35.1% (28.6 - 42.1)	6,334	34.5% (32.8 - 36.2)	NS	321	40.5% (34.3 - 47.0)	7,331	33.7% (32.1 - 35.4)	NS	No
2019	616	37.0% (32.6 - 41.6)	14,710	34.1% (33.0 - 35.2)	NS	290	36.6% (30.5 - 43.3)	6,891	33.8% (32.1 - 35.1)	NS	326	37.3% (31.3 - 43.8)	7,819	34.7% (33.2 - 36.3)	NS	No
Overweight or Obese (BMI=25+)																
2011	845	63.2% (58.9 - 67.4)	24,366	64.9% (64.0 - 65.8)	NS	339	70.1% (63.4 - 76.0)	10,102	72.8% (71.5 - 74.1)	NS	506	56.4% (50.7 - 61.9)	14,264	56.8% (55.5 - 58.1)	NS	Yes
2012	588	68.7% (63.1 - 73.7)	18,385	65.0% (64.0 - 66.0)	NS	235	72.5% (63.8 - 79.8)	7,781	72.3% (70.8 - 73.7)	NS	353	64.8% (57.5 - 71.4)	10,604	57.6% (56.2 - 59.0)	NS	No
2013	581	63.5% (57.7 - 68.9)	16,250	65.5% (64.2 - 66.7)	NS	263	65.9% (56.8 - 73.9)	6,860	72.2% (70.4 - 74.0)	NS	318	60.9% (53.5 - 67.9)	9,390	58.5% (56.8 - 60.2)	NS	No
2014	898	69.4% (65.6 - 72.9)	21,130	66.7% (65.6 - 67.8)	NS	413	75.1% (69.9 - 79.6)	9,399	73.8% (72.3 - 75.3)	NS	485	63.3% (57.8 - 68.4)	11,731	59.2% (57.7 - 60.7)	NS	Yes
2015	655	70.9% (66.3 - 75.0)	16,265	67.0% (65.8 - 68.2)	NS	298	79.4% (73.2 - 84.5)	7,323	73.4% (71.7 - 75.1)	NS	357	61.8% (55.0 - 68.0)	8,942	60.2% (58.6 - 61.9)	NS	Yes
2016	614	70.0% (65.3 - 74.3)	14,173	68.5% (67.3 - 69.8)	NS	298	73.5% (66.6 - 79.4)	6,460	74.9% (73.1 - 76.6)	NS	316	66.1% (59.3 - 72.2)	7,713	61.8% (59.9 - 63.6)	NS	No
2017	598	75.1% (70.7 - 79.0)	14,330	69.0% (67.8 - 70.2)	+	310	78.7% (72.4 - 83.9)	6,753	75.2% (73.5 - 76.8)	NS	288	71.2% (65.0 - 76.7)	7,574	62.4% (60.6 - 64.2)	+	No
2018	557	72.0% (67.1 - 76.4)	13,669	68.9% (67.6 - 70.1)	NS	236	76.0% (68.7 - 82.1)	6,334	73.9% (72.2 - 75.5)	NS	321	67.6% (60.8 - 73.6)	7,331	63.7% (61.9 - 65.4)	NS	No
2019	616	71.1% (66.6 - 75.3)	14,710	69.0% (67.9 - 70.1)	NS	290	72.0% (65.4 - 77.9)	6,891	73.4% (71.8 - 74.9)	NS	326	70.2% (63.8 - 75.8)	7,819	64.4% (62.8 - 66.0)	NS	No
Nutrition																
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																
2011																
2012																
2013	275	28.4% (22.4 - 35.2)	7,822	28.5% (26.8 - 30.3)	NS	118	37.2%* (27.7 - 47.9)	3,164	35.8% (33.1 - 38.5)	NS	157	19.6% (13.1 - 28.4)	4,658	21.7% (19.7 - 24.0)	NS	No
2014																
2015																
2016																
2017																
2018																
2019																
Currently watching or reducing sodium or salt intake																
2011																
2012																
2013	277	56.1% (49.1 - 62.8)	7,818	46.3% (44.6 - 48.1)	+	119	54.2%* (43.8 - 64.3)	3,165	43.4% (40.8 - 46.0)	NS	158	57.9% (48.5 - 66.7)	4,653	49.1% (46.8 - 51.5)	NS	No
2014																
2015	310	47.3% (40.3 - 54.4)	7,892	46.8% (45.0 - 48.5)	NS	145	48.8%* (38.2 - 59.4)	3,436	46.0% (43.4 - 48.7)	NS	165	46.0% (37.0 - 55.3)	4,456	47.5% (45.2 - 49.8)	NS	No
2016																
2017																
2018	264	47.2% (40.3 - 54.3)	6,616	44.0% (42.3 - 45.8)	NS	104	38.9%* (29.2 - 49.7)	2,950	43.0% (40.4 - 45.6)	NS	160	53.8% (44.4 - 62.9)	3,663	45.0% (42.6 - 47.4)	NS	No
2019	310	39.6% (33.6 - 45.8)	7,009	40.4% (38.8 - 42.0)	NS	142	36.0% (27.7 - 45.3)	3,144	38.4% (36.1 - 40.8)	NS	168	43.0% (34.7 - 51.6)	3,865	42.3% (40.1 - 44.6)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE			
	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	
Median times per day consumed fruits [#]																
2011																
2012																
2013																
2014																
2015																
2016																
2017	591	1.0 (1.0 - 1.1)	14,259	1.0 (1.0 - 1.1)	NS	297	1.0 (0.9 - 1.1)	6,436	1.0 (1.0 - 1.0)	NS	294	1.0 (1.0 - 1.1)	7,817	1.1 (1.1 - 1.2)	NS	No
2018																
2019	597	1.0 (1.0 - 1.0)	14,423	1.0 (1.0 - 1.0)	NS	274	0.9 (0.9 - 1.0)	6,514	1.0 (1.0 - 1.0)	NS	323	1.0 (1.0 - 1.0)	7,909	1.0 (1.0 - 1.0)	NS	No
Consumed fruits less than 1 time per day [#]																
2011																
2012																
2013																
2014																
2015																
2016																
2017	591	36.8% (32.3 - 41.5)	14,259	36.9% (35.6 - 38.1)	NS	297	40.2% (33.8 - 47.0)	6,436	42.0% (40.1 - 43.8)	NS	294	33.4% (27.2 - 40.1)	7,817	31.9% (30.2 - 33.6)	NS	No
2018																
2019	597	39.2% (34.7 - 43.9)	14,423	39.5% (38.3 - 40.6)	NS	274	43.3% (36.7 - 50.2)	6,514	44.0% (42.3 - 45.7)	NS	323	35.1% (29.2 - 41.4)	7,909	35.1% (33.5 - 36.7)	NS	No
Median times per day consumed vegetables [#]																
2011																
2012																
2013																
2014																
2015																
2016																
2017	581	1.7 (1.6 - 1.7)	14,023	1.7 (1.6 - 1.7)	NS	291	1.7 (1.5 - 1.7)	6,314	1.6 (1.6 - 1.6)	NS	290	1.7 (1.6 - 1.9)	7,703	1.7 (1.7 - 1.8)	NS	No
2018																
2019	586	1.6 (1.4 - 1.7)	14,170	1.6 (1.6 - 1.6)	NS	270	1.5 (1.4 - 1.6)	6,394	1.5 (1.5 - 1.6)	NS	316	1.6 (1.5 - 1.8)	7,776	1.6 (1.6 - 1.7)	NS	No
Consumed vegetables less than 1 time per day [#]																
2011																
2012																
2013																
2014																
2015																
2016																
2017	581	19.7% (15.9 - 24.1)	14,023	20.0% (18.9 - 21.1)	NS	291	18.6% (13.7 - 24.9)	6,314	21.9% (20.3 - 23.5)	NS	290	20.7% (15.4 - 27.3)	7,703	18.1% (16.7 - 19.6)	NS	No
2018																
2019	586	19.6% (16.1 - 23.7)	14,170	20.8% (19.8 - 21.8)	NS	270	22.2% (17.1 - 28.4)	6,394	23.1% (21.7 - 24.7)	NS	316	16.9% (12.6 - 22.5)	7,776	18.4% (17.2 - 19.8)	NS	No
Physical Activity																
No leisure-time physical activity in past 30 days [^]																
2011	829	29.2% (25.5 - 33.2)	24,433	26.3% (25.5 - 27.1)	NS	319	34.7% (28.7 - 41.3)	9,795	27.2% (26.0 - 28.5)	+	510	24.2% (20.0 - 29.0)	14,638	25.4% (24.3 - 26.5)	NS	No
2012	606	24.0% (19.7 - 28.9)	19,153	21.0% (20.2 - 21.9)	NS	237	27.8% (21.0 - 35.7)	7,865	20.4% (19.3 - 21.7)	NS	369	20.3% (15.3 - 26.4)	11,288	21.6% (20.5 - 22.8)	NS	No
2013	582	29.5% (24.6 - 34.9)	16,158	25.3% (24.2 - 26.4)	NS	246	35.2% (27.1 - 44.3)	6,567	26.3% (24.7 - 28.1)	NS	336	24.3% (19.3 - 30.1)	9,591	24.3% (22.9 - 25.8)	NS	No
2014	940	26.1% (23.0 - 29.4)	22,397	21.3% (20.4 - 22.1)	+	415	28.2% (23.5 - 33.4)	9,599	21.2% (20.0 - 22.5)	+	525	24.0% (20.1 - 28.5)	12,798	21.4% (20.2 - 22.5)	NS	No
2015	652	23.4% (19.7 - 27.6)	16,319	25.3% (24.3 - 26.4)	NS	286	24.1% (18.8 - 30.4)	6,997	25.3% (23.8 - 26.9)	NS	366	22.7% (17.8 - 28.4)	9,322	25.4% (24.0 - 26.8)	NS	No
2016	650	26.3% (22.6 - 30.4)	15,169	22.4% (21.4 - 23.5)	NS	302	25.0% (19.9 - 31.0)	6,633	20.7% (19.3 - 22.3)	NS	348	27.6% (22.5 - 33.3)	8,536	24.1% (22.7 - 25.6)	NS	No
2017	587	32.6% (28.3 - 37.2)	14,296	25.4% (24.3 - 26.5)	+	291	34.7% (28.5 - 41.4)	6,456	25.7% (24.2 - 27.4)	+	296	30.6% (24.9 - 37.0)	7,835	25.0% (23.5 - 26.5)	NS	No
2018	599	26.5% (22.6 - 30.9)	14,615	23.8% (22.8 - 24.8)	NS	246	24.5% (19.1 - 30.8)	6,549	23.1% (21.7 - 24.6)	NS	353	28.6% (23.1 - 34.7)	8,053	24.3% (22.9 - 25.8)	NS	No
2019	630	30.4% (26.4 - 34.6)	15,137	26.9% (25.9 - 27.9)	NS	290	33.8% (28.0 - 40.1)	6,852	26.5% (25.1 - 28.0)	+	340	27.0% (21.9 - 32.8)	8,285	27.3% (25.9 - 28.7)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. e							
	South Heartland			State of NE		Sig ^d	South Heartland			State of NE		Sig ^d	South Heartland				State of NE		Sig ^d				
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	
Met aerobic physical activity recommendation^a																							
2011	799	49.1%	(44.7 - 53.5)	23,735	49.0%	(48.0 - 49.9)	NS	307	46.8%	(40.0 - 53.8)	9,544	47.2%	(45.8 - 48.6)	NS	492	51.1%	(45.5 - 56.8)	14,191	50.6%	(49.4 - 51.9)	NS	No	
2012																							
2013	560	46.2%	(40.8 - 51.7)	15,730	50.1%	(48.8 - 51.4)	NS	237	40.4%	(32.6 - 48.8)	6,416	48.8%	(46.9 - 50.7)	NS	323	51.6%	(44.6 - 58.6)	9,314	51.4%	(49.7 - 53.1)	NS	No	
2014																							
2015	641	53.1%	(48.4 - 57.9)	15,878	51.3%	(50.0 - 52.5)	NS	280	52.4%	(45.5 - 59.1)	6,832	51.1%	(49.2 - 53.0)	NS	361	53.9%	(47.3 - 60.4)	9,046	51.4%	(49.8 - 53.1)	NS	No	
2016																							
2017	566	46.1%	(41.3 - 50.9)	13,922	49.4%	(48.1 - 50.7)	NS	284	43.8%	(37.3 - 50.6)	6,309	48.8%	(46.9 - 50.7)	NS	282	48.3%	(41.5 - 55.1)	7,613	49.9%	(48.1 - 51.7)	NS	No	
2018																							
2019	604	46.2%	(41.5 - 50.9)	14,579	48.0%	(46.8 - 49.2)	NS	280	41.8%	(35.2 - 48.8)	6,607	47.3%	(45.6 - 49.0)	NS	324	50.6%	(44.2 - 57.0)	7,972	48.7%	(47.1 - 50.4)	NS	No	
Met muscle strengthening recommendation^a																							
2011	819	24.2%	(20.5 - 28.4)	24,204	28.1%	(27.3 - 29.0)	NS	314	22.7%	(17.2 - 29.3)	9,697	32.0%	(30.6 - 33.4)	-	505	25.6%	(20.7 - 31.1)	14,507	24.5%	(23.4 - 25.6)	NS	No	
2012																							
2013	577	22.7%	(18.5 - 27.6)	16,021	28.4%	(27.2 - 29.6)	NS	242	21.4%	(15.4 - 29.1)	6,499	31.0%	(29.2 - 32.8)	-	335	23.9%	(18.3 - 30.4)	9,522	26.0%	(24.5 - 27.6)	NS	No	
2014																							
2015	638	25.7%	(21.4 - 30.4)	16,117	31.2%	(30.1 - 32.5)	NS	281	29.8%	(23.7 - 36.8)	6,893	34.9%	(33.1 - 36.8)	NS	357	21.5%	(16.0 - 28.3)	9,224	27.7%	(26.2 - 29.3)	NS	No	
2016																							
2017	576	20.9%	(17.2 - 25.1)	14,103	29.8%	(28.6 - 31.1)	-	286	24.1%	(18.8 - 30.4)	6,366	32.2%	(30.4 - 34.0)	NS	290	17.8%	(13.1 - 23.6)	7,732	27.5%	(25.9 - 29.2)	-	No	
2018																							
2019	598	31.4%	(26.9 - 36.2)	14,648	34.8%	(33.7 - 35.9)	NS	273	33.2%	(26.7 - 40.4)	6,634	37.5%	(35.9 - 39.2)	NS	325	29.5%	(23.8 - 36.0)	8,014	32.1%	(30.5 - 33.7)	NS	No	
Met both aerobic physical activity and muscle strengthening recommendations^a																							
2011	794	17.4%	(14.0 - 21.4)	23,567	19.0%	(18.2 - 19.8)	NS	305	16.8%	(11.8 - 23.3)	9,477	19.7%	(18.5 - 20.9)	NS	489	18.0%	(13.7 - 23.3)	14,090	18.4%	(17.4 - 19.4)	NS	No	
2012																							
2013	560	14.1%	(10.6 - 18.3)	15,635	18.8%	(17.8 - 19.9)	NS	237	11.6%	(7.2 - 18.2)	6,366	19.4%	(17.9 - 21.0)	NS	323	16.3%	(11.6 - 22.5)	9,269	18.2%	(16.8 - 19.6)	NS	No	
2014																							
2015	629	18.7%	(14.9 - 23.3)	15,724	21.8%	(20.7 - 22.9)	NS	276	21.2%	(15.6 - 28.0)	6,757	23.3%	(21.6 - 25.1)	NS	353	16.3%	(11.5 - 22.7)	8,967	20.3%	(18.9 - 21.7)	NS	No	
2016																							
2017	559	14.3%	(11.3 - 17.8)	13,779	19.1%	(18.0 - 20.1)	-	280	15.8%	(11.7 - 20.9)	6,239	19.7%	(18.3 - 21.3)	NS	279	12.8%	(8.8 - 18.2)	7,540	18.4%	(17.0 - 19.9)	NS	No	
2018																							
2019	580	18.6%	(14.9 - 23.0)	14,226	20.9%	(20.0 - 21.9)	NS	266	16.9%	(11.7 - 23.8)	6,461	21.0%	(19.6 - 22.4)	NS	314	20.3%	(15.3 - 26.4)	7,765	20.9%	(19.5 - 22.3)	NS	No	
Walk for at least 10 minutes at a time for any reason during a usual week																							
2011																							
2012																							
2013																							
2014																							
2015	312	87.4%	(82.3 - 91.2)	7,895	84.6%	(83.3 - 85.8)	NS	146	86.4%	(77.8 - 92.0)	3,442	84.2%	(82.2 - 86.0)	NS	166	88.3%	(81.4 - 92.9)	4,453	85.1%	(83.4 - 86.6)	NS	No	
2016																							
2017	280	82.0%	(76.3 - 86.5)	6,914	84.8%	(83.5 - 86.0)	NS	147	83.7%	(75.2 - 89.7)	3,134	84.0%	(82.0 - 85.8)	NS	133	79.7%	(71.5 - 86.0)	3,778	85.6%	(83.9 - 87.2)	NS	No	
2018																							
2019																							
Have access to safe places to walk in their neighborhood																							
2011																							
2012																							
2013																							
2014																							
2015	310	85.1%	(79.8 - 89.2)	7,893	88.4%	(87.2 - 89.4)	NS	144	89.4%	(82.6 - 93.8)	3,439	88.8%	(87.2 - 90.3)	NS	166	81.3%	(72.9 - 87.5)	4,454	87.9%	(86.3 - 89.3)	NS	No	
2016																							
2017	282	86.9%	(81.7 - 90.8)	6,927	88.3%	(87.3 - 89.2)	NS	147	89.2%	(81.7 - 93.8)	3,137	89.2%	(87.7 - 90.5)	NS	135	84.1%	(75.7 - 89.9)	3,788	87.4%	(85.9 - 88.7)	NS	No	
2018																							
2019																							

Indicators	Overall					Men					Women					LHD Gender Diff. ^e							
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE										
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d								
Injury																							
Always wear a seatbelt when driving or riding in a car ^A																							
2011	822	62.8%	(58.4 - 67.0)	24,208	71.3%	(70.5 - 72.1)	-	315	50.7%	(43.9 - 57.4)		9,683	63.7%	(62.4 - 65.0)	-	507	73.5%	(68.1 - 78.3)	14,525	78.6%	(77.5 - 79.5)	NS	Yes
2012	598	60.6%	(55.0 - 66.0)	18,851	69.7%	(68.7 - 70.6)	-	232	46.6%	(38.4 - 54.9)		7,731	61.7%	(60.2 - 63.2)	-	366	74.1%	(67.1 - 80.1)	11,120	77.3%	(76.1 - 78.4)	NS	Yes
2013	577	65.7%	(60.5 - 70.6)	16,053	74.1%	(73.0 - 75.2)	-	244	50.2%	(41.8 - 58.6)		6,520	67.0%	(65.3 - 68.7)	-	333	80.0%	(74.2 - 84.8)	9,533	80.8%	(79.5 - 82.1)	NS	Yes
2014	912	59.0%	(55.1 - 62.8)	21,599	72.4%	(71.5 - 73.3)	-	401	50.8%	(45.1 - 56.4)		9,241	64.7%	(63.2 - 66.2)	-	511	67.1%	(61.7 - 72.0)	12,358	79.8%	(78.7 - 80.9)	-	Yes
2015	640	62.5%	(57.6 - 67.2)	16,136	75.4%	(74.4 - 76.4)	-	279	55.3%	(48.3 - 62.1)		6,900	68.2%	(66.5 - 69.9)	-	361	69.7%	(62.9 - 75.7)	9,236	82.3%	(81.1 - 83.4)	-	Yes
2016	626	65.9%	(61.3 - 70.2)	14,628	73.8%	(72.7 - 74.9)	-	291	58.3%	(51.6 - 64.7)		6,370	66.8%	(65.0 - 68.5)	-	335	73.4%	(66.9 - 79.0)	8,258	80.6%	(79.2 - 81.8)	-	Yes
2017	580	65.1%	(60.3 - 69.5)	14,160	76.3%	(75.2 - 77.3)	-	287	58.3%	(51.5 - 64.9)		6,393	70.4%	(68.8 - 72.0)	-	293	71.5%	(64.9 - 77.3)	7,762	82.0%	(80.7 - 83.3)	-	Yes
2018	575	66.4%	(61.6 - 70.9)	13,968	75.2%	(74.1 - 76.2)	-	235	57.2%	(49.8 - 64.3)		6,256	69.0%	(67.4 - 70.6)	-	340	75.6%	(69.5 - 80.9)	7,702	81.1%	(79.8 - 82.4)	NS	Yes
2019																							
Texted while driving in past 30 days																							
2011																							
2012	286	21.0%	(15.4 - 28.0)	11,451	26.8%	(25.6 - 27.9)	NS	116	26.9%*	(17.7 - 38.8)		4,757	29.2%	(27.5 - 31.0)	NS	170	15.9%	(10.2 - 24.1)	6,694	24.4%	(22.8 - 26.0)	NS	No
2013																							
2014																							
2015	310	22.7%	(16.9 - 29.7)	7,620	24.9%	(23.3 - 26.6)	NS	125	23.6%*	(15.5 - 34.1)		3,209	27.6%	(25.0 - 30.3)	NS	185	21.8%*	(14.1 - 32.2)	4,411	22.3%	(20.3 - 24.4)	NS	No
2016																							
2017	262	28.2%	(22.1 - 35.3)	6,452	26.6%	(24.9 - 28.4)	NS	125	33.4%*	(24.3 - 44.0)		2,894	29.9%	(27.4 - 32.6)	NS	137	22.5%	(15.2 - 32.1)	3,555	23.4%	(21.2 - 25.8)	NS	No
2018																							
2019																							
Talked on a cell phone while driving in past 30 days																							
2011																							
2012	287	60.7%	(53.9 - 67.1)	11,424	69.1%	(68.0 - 70.2)	-	116	66.5%*	(56.3 - 75.4)		4,742	71.5%	(69.9 - 73.2)	NS	171	55.8%	(46.9 - 64.3)	6,682	66.7%	(65.2 - 68.2)	-	No
2013																							
2014																							
2015	304	67.6%	(60.8 - 73.7)	7,604	67.0%	(65.3 - 68.6)	NS	122	75.8%	(65.9 - 83.6)		3,203	71.0%	(68.5 - 73.3)	NS	182	59.6%	(50.3 - 68.3)	4,401	63.1%	(60.8 - 65.2)	NS	No
2016																							
2017	263	66.2%	(59.8 - 72.0)	6,436	66.5%	(64.8 - 68.2)	NS	127	69.0%	(59.5 - 77.2)		2,888	71.2%	(68.7 - 73.6)	NS	136	63.0%	(54.1 - 71.1)	3,545	61.9%	(59.5 - 64.3)	NS	No
2018																							
2019																							
Had a fall in past year, aged 45 years and older																							
2011																							
2012	480	30.1%	(25.4 - 35.1)	13,738	28.8%	(27.7 - 29.9)	NS	180	27.8%	(20.8 - 35.9)		5,384	26.9%	(25.3 - 28.5)	NS	300	32.1%	(26.2 - 38.6)	8,354	30.5%	(29.1 - 31.9)	NS	No
2013																							
2014	665	29.7%	(25.9 - 33.7)	15,671	26.1%	(25.1 - 27.1)	NS	279	32.1%	(26.2 - 38.5)		6,513	24.5%	(23.0 - 26.1)	+	386	27.5%	(22.9 - 32.6)	9,158	27.6%	(26.2 - 29.0)	NS	No
2015																							
2016	446	25.9%	(21.7 - 30.5)	10,369	29.0%	(27.7 - 30.3)	NS	206	23.3%	(17.6 - 30.1)		4,333	28.1%	(26.2 - 30.1)	NS	240	28.5%	(22.8 - 35.0)	6,036	29.7%	(28.0 - 31.5)	NS	No
2017																							
2018	418	22.2%	(18.1 - 26.9)	9,873	25.3%	(24.0 - 26.5)	NS	161	19.5%	(14.0 - 26.4)		4,281	23.3%	(21.5 - 25.1)	NS	257	24.6%	(19.0 - 31.2)	5,586	27.1%	(25.4 - 28.9)	NS	No
2019																							
Injured due to a fall in past year, aged 45 years and older																							
2011																							
2012	479	11.8%	(8.7 - 15.7)	13,719	9.9%	(9.2 - 10.6)	NS	179	8.9%	(5.0 - 15.4)		5,377	7.7%	(6.7 - 8.7)	NS	300	14.2%	(10.1 - 19.8)	8,342	11.8%	(10.9 - 12.9)	NS	No
2013																							
2014	664	11.5%	(9.0 - 14.6)	15,647	8.8%	(8.2 - 9.5)	NS	278	12.1%	(8.3 - 17.3)		6,502	6.8%	(6.0 - 7.7)	+	386	10.9%	(7.9 - 15.0)	9,145	10.6%	(9.7 - 11.6)	NS	No
2015																							
2016	446	8.8%	(6.3 - 12.0)	10,367	10.1%	(9.3 - 11.0)	NS	206	8.9%	(5.4 - 14.1)		4,333	7.8%	(6.8 - 9.0)	NS	240	8.7%	(5.7 - 13.1)	6,034	12.2%	(11.0 - 13.6)	NS	No
2017																							
2018	417	7.0%	(4.6 - 10.5)	9,865	9.7%	(8.8 - 10.6)	NS	160	4.7%*	(2.3 - 9.3)		4,279	7.7%	(6.6 - 9.1)	NS	257	9.0%	(5.4 - 14.6)	5,580	11.5%	(10.3 - 12.9)	NS	No
2019																							

Indicators	Overall					Men					Women					LHD Gender Diff. ^e
	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	South Heartland		State of NE		Sig ^d	
	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)		mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)		mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)		
Mental Health																
Ever told they have depression																
2011	870	19.6% (16.5 - 23.2)	25,333	16.8% (16.2 - 17.5)	NS	338	13.9% (10.0 - 18.9)	10,198	11.5% (10.7 - 12.4)	NS	532	25.0% (20.4 - 30.2)	15,135	22.0% (21.0 - 23.0)	NS	Yes
2012	605	13.8% (10.4 - 18.1)	19,115	16.7% (16.0 - 17.5)	NS	237	8.9% (5.6 - 13.9)	7,853	12.4% (11.4 - 13.5)	NS	368	18.6% (13.2 - 25.5)	11,262	20.9% (19.8 - 22.1)	NS	No
2013	623	18.5% (14.6 - 23.1)	17,065	18.2% (17.3 - 19.2)	NS	269	15.0% (9.9 - 22.2)	6,940	12.9% (11.6 - 14.2)	NS	354	21.9% (16.6 - 28.2)	10,125	23.4% (22.0 - 24.8)	NS	No
2014	937	20.7% (17.8 - 23.9)	22,346	17.7% (16.9 - 18.6)	NS	416	14.7% (11.1 - 19.1)	9,582	13.0% (11.8 - 14.2)	NS	521	26.5% (22.2 - 31.4)	12,764	22.3% (21.1 - 23.5)	NS	Yes
2015	691	19.1% (15.7 - 23.2)	17,485	17.5% (16.7 - 18.5)	NS	303	12.1% (8.4 - 17.2)	7,534	12.4% (11.3 - 13.7)	NS	388	25.9% (20.5 - 32.2)	9,951	22.5% (21.2 - 23.8)	NS	Yes
2016	651	20.5% (17.1 - 24.4)	15,138	17.8% (16.8 - 18.8)	NS	302	17.4% (12.9 - 23.1)	6,609	12.1% (10.9 - 13.4)	NS	349	23.5% (18.7 - 29.1)	8,529	23.4% (21.8 - 25.0)	NS	No
2017	633	22.3% (18.7 - 26.4)	15,299	19.4% (18.5 - 20.5)	NS	317	15.8% (11.5 - 21.2)	6,937	13.0% (11.8 - 14.2)	NS	316	28.8% (23.2 - 35.0)	8,355	25.8% (24.3 - 27.3)	NS	Yes
2018	598	18.3% (15.0 - 22.2)	14,608	17.3% (16.3 - 18.3)	NS	246	12.3% (8.3 - 18.0)	6,549	11.5% (10.3 - 12.8)	NS	352	24.3% (19.4 - 30.0)	8,045	22.9% (21.5 - 24.5)	NS	Yes
2019	657	18.2% (14.9 - 22.0)	15,813	16.2% (15.4 - 17.1)	NS	302	10.4% (7.0 - 15.2)	7,126	10.6% (9.7 - 11.7)	NS	355	26.0% (20.7 - 32.0)	8,687	21.7% (20.4 - 23.1)	NS	Yes
Frequent Mental Distress in past 30 days																
2011	858	11.0% (8.6 - 14.0)	25,036	9.2% (8.7 - 9.7)	NS	332	9.4% (6.2 - 14.0)	10,097	7.7% (7.0 - 8.4)	NS	526	12.5% (9.2 - 16.9)	14,939	10.7% (9.9 - 11.5)	NS	No
2012	592	7.2% (4.8 - 10.7)	18,935	9.0% (8.4 - 9.7)	NS	231	5.0%* (2.4 - 10.3)	7,786	7.4% (6.6 - 8.3)	NS	361	9.4% (5.9 - 14.7)	11,149	10.6% (9.7 - 11.5)	NS	No
2013	615	9.0% (6.1 - 13.0)	16,889	8.9% (8.2 - 9.6)	NS	266	9.2% (5.1 - 16.1)	6,889	6.8% (5.9 - 7.9)	NS	349	8.8% (5.3 - 14.1)	10,000	10.9% (9.8 - 12.0)	NS	No
2014	919	8.1% (6.3 - 10.5)	22,132	8.2% (7.6 - 8.8)	NS	402	5.5% (3.3 - 8.9)	9,483	6.4% (5.6 - 7.3)	NS	517	10.7% (7.9 - 14.3)	12,649	9.9% (9.0 - 10.8)	NS	No
2015	690	7.2% (5.0 - 10.2)	17,369	8.9% (8.2 - 9.6)	NS	304	6.1% (3.5 - 10.5)	7,491	6.9% (6.0 - 7.9)	NS	386	8.3% (5.2 - 13.0)	9,878	10.8% (9.8 - 11.9)	NS	No
2016	644	9.2% (6.9 - 12.2)	15,035	9.5% (8.7 - 10.4)	NS	300	8.4% (5.3 - 13.0)	6,568	7.0% (6.0 - 8.1)	NS	344	10.0% (7.0 - 14.2)	8,467	12.0% (10.8 - 13.3)	NS	No
2017	621	10.6% (8.0 - 14.0)	15,179	10.5% (9.7 - 11.4)	NS	312	8.2% (5.4 - 12.3)	6,894	7.6% (6.7 - 8.6)	NS	309	13.0% (9.0 - 18.6)	8,278	13.4% (12.2 - 14.7)	NS	No
2018	591	9.7% (7.1 - 13.2)	14,490	11.2% (10.4 - 12.1)	NS	241	7.8% (4.4 - 13.4)	6,498	9.2% (8.1 - 10.4)	NS	350	11.6% (7.9 - 16.6)	7,979	13.2% (12.0 - 14.5)	NS	No
2019	652	10.7% (8.1 - 14.1)	15,699	11.3% (10.5 - 12.1)	NS	299	6.7% (4.0 - 11.2)	7,076	8.6% (7.7 - 9.6)	NS	353	14.7% (10.5 - 20.2)	8,623	13.9% (12.7 - 15.1)	NS	No
Currently taking medication or receiving treatment for a mental health condition																
2011																
2012	299	5.9%* (3.2 - 10.7)	6,643	11.0% (10.0 - 12.1)	NS	112	2.9%* (1.3 - 6.7)	2,693	7.4% (6.2 - 8.9)	NS	187	8.7%* (4.1 - 17.4)	3,950	14.5% (12.9 - 16.2)	NS	No
2013																
2014																
2015																
2016																
2017																
2018																
2019																
Symptoms of serious mental illness in past 30 days																
2011																
2012	293	1.7%* (0.6 - 4.6)	6,555	3.2% (2.6 - 3.9)	NS	109	0.6%* (0.1 - 4.1)	2,657	2.5% (1.8 - 3.7)	NS	184	2.7%* (0.9 - 8.2)	3,898	3.8% (2.9 - 4.9)	NS	No
2013																
2014																
2015																
2016																
2017																
2018																
2019																
Alcohol and Drug Use																
Any alcohol consumption in past 30 days																
2011	813	56.2% (51.8 - 60.5)	24,051	61.8% (60.9 - 62.7)	-	311	64.7% (57.9 - 70.9)	9,597	67.7% (66.4 - 69.1)	NS	502	48.6% (43.1 - 54.2)	14,454	56.2% (55.0 - 57.4)	-	Yes
2012	600	54.5% (49.1 - 59.9)	18,891	61.3% (60.3 - 62.3)	-	235	65.5% (57.4 - 72.9)	7,749	68.7% (67.2 - 70.1)	NS	365	43.9% (37.0 - 51.1)	11,142	54.2% (52.8 - 55.6)	-	Yes
2013	604	50.7% (45.4 - 56.0)	16,614	57.5% (56.2 - 58.7)	-	259	60.7% (52.2 - 68.7)	6,754	63.3% (61.4 - 65.2)	NS	345	41.4% (35.1 - 48.1)	9,860	51.8% (50.2 - 53.5)	-	Yes
2014	915	58.0% (54.1 - 61.7)	21,612	59.2% (58.1 - 60.3)	NS	402	66.3% (60.8 - 71.4)	9,246	65.2% (63.6 - 66.8)	NS	513	49.8% (44.6 - 55.1)	12,366	53.4% (52.0 - 54.9)	NS	Yes
2015	673	57.8% (53.1 - 62.2)	16,939	57.6% (56.4 - 58.8)	NS	294	64.1% (57.5 - 70.3)	7,282	63.8% (62.0 - 65.5)	NS	379	51.5% (45.0 - 57.9)	9,657	51.6% (50.0 - 53.2)	NS	No
2016	631	53.7% (49.0 - 58.4)	14,723	59.8% (58.5 - 61.0)	-	293	60.7% (53.8 - 67.2)	6,421	68.0% (66.1 - 69.8)	NS	338	46.9% (40.5 - 53.4)	8,302	51.8% (50.0 - 53.6)	NS	Yes
2017	601	53.6% (48.9 - 58.1)	14,640	60.2% (58.9 - 61.4)	-	302	58.7% (52.0 - 65.1)	6,630	66.2% (64.5 - 68.0)	NS	299	48.4% (41.9 - 55.0)	8,004	54.3% (52.5 - 56.0)	NS	No
2018	577	54.9% (50.0 - 59.7)	14,055	58.8% (57.5 - 60.0)	NS	235	61.5% (54.0 - 68.5)	6,289	64.2% (62.5 - 66.0)	NS	342	48.3% (41.9 - 54.7)	7,756	53.5% (51.8 - 55.3)	NS	No
2019	629	53.9% (49.3 - 58.5)	15,159	59.5% (58.3 - 60.6)	NS	286	58.2% (51.4 - 64.7)	6,844	64.2% (62.6 - 65.8)	NS	343	49.7% (43.5 - 55.9)	8,315	54.9% (53.3 - 56.5)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE			
	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b (Low - High)	mean n ^a	95% C.I. ^c or % ^b (Low - High)	Sig ^d	
Binge drank in past 30 days ^a																
2011	811	22.8% (19.1 - 26.9)	23,948	22.7% (21.9 - 23.5)	NS	309	31.9% (25.7 - 38.9)	9,533	30.2% (28.9 - 31.5)	NS	502	14.6% (10.9 - 19.4)	14,415	15.7% (14.7 - 16.7)	NS	Yes
2012	590	20.0% (15.5 - 25.5)	18,742	22.1% (21.3 - 23.0)	NS	229	30.6% (22.9 - 39.5)	7,664	29.1% (27.6 - 30.5)	NS	361	10.4% (6.3 - 16.7)	11,078	15.5% (14.5 - 16.6)	NS	Yes
2013	602	17.1% (13.3 - 21.6)	16,500	20.0% (19.0 - 21.1)	NS	258	24.1% (17.7 - 31.8)	6,687	25.2% (23.6 - 26.9)	NS	344	10.7% (6.9 - 16.1)	9,813	15.0% (13.8 - 16.4)	NS	Yes
2014	908	20.2% (17.1 - 23.8)	21,443	20.3% (19.4 - 21.3)	NS	399	28.5% (23.5 - 34.2)	9,149	26.8% (25.3 - 28.3)	NS	509	12.1% (8.8 - 16.3)	12,294	14.1% (13.0 - 15.3)	NS	Yes
2015	671	19.9% (16.2 - 24.3)	16,832	19.5% (18.5 - 20.5)	NS	294	24.2% (18.7 - 30.8)	7,216	26.0% (24.4 - 27.8)	NS	377	15.7% (11.0 - 22.0)	9,616	13.1% (12.0 - 14.3)	NS	No
2016	627	14.8% (11.7 - 18.6)	14,620	20.0% (18.9 - 21.1)	-	291	21.2% (16.1 - 27.5)	6,367	27.2% (25.4 - 29.0)	NS	336	8.5% (5.5 - 12.9)	8,253	13.1% (11.9 - 14.4)	NS	Yes
2017	598	16.1% (12.8 - 20.1)	14,534	20.6% (19.5 - 21.7)	NS	299	21.4% (16.4 - 27.4)	6,562	27.3% (25.6 - 29.0)	NS	299	10.9% (7.0 - 16.6)	7,966	14.2% (12.9 - 15.6)	NS	No
2018	571	20.5% (16.6 - 24.9)	13,940	21.2% (20.1 - 22.2)	NS	231	29.0% (22.7 - 36.3)	6,215	27.7% (26.0 - 29.4)	NS	340	12.1% (8.2 - 17.5)	7,715	14.9% (13.7 - 16.3)	NS	Yes
2019	622	19.5% (15.9 - 23.7)	15,025	20.9% (19.9 - 21.9)	NS	281	24.8% (19.2 - 31.2)	6,763	26.1% (24.7 - 27.7)	NS	341	14.4% (10.2 - 20.1)	8,262	15.7% (14.4 - 17.1)	NS	No
Heavy drinking in past 30 days																
2011	808	7.0% (5.0 - 9.6)	23,906	7.5% (7.0 - 8.1)	NS	307	9.6% (6.1 - 14.8)	9,514	9.2% (8.4 - 10.2)	NS	501	4.6% (3.0 - 7.1)	14,392	5.9% (5.2 - 6.6)	NS	No
2012	588	7.8% (4.9 - 12.1)	18,738	7.2% (6.6 - 7.7)	NS	227	9.1%* (4.9 - 16.3)	7,668	8.5% (7.7 - 9.4)	NS	361	6.6%* (3.2 - 13.0)	11,070	5.9% (5.3 - 6.6)	NS	No
2013	600	4.1% (2.4 - 6.9)	16,513	6.8% (6.2 - 7.5)	NS	258	5.8%* (3.1 - 10.7)	6,698	7.3% (6.4 - 8.3)	NS	342	2.5%* (1.0 - 6.3)	9,815	6.3% (5.5 - 7.2)	NS	No
2014	908	6.2% (4.5 - 8.6)	21,447	6.4% (5.9 - 7.0)	NS	396	8.0% (5.1 - 12.3)	9,158	7.5% (6.7 - 8.5)	NS	512	4.6% (2.9 - 7.2)	12,289	5.3% (4.7 - 6.1)	NS	No
2015	669	6.3% (4.4 - 8.9)	16,815	5.7% (5.1 - 6.4)	NS	293	7.1% (4.4 - 11.4)	7,214	7.0% (6.0 - 8.1)	NS	376	5.5% (3.3 - 9.0)	9,601	4.6% (3.9 - 5.3)	NS	No
2016	628	5.2% (3.5 - 7.5)	14,634	6.8% (5.9 - 7.3)	NS	292	7.1% (4.5 - 10.9)	6,376	8.0% (7.0 - 9.1)	NS	336	3.3%* (1.6 - 6.6)	8,258	5.2% (4.4 - 6.2)	NS	No
2017	598	5.7% (3.9 - 8.3)	14,534	7.0% (6.3 - 7.7)	NS	299	8.0% (5.0 - 12.5)	6,566	8.2% (7.2 - 9.3)	NS	299	3.5%* (1.8 - 6.6)	7,963	5.8% (4.9 - 6.7)	NS	No
2018	573	8.0% (5.6 - 11.1)	13,944	7.1% (6.4 - 7.8)	NS	231	13.1% (8.9 - 19.0)	6,216	8.2% (7.2 - 9.3)	NS	342	2.9%* (1.5 - 5.5)	7,720	6.0% (5.2 - 7.0)	NS	Yes
2019	621	5.0% (3.3 - 7.5)	15,037	6.2% (5.7 - 6.8)	NS	282	4.8% (2.7 - 8.5)	6,775	7.1% (6.3 - 7.9)	NS	339	5.2% (2.9 - 9.1)	8,262	5.4% (4.7 - 6.2)	NS	No
Alcohol impaired driving in past 30 days																
2011																
2012	601	3.3%* (1.7 - 6.2)	18,895	3.4% (3.1 - 3.8)	NS	234	6.3%* (3.2 - 12.1)	7,741	5.5% (4.9 - 6.3)	NS	367	0.4%* (0.1 - 1.6)	11,154	1.4% (1.1 - 1.8)	NS	Yes
2013																
2014	912	2.7% (1.7 - 4.3)	21,627	2.5% (2.2 - 2.9)	NS	400	4.2% (2.4 - 7.0)	9,242	4.2% (3.5 - 4.9)	NS	512	1.3%* (0.5 - 3.4)	12,385	1.0% (0.7 - 1.3)	NS	No
2015																
2016	628	2.9%* (1.5 - 5.5)	14,666	3.4% (2.9 - 3.9)	NS	290	5.0%* (2.4 - 10.1)	6,383	5.1% (4.3 - 6.0)	NS	338	0.9%* (0.3 - 2.9)	8,283	1.7% (1.3 - 2.4)	NS	No
2017																
2018	571	3.9% (2.4 - 6.4)	13,977	3.0% (2.6 - 3.4)	NS	230	7.3% (4.3 - 12.1)	6,245	4.4% (3.7 - 5.2)	NS	341	0.7%* (0.2 - 2.2)	7,722	1.6% (1.2 - 2.1)	NS	Yes
2019																
Used marijuana in past 30 days																
2011																
2012																
2013																
2014																
2015																
2016	607	4.1% (2.3 - 7.2)	14,160	4.9% (4.2 - 5.7)	NS	281	7.1%* (3.7 - 13.2)	6,143	7.2% (6.0 - 8.6)	NS	326	1.0%* (0.3 - 3.4)	8,017	2.7% (2.1 - 3.5)	NS	Yes
2017																
2018																
2019	283	4.8%* (2.4 - 9.5)	6,952	7.2% (6.3 - 8.3)	NS	132	3.6%* (1.5 - 8.4)	3,129	9.3% (7.7 - 11.1)	NS	151	6.0%* (2.3 - 15.2)	3,823	5.3% (4.2 - 6.6)	NS	No
Opioid misuse in past year																
2011																
2012																
2013																
2014																
2015																
2016																
2017																
2018	295	3.8%* (1.9 - 7.3)	6,622	4.3% (3.6 - 5.1)	NS	124	5.8%* (2.5 - 12.8)	2,941	4.7% (3.6 - 6.0)	NS	171	2.2%* (0.7 - 7.2)	3,675	3.9% (3.0 - 5.0)	NS	No
2019	278	4.4%* (2.3 - 8.2)	6,890	3.4% (2.8 - 4.1)	NS	129	3.9%* (1.4 - 10.4)	3,100	2.9% (2.2 - 3.9)	NS	149	4.9%* (2.1 - 10.8)	3,790	3.9% (3.1 - 5.0)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e	
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE				
	mean n ^a or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)
Immunization and Infectious Disease																	
Had a flu vaccination in past year, aged 18 years and older																	
2011	816	49.1% (44.8 - 53.4)	24,156	41.1% (40.2 - 42.0)	+	311	46.2% (39.7 - 52.9)	9,663	35.1% (33.8 - 36.5)	+	505	51.6% (46.0 - 57.2)	14,493	46.8% (45.6 - 48.1)	NS	No	
2012	600	43.0% (37.8 - 48.4)	18,903	42.2% (41.2 - 43.2)	NS	234	38.2% (30.6 - 46.4)	7,754	36.8% (35.4 - 38.2)	NS	366	47.7% (40.8 - 54.7)	11,149	47.5% (46.1 - 48.8)	NS	No	
2013	576	43.0% (37.9 - 48.3)	16,022	45.2% (43.9 - 46.4)	NS	243	39.4% (31.8 - 47.6)	6,506	41.2% (39.4 - 43.1)	NS	333	46.4% (39.7 - 53.2)	9,516	48.9% (47.2 - 50.6)	NS	No	
2014	913	43.1% (39.4 - 46.9)	21,638	43.9% (42.9 - 45.0)	NS	401	36.7% (31.6 - 42.2)	9,262	38.8% (37.3 - 40.4)	NS	512	49.3% (44.1 - 54.5)	12,376	48.9% (47.4 - 50.3)	NS	Yes	
2015	641	42.0% (37.5 - 46.6)	16,091	47.2% (46.0 - 48.4)	NS	278	42.4% (35.8 - 49.2)	6,883	40.8% (39.0 - 42.6)	NS	363	41.6% (35.6 - 47.9)	9,208	53.4% (51.7 - 55.0)	-	No	
2016	628	44.5% (39.9 - 49.2)	14,685	44.4% (43.1 - 45.7)	NS	292	39.4% (33.1 - 46.0)	6,401	39.4% (37.5 - 41.3)	NS	336	49.7% (43.1 - 56.2)	8,284	49.3% (47.6 - 51.1)	NS	No	
2017	580	46.9% (42.2 - 51.7)	14,101	46.7% (45.4 - 48.0)	NS	287	41.3% (34.9 - 48.0)	6,365	41.3% (39.5 - 43.2)	NS	293	52.3% (45.6 - 58.9)	7,731	51.9% (50.1 - 53.7)	NS	No	
2018	575	36.9% (32.4 - 41.7)	14,007	39.4% (38.2 - 40.6)	NS	235	30.9% (24.7 - 38.0)	6,272	36.4% (34.7 - 38.2)	NS	340	42.9% (36.7 - 49.4)	7,725	42.2% (40.6 - 43.9)	NS	No	
2019	600	51.2% (46.5 - 55.9)	14,470	49.0% (47.9 - 50.2)	NS	277	49.6% (42.7 - 56.4)	6,530	42.6% (41.0 - 44.3)	NS	323	52.9% (46.4 - 59.3)	7,940	55.3% (53.7 - 56.9)	NS	No	
Had a flu vaccination in past year, aged 65 years and older [^]																	
2011	323	74.0% (68.4 - 78.9)	8,185	61.8% (60.3 - 63.3)	+	107	75.7% (66.0 - 83.2)	2,875	59.6% (57.1 - 62.1)	+	216	72.8% (65.8 - 78.8)	5,310	63.4% (61.5 - 65.3)	+	No	
2012	255	60.8% (53.2 - 67.9)	6,625	62.9% (61.2 - 64.6)	NS	88	59.1% (46.3 - 70.8)	2,327	60.9% (58.1 - 63.6)	NS	167	62.3% (53.5 - 70.3)	4,298	64.4% (62.4 - 66.5)	NS	No	
2013	218	67.5% (59.7 - 74.4)	5,652	66.2% (64.2 - 68.1)	NS	90	64.2%* (51.6 - 75.2)	2,067	67.6% (64.4 - 70.6)	NS	128	70.3% (60.9 - 78.3)	3,585	65.0% (62.6 - 67.4)	NS	No	
2014	325	64.4% (58.5 - 69.9)	7,610	64.7% (63.2 - 66.2)	NS	134	61.4% (52.0 - 70.0)	2,971	65.9% (63.5 - 68.3)	NS	191	67.0% (59.5 - 73.8)	4,639	63.8% (61.8 - 65.7)	NS	No	
2015	241	63.0% (56.0 - 69.5)	5,578	65.2% (63.4 - 67.0)	NS	95	67.3%* (56.3 - 76.7)	2,119	64.1% (61.1 - 66.9)	NS	146	59.0% (49.9 - 67.6)	3,459	66.1% (63.9 - 68.2)	NS	No	
2016	228	64.8% (57.5 - 71.4)	5,130	62.7% (60.8 - 64.6)	NS	102	68.4%* (57.6 - 77.5)	1,967	62.8% (59.8 - 65.6)	NS	126	61.2%* (51.2 - 70.4)	3,163	62.7% (60.2 - 65.1)	NS	No	
2017	213	63.7% (56.5 - 70.3)	4,987	65.5% (63.6 - 67.4)	NS	98	63.1%* (52.6 - 72.5)	2,057	65.1% (62.2 - 68.0)	NS	115	64.1% (54.2 - 72.9)	2,929	65.8% (63.2 - 68.2)	NS	No	
2018	230	60.0% (52.4 - 67.2)	5,191	57.9% (56.0 - 59.9)	NS	87	65.7%* (53.9 - 75.8)	2,158	58.2% (55.3 - 61.0)	NS	143	54.5% (44.8 - 63.8)	3,031	57.7% (55.1 - 60.3)	NS	No	
2019	245	66.7% (60.0 - 72.7)	5,592	67.5% (65.8 - 69.1)	NS	111	68.0% (58.1 - 76.5)	2,275	67.5% (64.9 - 69.9)	NS	134	65.3% (56.0 - 73.5)	3,317	67.4% (65.2 - 69.6)	NS	No	
Ever had a pneumonia vaccination, aged 65 years and older [^]																	
2011	316	70.5% (64.4 - 75.9)	7,997	70.3% (68.8 - 71.7)	NS	104	66.2%* (55.7 - 75.4)	2,772	66.7% (64.2 - 69.1)	NS	212	73.5% (66.1 - 79.7)	5,225	72.9% (71.2 - 74.5)	NS	No	
2012	251	68.7% (61.1 - 75.5)	6,413	70.0% (68.4 - 71.6)	NS	85	60.0%* (46.9 - 71.7)	2,225	66.9% (64.1 - 69.6)	NS	166	76.3% (68.1 - 82.9)	4,188	72.3% (70.3 - 74.1)	NS	No	
2013	211	76.4% (69.2 - 82.3)	5,478	71.7% (69.8 - 73.4)	NS	84	73.9%* (61.8 - 83.1)	1,970	71.5% (68.5 - 74.3)	NS	127	78.5% (69.4 - 85.5)	3,508	71.8% (69.4 - 74.0)	NS	No	
2014	314	74.5% (68.9 - 79.4)	7,372	72.3% (70.9 - 73.7)	NS	132	70.8% (61.7 - 78.5)	2,849	70.3% (67.9 - 72.5)	NS	182	77.9% (70.8 - 83.7)	4,523	73.9% (72.1 - 75.7)	NS	No	
2015	235	73.2% (66.1 - 79.2)	5,452	73.8% (72.1 - 75.4)	NS	92	68.4%* (57.0 - 77.9)	2,056	70.3% (67.4 - 73.0)	NS	143	77.5% (68.6 - 84.4)	3,396	76.5% (74.5 - 78.4)	NS	No	
2016	226	78.3% (71.5 - 83.8)	5,060	75.9% (74.2 - 77.5)	NS	101	72.9%* (61.9 - 81.6)	1,927	73.7% (70.9 - 76.3)	NS	125	83.5% (75.2 - 89.4)	3,133	77.6% (75.5 - 79.7)	NS	No	
2017	210	82.5% (76.7 - 87.1)	4,895	78.9% (77.2 - 80.5)	NS	95	79.7% (70.3 - 86.7)	1,996	75.1% (72.3 - 77.7)	NS	115	84.4% (76.6 - 90.0)	2,898	81.8% (79.8 - 83.7)	NS	No	
2018	227	77.0% (69.9 - 82.8)	5,087	76.6% (74.9 - 78.2)	NS	86	71.2%* (59.4 - 80.7)	2,100	74.0% (71.3 - 76.4)	NS	141	82.7% (74.4 - 88.6)	2,985	78.7% (76.5 - 80.8)	NS	No	
2019	237	76.8% (70.3 - 82.2)	5,452	76.1% (74.5 - 77.6)	NS	104	77.1%* (67.0 - 84.7)	2,187	71.9% (69.3 - 74.3)	NS	133	76.5% (67.7 - 83.5)	3,265	79.4% (77.5 - 81.3)	NS	No	
Had a tetanus vaccination since 2005																	
2011																	
2012																	
2013	532	56.3% (50.4 - 61.9)	14,650	60.2% (58.9 - 61.5)	NS	222	58.8% (49.3 - 67.7)	6,015	63.1% (61.1 - 65.0)	NS	310	53.9% (46.7 - 60.9)	8,635	57.4% (55.6 - 59.1)	NS	No	
2014																	
2015																	
2016	577	64.4% (59.5 - 69.0)	13,574	64.2% (62.9 - 65.4)	NS	270	68.2% (60.9 - 74.6)	5,939	67.5% (65.5 - 69.3)	NS	307	60.7% (53.9 - 67.1)	7,635	60.9% (59.2 - 62.7)	NS	No	
2017																	
2018																	
2019	559	72.7% (68.1 - 76.8)	13,401	75.4% (74.4 - 76.4)	NS	256	76.9% (70.3 - 82.4)	6,120	75.7% (74.2 - 77.2)	NS	303	68.4% (62.0 - 74.3)	7,281	75.1% (73.7 - 76.5)	NS	No	
Ever had a shingles vaccination, aged 50 years and older																	
2011																	
2012																	
2013																	
2014	611	32.9% (28.9 - 37.1)	14,246	27.9% (26.9 - 28.9)	NS	253	34.7% (28.5 - 41.4)	5,892	25.7% (24.2 - 27.3)	+	358	31.3% (26.4 - 36.6)	8,354	29.8% (28.4 - 31.3)	NS	No	
2015																	
2016																	
2017	389	35.2% (30.3 - 40.4)	8,982	35.2% (33.8 - 36.7)	NS	184	35.9% (29.0 - 43.4)	3,839	32.5% (30.4 - 34.7)	NS	205	34.6% (28.0 - 41.9)	5,140	37.6% (35.7 - 39.6)	NS	No	
2018																	
2019																	

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	South Heartland			State of NE		Sig ^d	South Heartland			State of NE		Sig ^d	South Heartland				State of NE		Sig ^d			
	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b		95% C.I. ^c (Low - High)		
Ever been tested for HIV, 18-64 year olds (excluding blood donation)																						
2011	485	25.1%	(20.7 - 30.0)	15,561	30.8%	(29.7 - 31.8)	NS	198	21.2%	(15.3 - 28.7)	6,612	28.4%	(27.0 - 29.9)	NS	287	28.6%	(22.6 - 35.4)	8,949	33.1%	(31.7 - 34.6)	NS	No
2012	338	27.3%	(21.6 - 33.7)	11,879	30.9%	(29.8 - 32.1)	NS	142	23.4%	(16.0 - 32.8)	5,254	27.9%	(26.3 - 29.5)	NS	196	31.2%	(23.3 - 40.3)	6,625	34.0%	(32.4 - 35.7)	NS	No
2013	346	24.5%	(19.2 - 30.8)	10,049	31.8%	(30.3 - 33.3)	NS	149	20.1%	(13.1 - 29.7)	4,304	29.1%	(27.0 - 31.3)	NS	197	28.8%	(21.4 - 37.5)	5,745	34.4%	(32.5 - 36.4)	NS	No
2014	559	26.6%	(22.4 - 31.2)	13,474	30.9%	(29.6 - 32.2)	NS	255	24.4%	(18.9 - 30.8)	6,042	28.6%	(26.8 - 30.5)	NS	304	28.8%	(22.9 - 35.5)	7,432	33.2%	(31.4 - 35.0)	NS	No
2015	388	27.3%	(22.1 - 33.1)	10,152	32.0%	(30.6 - 33.5)	NS	178	26.8%	(19.8 - 35.1)	4,604	29.2%	(27.2 - 31.4)	NS	210	27.8%	(20.6 - 36.3)	5,548	34.9%	(32.9 - 36.9)	NS	No
2016	387	28.3%	(23.4 - 33.7)	9,145	31.9%	(30.4 - 33.5)	NS	185	29.1%	(22.2 - 37.0)	4,263	28.5%	(26.4 - 30.7)	NS	202	27.5%	(21.0 - 35.2)	4,882	35.4%	(33.2 - 37.6)	NS	No
2017	343	24.5%	(19.7 - 30.0)	8,825	31.9%	(30.4 - 33.4)	-	175	23.6%	(17.4 - 31.1)	4,176	29.0%	(26.9 - 31.2)	NS	168	25.5%	(18.6 - 34.0)	4,647	34.8%	(32.7 - 37.0)	NS	No
2018	332	23.0%	(18.2 - 28.5)	8,371	30.0%	(28.6 - 31.5)	-	144	19.2%	(12.9 - 27.5)	3,919	27.1%	(25.1 - 29.2)	NS	188	26.9%	(20.3 - 34.7)	4,446	33.0%	(31.0 - 35.0)	NS	No
2019	342	33.1%	(27.6 - 39.0)	8,515	37.1%	(35.7 - 38.5)	NS	162	32.7%	(25.1 - 41.4)	4,101	33.9%	(31.9 - 35.9)	NS	180	33.4%	(26.1 - 41.6)	4,414	40.4%	(38.3 - 42.4)	NS	No
Oral Health																						
Visited a dentist or dental clinic for any reason in past year [^]																						
2011																						
2012	601	67.9%	(62.4 - 72.9)	19,052	67.6%	(66.6 - 68.5)	NS	236	68.7%	(60.6 - 75.9)	7,827	64.2%	(62.7 - 65.6)	NS	365	67.0%	(59.4 - 73.8)	11,225	70.9%	(69.6 - 72.1)	NS	No
2013																						
2014	935	61.6%	(57.8 - 65.2)	22,258	66.4%	(65.4 - 67.4)	-	413	59.8%	(54.2 - 65.2)	9,544	63.2%	(61.7 - 64.8)	NS	522	63.2%	(58.0 - 68.2)	12,714	69.5%	(68.1 - 70.8)	NS	No
2015																						
2016	649	64.7%	(60.1 - 69.0)	15,089	68.7%	(67.5 - 69.9)	NS	301	57.5%	(50.8 - 64.0)	6,597	65.9%	(64.1 - 67.7)	-	348	71.9%	(65.9 - 77.2)	8,492	71.4%	(69.8 - 73.0)	NS	Yes
2017																						
2018	598	63.0%	(58.1 - 67.6)	14,537	67.7%	(66.5 - 68.9)	NS	245	61.3%	(53.9 - 68.1)	6,514	63.6%	(61.8 - 65.3)	NS	353	64.7%	(58.1 - 70.7)	8,009	71.8%	(70.3 - 73.4)	NS	No
2019																						
Had any permanent teeth extracted due to tooth decay or gum disease																						
2011																						
2012	597	42.2%	(37.1 - 47.5)	18,824	39.8%	(38.8 - 40.8)	NS	234	40.8%	(33.2 - 48.9)	7,750	39.2%	(37.7 - 40.6)	NS	363	43.6%	(36.9 - 50.6)	11,074	40.4%	(39.1 - 41.7)	NS	No
2013																						
2014	929	44.9%	(41.2 - 48.7)	22,085	39.1%	(38.1 - 40.1)	+	412	49.2%	(43.6 - 54.8)	9,490	39.4%	(37.9 - 40.9)	+	517	40.6%	(35.8 - 45.6)	12,595	38.9%	(37.5 - 40.2)	NS	No
2015																						
2016	642	44.8%	(40.3 - 49.3)	14,988	38.2%	(37.0 - 39.4)	+	300	47.3%	(40.8 - 53.9)	6,559	37.6%	(35.8 - 39.3)	+	342	42.2%	(36.2 - 48.5)	8,429	38.9%	(37.3 - 40.5)	NS	No
2017																						
2018	596	41.1%	(36.6 - 45.7)	14,414	37.8%	(36.7 - 39.0)	NS	246	39.3%	(32.7 - 46.4)	6,465	38.0%	(36.3 - 39.7)	NS	350	42.8%	(36.9 - 48.9)	7,935	37.7%	(36.1 - 39.2)	NS	No
2019																						
Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds [^]																						
2011																						
2012	223	42.5%	(35.2 - 50.2)	7,138	47.7%	(46.1 - 49.3)	NS	93	39.7%*	(28.7 - 51.8)	3,077	48.7%	(46.3 - 51.1)	NS	130	45.2%	(35.7 - 55.0)	4,061	46.7%	(44.6 - 48.8)	NS	No
2013																						
2014	344	49.7%	(43.9 - 55.5)	8,200	45.9%	(44.3 - 47.5)	NS	150	56.5%	(47.7 - 64.9)	3,631	47.5%	(45.1 - 50.0)	NS	194	43.4%	(35.9 - 51.1)	4,569	44.3%	(42.1 - 46.5)	NS	No
2015																						
2016	222	48.8%	(41.5 - 56.2)	5,356	45.1%	(43.1 - 47.1)	NS	106	54.0%*	(43.3 - 64.4)	2,446	46.4%	(43.5 - 49.3)	NS	116	43.1%*	(33.6 - 53.1)	2,910	43.8%	(41.2 - 46.5)	NS	No
2017																						
2018	192	41.9%	(34.3 - 49.9)	4,778	44.8%	(42.8 - 46.8)	NS	75	43.8%*	(32.3 - 55.9)	2,183	45.7%	(42.7 - 48.7)	NS	117	40.4%*	(30.6 - 51.0)	2,592	43.8%	(41.1 - 46.6)	NS	No
2019																						
Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older																						
2011																						
2012	254	15.2%	(10.4 - 21.8)	6,502	13.4%	(12.3 - 14.5)	NS	89	13.5%*	(6.6 - 25.4)	2,313	12.0%	(10.3 - 13.9)	NS	165	16.8%	(10.9 - 25.1)	4,189	14.4%	(13.0 - 16.0)	NS	No
2013																						
2014	325	15.3%	(11.5 - 20.0)	7,657	14.1%	(13.0 - 15.2)	NS	136	9.5%	(5.4 - 16.1)	3,010	14.4%	(12.8 - 16.3)	NS	189	20.5%	(14.9 - 27.6)	4,647	13.8%	(12.5 - 15.2)	NS	No
2015																						
2016	229	14.9%	(10.2 - 21.2)	5,179	13.2%	(11.9 - 14.6)	NS	104	15.9%*	(8.9 - 26.8)	1,993	10.6%	(9.0 - 12.5)	NS	125	13.8%	(8.6 - 21.5)	3,186	15.3%	(13.5 - 17.3)	NS	No
2017																						
2018	237	14.4%	(9.7 - 21.0)	5,274	12.3%	(11.1 - 13.6)	NS	93	19.6%*	(11.6 - 31.1)	2,202	11.4%	(9.7 - 13.3)	NS	144	9.1%	(5.2 - 15.5)	3,070	13.1%	(11.4 - 14.9)	NS	No
2019																						

Indicators	Overall					Men					Women					LHD Gender Diff. ^e								
	South Heartland		State of NE			South Heartland		State of NE			South Heartland		State of NE											
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d									
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds ^a																								
2011																								
2012	108	14.0%*	(7.3 - 25.3)	3,149	11.3%	(9.9 - 12.8)	NS	**	**	**	**	1,268	9.3%	(7.5 - 11.4)		65	11.5%*	(5.4 - 22.7)	1,881	13.1%	(11.1 - 15.3)	NS		
2013																								
2014	184	12.4%	(8.0 - 18.8)	4,089	10.9%	(9.6 - 12.3)	NS	86	7.3%*	(3.3 - 15.3)		1,804	12.0%	(9.9 - 14.4)	NS	98	17.7%*	(10.5 - 28.3)	2,285	9.8%	(8.3 - 11.7)	NS	No	
2015																								
2016	129	12.2%	(7.4 - 19.4)	2,815	10.4%	(9.0 - 12.0)	NS	64	8.2%*	(3.4 - 18.4)		1,168	8.8%	(6.9 - 11.2)	NS	65	16.6%*	(9.0 - 28.7)	1,647	11.8%	(9.9 - 14.1)	NS	No	
2017																								
2018	126	11.2%*	(6.0 - 19.9)	2,948	9.3%	(7.9 - 10.8)	NS	57	15.7%*	(7.5 - 30.1)		1,319	9.2%	(7.4 - 11.4)	NS	69	6.0%*	(2.2 - 15.5)	1,629	9.3%	(7.5 - 11.5)	NS	No	
2019																								
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	589	63.4%	(58.5 - 67.9)	13,764	67.4%	(66.1 - 68.6)	NS	267	57.1%	(49.9 - 64.0)		6,092	63.9%	(62.0 - 65.8)	NS	322	69.2%	(62.9 - 74.9)	7,672	70.8%	(69.1 - 72.5)	NS	No	
2017																								
2018	550	60.5%	(55.4 - 65.4)	13,356	65.8%	(64.6 - 67.0)	NS	222	58.4%	(50.6 - 65.8)		6,015	61.2%	(59.3 - 63.0)	NS	328	62.6%	(55.9 - 68.8)	7,328	70.3%	(68.7 - 72.0)	NS	No	
2019																								
Visited hospital ER for tooth pain or dental problem in past year (excluding injury or trauma)																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016																								
2017																								
2018																								
2019	586	3.1%	(1.8 - 5.3)	13,815	4.3%	(3.8 - 4.8)	NS	270	2.3%*	(1.1 - 4.5)		6,199	4.6%	(3.9 - 5.4)	NS	316	4.0%*	(1.9 - 8.2)	7,616	3.9%	(3.3 - 4.7)	NS	No	
Eye Care Access and Utilization																								
No health insurance coverage for eye care, aged 40 years and older																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	109	50.8%*	(39.4 - 62.2)	2,824	42.1%	(39.4 - 44.8)	NS	51	56.4%*	(39.9 - 71.6)		1,204	42.5%	(38.4 - 46.8)	NS	58	45.9%*	(30.8 - 61.8)	1,620	41.6%	(38.2 - 45.2)	NS	No	
2017	441	49.1%	(43.9 - 54.3)	10,237	44.2%	(42.8 - 45.7)	NS	218	47.6%	(40.4 - 54.9)		4,471	44.9%	(42.7 - 47.1)	NS	223	50.4%	(43.1 - 57.8)	5,763	43.6%	(41.6 - 45.5)	NS	No	
2018	429	53.0%	(47.5 - 58.5)	9,986	43.5%	(42.1 - 44.9)	+	170	51.2%	(42.9 - 59.4)		4,326	42.9%	(40.8 - 45.1)	NS	259	54.8%	(47.3 - 62.0)	5,656	44.0%	(42.1 - 45.9)	+	No	
2019																								
Had eye exam by doctor or eye care provider in past year, aged 40 years and older																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	111	66.1%*	(54.9 - 75.7)	2,863	61.4%	(58.6 - 64.1)	NS	51	65.5%*	(49.3 - 78.7)		1,220	58.2%	(53.9 - 62.4)	NS	60	66.6%*	(50.6 - 79.5)	1,643	64.2%	(60.6 - 67.7)	NS	No	
2017	448	60.7%	(55.5 - 65.6)	10,380	61.8%	(60.4 - 63.3)	NS	221	56.3%	(49.0 - 63.4)		4,532	58.1%	(55.9 - 60.3)	NS	227	64.8%	(57.4 - 71.5)	5,845	65.3%	(63.3 - 67.2)	NS	No	
2018	437	62.4%	(56.9 - 67.6)	10,126	62.2%	(60.8 - 63.6)	NS	171	62.8%	(54.3 - 70.6)		4,389	59.7%	(57.5 - 61.8)	NS	266	62.1%	(54.8 - 68.9)	5,733	64.5%	(62.6 - 66.4)	NS	No	
2019																								

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	South Heartland			State of NE			South Heartland			State of NE			South Heartland			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Social Context																						
Housing insecurity in past year, among those who own or rent their home ^A																						
2011																						
2012	264	26.7%	(19.8 - 34.9)	6,089	26.6%	(25.0 - 28.3)	NS	99	26.2%*	(16.4 - 39.1)	2,481	24.7%	(22.3 - 27.3)	NS	165	27.1%*	(18.2 - 38.4)	3,608	28.5%	(26.3 - 30.8)	NS	No
2013	261	26.1%	(20.1 - 33.2)	7,324	28.8%	(27.1 - 30.5)	NS	111	25.3%*	(16.5 - 36.7)	2,961	25.0%	(22.5 - 27.7)	NS	150	26.9%	(19.3 - 36.1)	4,363	32.3%	(30.0 - 34.7)	NS	No
2014																						
2015	301	23.7%	(17.7 - 30.9)	7,461	28.5%	(26.8 - 30.2)	NS	120	22.6%*	(14.1 - 34.2)	3,109	26.6%	(24.2 - 29.2)	NS	181	24.7%	(17.0 - 34.5)	4,352	30.3%	(28.1 - 32.5)	NS	No
2016																						
2017																						
2018																						
2019																						
Food insecurity in past year ^A																						
2011																						
2012	297	18.6%	(12.9 - 26.2)	6,621	17.6%	(16.2 - 19.0)	NS	111	12.8%*	(6.2 - 24.6)	2,684	13.9%	(12.1 - 16.0)	NS	186	23.8%*	(15.6 - 34.5)	3,937	21.1%	(19.1 - 23.2)	NS	No
2013	276	16.2%	(11.5 - 22.5)	7,828	19.0%	(17.6 - 20.6)	NS	119	11.0%*	(5.4 - 21.1)	3,159	15.4%	(13.4 - 17.7)	NS	157	21.5%	(14.7 - 30.3)	4,669	22.5%	(20.5 - 24.6)	NS	No
2014																						
2015	321	16.5%	(11.6 - 23.0)	7,918	21.0%	(19.5 - 22.5)	NS	130	15.9%*	(8.7 - 27.3)	3,309	17.9%	(15.8 - 20.2)	NS	191	17.1%	(11.3 - 25.0)	4,609	24.0%	(22.1 - 26.1)	NS	No
2016																						
2017																						
2018																						
2019																						
Caregiving																						
Provided regular care/assistance in past month to friend or family member with health issue																						
2011																						
2012																						
2013																						
2014																						
2015	309	27.0%	(21.0 - 33.9)	7,883	24.7%	(23.2 - 26.2)	NS	144	20.0%	(13.1 - 29.2)	3,434	21.1%	(19.1 - 23.4)	NS	165	33.1%*	(24.4 - 43.1)	4,449	28.0%	(25.9 - 30.2)	NS	No
2016																						
2017																						
2018																						
2019																						
Cognitive Decline																						
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																						
2011																						
2012																						
2013																						
2014																						
2015	225	10.5%	(6.7 - 16.1)	5,767	9.4%	(8.4 - 10.5)	NS	108	7.2%*	(3.5 - 14.4)	2,436	10.2%	(8.7 - 12.0)	NS	117	13.7%	(7.9 - 22.8)	3,331	8.6%	(7.3 - 10.2)	NS	No
2016																						
2017																						
2018																						
2019	233	6.0%	(3.6 - 9.8)	5,060	9.6%	(8.5 - 10.7)	NS	104	5.3%*	(2.3 - 11.7)	2,169	9.3%	(7.9 - 10.9)	NS	129	6.7%*	(3.5 - 12.2)	2,891	9.8%	(8.4 - 11.4)	NS	No
Inadequate Sleep																						
Get less than 7 hours of sleep per day																						
2011																						
2012																						
2013	618	29.6%	(24.7 - 35.0)	16,972	31.8%	(30.6 - 33.0)	NS	269	35.1%	(27.2 - 43.9)	6,927	32.6%	(30.8 - 34.4)	NS	349	24.1%	(18.9 - 30.3)	10,045	31.0%	(29.5 - 32.6)	NS	No
2014	932	29.6%	(26.0 - 33.3)	22,172	30.0%	(29.0 - 31.0)	NS	412	29.2%	(24.2 - 34.8)	9,527	30.7%	(29.2 - 32.2)	NS	520	29.9%	(25.1 - 35.2)	12,645	29.4%	(28.1 - 30.7)	NS	No
2015																						
2016	649	28.0%	(24.2 - 32.2)	15,097	29.6%	(28.4 - 30.8)	NS	301	28.1%	(22.8 - 34.2)	6,610	29.7%	(27.9 - 31.5)	NS	348	28.0%	(22.7 - 33.9)	8,487	29.5%	(27.9 - 31.2)	NS	No
2017																						
2018	596	30.5%	(26.2 - 35.1)	14,535	31.6%	(30.4 - 32.8)	NS	245	27.7%	(21.7 - 34.6)	6,516	32.3%	(30.6 - 34.1)	NS	351	33.3%	(27.5 - 39.6)	8,006	30.9%	(29.3 - 32.5)	NS	No
2019																						

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	South Heartland			State of NE		Sig ^d	South Heartland			State of NE		Sig ^d	South Heartland				State of NE		Sig ^d			
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)				
Average hours of sleep per day																						
2011																						
2012																						
2013	618	7.2	(7.1 - 7.4)	16,972	7.1	(7.0 - 7.1)	NS	269	7.1	(6.9 - 7.3)	6,927	7.0	(7.0 - 7.1)	NS	349	7.3	(7.1 - 7.5)	10,045	7.1	(7.0 - 7.1)	NS	No
2014	932	7.1	(7.0 - 7.2)	22,172	7.1	(7.0 - 7.1)	NS	412	7.1	(7.0 - 7.3)	9,527	7.0	(7.0 - 7.1)	NS	520	7.1	(7.0 - 7.3)	12,645	7.1	(7.1 - 7.1)	NS	No
2015																						
2016	649	7.1	(7.0 - 7.2)	15,097	7.1	(7.1 - 7.1)	NS	301	7.2	(7.0 - 7.4)	6,610	7.1	(7.0 - 7.2)	NS	348	7.0	(6.9 - 7.2)	8,487	7.1	(7.1 - 7.2)	NS	No
2017																						
2018	596	7.0	(6.9 - 7.1)	14,535	7.1	(7.0 - 7.1)	NS	245	7.0	(6.9 - 7.2)	6,516	7.0	(7.0 - 7.1)	NS	351	7.0	(6.8 - 7.2)	8,006	7.1	(7.0 - 7.1)	NS	No
2019																						
Occupational Safety and Health																						
Work-related injury or illness in past year, among employed or recently out of work																						
2011																						
2012																						
2013	182	7.2%*	(3.7 - 13.5)	4,952	4.8%	(3.9 - 5.8)	NS	77	11.8%*	(5.6 - 23.4)	2,246	6.1%	(4.8 - 7.7)	NS	105	2.3%*	(0.6 - 8.1)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	281	5.8%*	(3.1 - 10.7)	6,966	4.9%	(4.1 - 5.9)	NS	149	6.6%*	(3.0 - 14.0)	3,403	5.4%	(4.4 - 6.7)	NS	132	4.7%*	(1.6 - 13.0)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	215	7.6%*	(3.5 - 16.0)	5,434	5.7%	(4.7 - 6.8)	NS	114	14.8%*	(6.8 - 29.4)	2,727	7.1%	(5.6 - 9.0)	NS	101	0.3%*	(0.0 - 2.3)	2,707	3.9%	(2.9 - 5.3)	-	Yes
2016	89	2.0%*	(0.4 - 9.5)	2,213	4.3%	(3.2 - 5.8)	NS	**	**	**	1,091	5.5%	(3.8 - 7.9)	NS	**	**	**	1,122	3.0%	(1.8 - 4.8)		
2017	204	2.7%*	(1.3 - 5.7)	4,448	4.8%	(3.9 - 5.9)	NS	118	3.3%*	(1.3 - 7.9)	2,326	5.7%	(4.4 - 7.5)	NS	86	1.8%*	(0.4 - 6.9)	2,122	3.5%	(2.5 - 5.0)	NS	No
2018																						
2019																						
Health Literacy																						
Very easy to get needed advice or information about health or medical topics																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	558	73.7%	(68.9 - 78.0)	13,023	73.6%	(72.3 - 74.8)	NS	251	68.9%	(61.1 - 75.7)	5,525	71.0%	(69.0 - 72.9)	NS	307	78.1%	(72.3 - 83.0)	7,498	75.9%	(74.3 - 77.5)	NS	No
2017	510	71.1%	(66.3 - 75.5)	12,368	74.7%	(73.4 - 75.9)	NS	252	65.9%	(58.6 - 72.5)	5,429	73.2%	(71.3 - 74.9)	NS	258	76.0%	(69.5 - 81.4)	6,935	76.0%	(74.4 - 77.6)	NS	No
2018	493	74.0%	(69.0 - 78.4)	12,041	75.3%	(74.1 - 76.5)	NS	193	71.8%	(63.7 - 78.8)	5,208	73.1%	(71.2 - 74.8)	NS	300	76.0%	(69.8 - 81.3)	6,826	77.3%	(75.7 - 78.8)	NS	No
2019	518	70.2%	(65.4 - 74.5)	12,373	71.5%	(70.3 - 72.6)	NS	231	73.4%	(66.7 - 79.2)	5,404	68.9%	(67.2 - 70.7)	NS	287	67.2%	(60.4 - 73.4)	6,969	73.7%	(72.2 - 75.3)	NS	No
Very easy to understand information that medical professions tell you																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	603	57.1%	(52.3 - 61.7)	14,129	59.1%	(57.8 - 60.4)	NS	279	50.6%	(43.7 - 57.4)	6,127	55.8%	(53.8 - 57.8)	NS	324	63.5%	(57.0 - 69.6)	8,002	62.2%	(60.5 - 64.0)	NS	No
2017	551	53.4%	(48.5 - 58.3)	13,583	59.6%	(58.2 - 60.8)	NS	271	51.9%	(44.9 - 58.8)	6,099	56.4%	(54.5 - 58.3)	NS	280	54.8%	(47.9 - 61.6)	7,479	62.6%	(60.8 - 64.3)	NS	No
2018	560	56.8%	(51.8 - 61.7)	13,319	61.2%	(60.0 - 62.5)	NS	228	50.5%	(43.1 - 57.9)	5,923	57.8%	(55.9 - 59.6)	NS	332	63.1%	(56.5 - 69.2)	7,387	64.6%	(62.9 - 66.2)	NS	No
2019	584	53.0%	(48.2 - 57.7)	13,778	58.8%	(57.6 - 60.0)	NS	269	49.3%	(42.3 - 56.2)	6,167	54.1%	(52.4 - 55.9)	NS	315	56.7%	(50.1 - 63.1)	7,611	63.2%	(61.6 - 64.8)	NS	No
Very easy to understand written health information																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	546	51.2%	(46.1 - 56.3)	12,945	59.7%	(58.3 - 61.0)	-	249	43.4%	(36.3 - 50.7)	5,491	55.1%	(53.0 - 57.2)	-	297	58.6%	(51.5 - 65.4)	7,454	63.9%	(62.1 - 65.7)	NS	Yes
2017	493	53.5%	(48.3 - 58.6)	12,370	59.6%	(58.3 - 61.0)	NS	232	48.6%	(41.1 - 56.1)	5,422	55.0%	(53.0 - 57.0)	NS	261	57.8%	(50.7 - 64.6)	6,944	63.9%	(62.1 - 65.7)	NS	No
2018	484	60.3%	(54.9 - 65.4)	11,984	62.7%	(61.4 - 64.0)	NS	188	49.4%	(41.4 - 57.6)	5,174	58.7%	(56.7 - 60.7)	NS	296	69.7%	(63.0 - 75.7)	6,804	66.4%	(64.7 - 68.1)	NS	Yes
2019	514	54.9%	(49.8 - 60.0)	12,338	60.9%	(59.6 - 62.1)	NS	224	49.8%	(42.1 - 57.5)	5,376	55.7%	(53.8 - 57.6)	NS	290	59.7%	(52.9 - 66.2)	6,962	65.6%	(63.9 - 67.2)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e	
	South Heartland			State of NE			South Heartland			State of NE			South Heartland			State of NE				
	mean n ^a	95% C.I. ^c or % ^b	(Low - High)	mean n ^a	95% C.I. ^c or % ^b	(Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b	(Low - High)	mean n ^a	95% C.I. ^c or % ^b	(Low - High)	Sig ^d	mean n ^a	95% C.I. ^c or % ^b	(Low - High)	mean n ^a		95% C.I. ^c or % ^b

Note: South Heartland District Health Department includes the four county LHD region of Adams, Clay, Nuckolls, and Webster Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due to differences in the software used, how the statistical analysis code was written, or suppression rules; these results were analyzed using SAS and SAS-callable SUDAAN software

^a Non-weighted sample size among adults 18 and older (unless different age group noted)

^b Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

^c Low and High are the lower and upper limits of the 95% confidence interval, respectively

^d Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

^e Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; Note: small sample size for males or females can make interpreting significance difficult due to large confidence intervals

[^] Reflects a Nebraska Healthy People 2020 (HP2020) measure

* Unstable estimate, use data with caution; relative standard error $\geq 30\%$ or confidence interval half-width ≥ 10.0

** Data suppressed due to sample size < 50 respondents

[#] Data are not comparable to earlier years due to changes in question wording

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); December 2020

