

Resources:

Access to Care:

Evidence Based Practices:

- CHRR: Policies & Programs that can Improve Health, filtered by Access to Care: http://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies?f%5B0%5D=field_program_health_factors%3A12068&items_per_page=50
- HP2020 Access to Health Services evidence-based resources: <https://www.healthypeople.gov/2020/topics-objectives/topic/Access-to-Health-Services/ebrs>
- HP2020 Access to Health Services Objectives: <https://www.healthypeople.gov/2020/topics-objectives/topic/Access-to-Health-Services/objectives>
- HP202 Access to Health Services Goals: <https://www.healthypeople.gov/2020/topics-objectives/topic/Access-to-Health-Services>
- The Community Guide- What Works: <https://www.thecommunityguide.org/sites/default/files/assets/What-Works-Health-Communication-Health-Information-Technology.pdf>
- CDC: Improving access to children's mental healthcare: <https://www.cdc.gov/childrensmentalhealth/access.html>
- Milbank Memorial Fund: *Behavioral Health Integration in Pediatric Primary Care: Considerations and Opportunities for Policymakers, Planners, and Providers*, March 15, 2017 | Elizabeth Tobin Tyler, JD, MA, Rachel L. Hulkower, JD, MSPH, and Jennifer W. Kaminski, PhD. <https://www.milbank.org/publications/behavioral-health-integration-in-pediatric-primary-care-considerations-and-opportunities-for-policymakers-planners-and-providers/>
- Behavioral Health Integration in Pediatric Primary Care: Considerations and Opportunities for Policymakers, Planners, and Providers: https://www.milbank.org/wp-content/uploads/2017/03/MMF_BHI_Executive-Summary-FINAL.pdf
- Behavioral Health Integration in Pediatric Primary Care: by Elizabeth Tobin Tyler, JD, MA, Rachel L. Hulkower, JD, MSPH, and Jennifer W. Kaminski, PhD A Milbank-Supported Considerations and Opportunities for Policymakers, Planners, and Providers- Report: https://www.milbank.org/wp-content/uploads/2017/03/MMF_BHI_REPORT_FINAL.pdf
- Milbank Memorial Fund: Behavioral Health Integration and Workforce Development: <https://www.milbank.org/wp-content/uploads/2018/05/Milbank-Memorial-Fund-issue-brief-BHI-workforce-development-FINAL.pdf>
- CDC Prevention Checklist- <https://www.cdc.gov/prevention/index.html>
- Providing Access to Mental Health Services for Children in Rural Areas: <https://www.cdc.gov/ruralhealth/child-health/images/Mental-Health-Services-for-Children-Policy-Brief-H.pdf>
- Access to Health Care, CDC Vital Signs: <https://www.cdc.gov/vitalsigns/healthcareaccess/index.html>

National, State, Regional Plans:

- HP2020 Access to Health Services Objectives (baseline and target indicators): <https://www.healthypeople.gov/2020/topics-objectives/topic/Access-to-Health-Services/objectives>
- NE DHHS Division of Behavioral Health Strategic Plan: <http://dhhs.ne.gov/Reports/Behavioral%20Health%20Strategic%20Plan%202017-2020.pdf>

- Nebraska State Health Improvement Plan (SHIP): <http://dhhs.ne.gov/publichealth/Documents/SHIP%20Plan%20-%202017-2021.pdf>

Data:

- HP2020 Access to Health Services Snapshots: <https://www.healthypeople.gov/2020/topics-objectives/topic/Access-to-Health-Services/national-snapshot>
- Health Insurance and Access to Care- CDC: https://www.cdc.gov/nchs/data/factsheets/factsheet_health_insurance_and_access_to_care.pdf
- Disability and Access to Health Care- CDC: <https://www.cdc.gov/features/disabilities-health-care-access/index.html>
- Health Care Systems and Substance use Disorders: <https://addiction.surgeongeneral.gov/executive-summary/report/health-care-systems-and-substance-use-disorders>
- Nebraska Minority Disparities Chart book: <http://dhhs.ne.gov/Reports/Minority%20Disparities%20Chart%20Book%20-%202016.pdf>
- Access to Health Care- Data are for the U.S.: <https://www.cdc.gov/nchs/fastats/access-to-health-care.htm>
- Coverage and Access Data- CDC: https://www.cdc.gov/nchs/health_policy/coverage_and_access.htm
- SHDHD Community Health Assessment Data Fact Sheets: www.southheartlandhealth.org

Mental Health:

Evidence Based Practices:

- Community Preventive Services Task Force Findings-Mental Health: https://www.thecommunityguide.org/task-force-findings?field_topic_tid_selective=7614&field_recommendation_tid_selective=All&field_published_date_value%5Bmin%5D%5Byear%5D=1998&field_published_date_value%5Bmax%5D%5Byear%5D=2018
- U.S Preventive Services: <https://www.uspreventiveservicestaskforce.org/Search>
- HP2020 Mental Health evidence-based resources: https://www.healthypeople.gov/2020/tools-resources/Evidence-Based-Resources?f%5B%5D=field_ebr_topic_area%3A3498&ci=0&se=0&pop=
- HP2020 Mental Health Objectives: <https://www.healthypeople.gov/2020/topics-objectives/topic/mental-health-and-mental-disorders/objectives>
- HP2020 Mental Health Goals: <https://www.healthypeople.gov/2020/topics-objectives/topic/mental-health-and-mental-disorders>
- Screening for Depression in Adults: <https://jamanetwork.com/journals/jama/fullarticle/2484345>
- Primary Care Interventions to Prevent Child Maltreatment: U.S. Preventive Services Task Force Recommendation Statement: <http://annals.org/aim/fullarticle/1696071/primary-care-interventions-prevent-child-maltreatment-u-s-preventive-services>
- Screening for Depression in Children and Adolescents: <https://www.ncbi.nlm.nih.gov/pubmed/26908686>
- Screening for Intimate Partner Violence and Abuse of Elderly and Vulnerable Adults: U.S. Preventive Services Task Force: <http://annals.org/aim/fullarticle/1558517/screening-intimate-partner-violence-abuse-elderly-vulnerable-adults-u-s>

National, State, Regional Plans:

- HP2020 Mental Health Objectives (baseline and target indicators): <https://www.healthypeople.gov/2020/topics-objectives/topic/mental-health-and-mental-disorders/objectives>
- NE DHHS Division of Behavioral Health Strategic Plan: <http://dhhs.ne.gov/Reports/Behavioral%20Health%20Strategic%20Plan%202017-2020.pdf>
- Nebraska State Health Improvement Plan (SHIP): <http://dhhs.ne.gov/publichealth/Documents/SHIP%20Plan%20-%202017-2021.pdf>
- National Institute of Mental Health: <https://www.nimh.nih.gov/about/strategic-planning-reports/index.shtml>
- World Health Organization Strategic Plan for Mental Health: http://afrolib.afro.who.int/doc_num.php?explnum_id=7570

Data:

- CDC Community Health Online Resources Center- Substance Misuse: https://nccd.cdc.gov/DCH_CHORC/#
- Health Care Systems and Substance use Disorders: <https://addiction.surgeongeneral.gov/executive-summary/report/health-care-systems-and-substance-use-disorders>
- Mental Health Information: <https://www.nimh.nih.gov/health/index.shtml>
- Mental Health Information from Mental Health America: <http://www.mentalhealthamerica.net/mental-health-information>
- Mental Health Data from CDC: https://www.cdc.gov/mentalhealth/data_publications/index.htm
- Nebraska Region 3 Behavioral Health Services, Annual Report: http://www.region3.net/Portals/0/Annual%20Reports/Region%203_AR2017.pdf
- SHDHD Community Health Assessment Data Fact Sheets: www.southheartlandhealth.org

Substance Misuse:

Evidence Based Practices:

- Community Preventive Services Task Force Findings- Tobacco: https://www.thecommunityguide.org/task-force-findings?field_topic_tid_selective=7620&field_recommendation_tid_selective=All&field_published_date_value%5Bmin%5D%5Byear%5D=1998&field_published_date_value%5Bmax%5D%5Bar%5D=2018
- National Cancer Institute-Tobacco Control Intervention Programs: <https://rtips.cancer.gov/rtips/topicPrograms.do?topicId=102271&choice=default>
- U.S Preventive Services: <https://www.uspreventiveservicestaskforce.org/Search>
- CHRR: Policies & Programs that can Improve Health, filtered by Alcohol and Drug Use: http://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies?f%5B0%5D=field_program_health_factors%3A12056
- HP2020 Substance Misuse evidence-based resources: https://www.healthypeople.gov/2020/tools-resources/Evidence-Based-Resources?f%5B%5D=field_ebr_topic_area%3A3500&f%5B%5D=field_ebr_topic_area%3A3510&ci=0&se=0&pop=

- HP2020 Substance Misuse Objectives: <https://www.healthypeople.gov/2020/topics-objectives/topic/substance-abuse/objectives>
- HP2020 Substance Misuse Goals: <https://www.healthypeople.gov/2020/topics-objectives/topic/substance-abuse>
- HP2020 Substance Misuse Objectives: <https://www.healthypeople.gov/2020/topics-objectives/topic/tobacco-use/objectives>
- HP2020 Substance Misuse Goals: <https://www.healthypeople.gov/2020/topics-objectives/topic/tobacco-use>
- Treating Tobacco Use and Dependence- 2008 update: <https://www.ncbi.nlm.nih.gov/books/NBK63952/>
- Improving quality of care in substance abuse treatment using five key process improvement principles: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3495233/>

National, State, Regional Plans:

- HP2020 Substance Misuse Objectives (baseline and target indicators): <https://www.healthypeople.gov/2020/topics-objectives/topic/substance-abuse/objectives>
- HP2020 Tobacco Use Objectives (baseline and target indicators): <https://www.healthypeople.gov/2020/topics-objectives/topic/tobacco-use/objectives>
- Nebraska State Health Improvement Plan (SHIP): <http://dhhs.ne.gov/publichealth/Documents/SHIP%20Plan%20-%202017-2021.pdf>
- Nebraska Substance Abuse Prevention Strategic Plan: http://dhhs.ne.gov/Documents/NE_Sub_Abuse_Prev_Strat_Plan.pdf
- NE DHHS Division of Behavioral Health Strategic Plan: <http://dhhs.ne.gov/Reports/Behavioral%20Health%20Strategic%20Plan%202017-2020.pdf>

Data:

- CDC Community Health Online Resources Center- Substance Misuse: https://nccd.cdc.gov/DCH_CHORC/#
- Substance Abuse and Mental Health Services Administration: <https://www.samhsa.gov/data/>
- Person Who Injects Drugs: <https://www.cdc.gov/pwid/substance-treatment.html>
- Smoking and Tobacco Use- CDC: https://www.cdc.gov/tobacco/basic_information/index.htm?s_cid=osh-stu-home-nav-003
- Smoking and Tobacco Use Facts- CDC: https://www.cdc.gov/tobacco/data_statistics/fact_sheets/index.htm?s_cid=osh-stu-home-spotlight-001
- Behavior Health Useful Links: http://dhhs.ne.gov/behavioral_health/Pages/beh_mhsa.aspx
- Nebraska Region 3 Behavioral Health Services, Annual Report: http://www.region3.net/Portals/0/Annual%20Reports/Region%203_AR2017.pdf
- SHDHD Community Health Assessment Data Fact Sheets: www.southheartlandhealth.org

Obesity and Related Health Conditions:

Evidence Based Practices:

- Community Preventive Services Task Force Findings- Obesity:
https://www.thecommunityguide.org/task-force-findings?field_topic_tid_selective=7617&field_recommendation_tid_selective=All&field_published_date_value%5Bmin%5D%5Byear%5D=1998&field_published_date_value%5Bmax%5D%5Bar%5D=2018
- National Cancer Institute-Obesity Intervention Programs:
<https://rtips.cancer.gov/rtips/topicPrograms.do?topicId=1592287&choice=default>
- U.S Preventive Services: <https://www.uspreventiveservicestaskforce.org/Search>
- CHRR: Policies & Programs that can Improve Health, filtered by Diet and Exercise:
http://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies?f%5B0%5D=field_program_health_factors%3A12058
- HP2020 Obesity evidence-based resources: https://www.healthypeople.gov/2020/tools-resources/evidence-based-resources?f%5B%5D=field_ebr_topic_area%3A3516&f%5B%5D=field_ebr_topic_area%3A3502&f%5B%5D=field_ebr_topic_area%3A3504&pop=&ci=0&se=0
- HP2020 Obesity Objectives: <https://www.healthypeople.gov/2020/topics-objectives/topic/nutrition-and-weight-status/objectives>
- HP2020 Obesity Goals: <https://www.healthypeople.gov/2020/topics-objectives/topic/nutrition-and-weight-status>
- HP2020 Obesity Goals: <https://www.healthypeople.gov/2020/topics-objectives/topic/physical-activity>
- HP2020 Obesity Objectives: <https://www.healthypeople.gov/2020/topics-objectives/topic/physical-activity/objectives>
- HP2020 Obesity Goals: <https://www.healthypeople.gov/2020/topics-objectives/topic/diabetes>
- HP2020 Obesity Objectives: <https://www.healthypeople.gov/2020/topics-objectives/topic/diabetes/objectives>
- CDC Obesity Evidence Based Strategies:
<https://www.cdc.gov/obesity/strategies/community.html>

National, State, Regional Plans:

- HP2020 Nutrition (baseline and target indicators): <https://www.healthypeople.gov/2020/topics-objectives/topic/nutrition-and-weight-status/objectives>
- HP2020 Heart Disease and Stroke (baseline and target indicators):
<https://www.healthypeople.gov/2020/topics-objectives/topic/heart-disease-and-stroke/objectives>
- HP2020 Diabetes (baseline and target indicators): <https://www.healthypeople.gov/2020/topics-objectives/topic/diabetes/objectives>
- HP2020 Physical Activity (baseline and target indicators):
<https://www.healthypeople.gov/2020/topics-objectives/topic/physical-activity/objectives>

- Nebraska Physical Activity and Nutrition Plan: <http://dhhs.ne.gov/publichealth/Documents/StatePlanPresentation.pdf>
- Nebraska State Health Improvement Plan (SHIP): <http://dhhs.ne.gov/publichealth/Documents/SHIP%20Plan%20-%202017-2021.pdf>

Data:

- CDC Overweight and Obesity Data and Statistics: <https://www.cdc.gov/obesity/data/index.html>
- CDC Community Health Online Resources Center- Obesity: https://nccd.cdc.gov/DCH_CHORC/#
- At-A-Glance: A Fact Sheet for Professionals: <https://health.gov/paguidelines/factsheetprof.aspx>
- Blue Hill Comprehensive Plan: <https://static1.squarespace.com/static/59073fd915d5db2857ed5591/t/59235b3d5016e13293b005ad/1495489407112/Comprehensive+Plan.pdf>
- Hastings Comprehensive Plan: <https://www.cityofhastings.org/assets/site/coh/documents/doccentral/Comprehensive-Development-Plan1482166724.pdf>
- Superior Comprehensive Plan: <http://www.cityofsuperior.org/cityCodes/Comp%20Plan/2014SuperiorCompPlant.pdf>
- Screening for Obesity in Children and Adolescents: <https://jamanetwork.com/journals/jama/fullarticle/2632511>
- Behavioral Counseling to Promote a Healthful Diet and Physical Activity for Cardiovascular Disease Prevention in Adults Without Cardiovascular Risk Factors: <https://jamanetwork.com/journals/jama/fullarticle/2643315>
- Behavioral Weight Loss Interventions to Prevent Obesity-Related Morbidity and Mortality in Adults: <https://jamanetwork.com/journals/jama/fullarticle/2702878>
- Screening for Depression in Children and Adolescents: U.S. Preventive Services Task Force Recommendation Statement: <http://annals.org/aim/fullarticle/2490528>
- SHDHD Community Health Assessment Data Fact Sheets: www.southheartlandhealth.org

Cancer:

Evidence Based Practices:

- Community Preventive Services Task Force Findings- Cancer: https://www.thecommunityguide.org/task-force-findings?field_topic_tid_selective=7607&field_recommendation_tid_selective=All&field_published_date_value%5Bmin%5D%5Byear%5D=1998&field_published_date_value%5Bmax%5D%5Byear%5D=2018
- National Cancer Institute-Breast Cancer Intervention Programs: <https://rtips.cancer.gov/rtips/topicPrograms.do?topicId=102263&choice=default>
- National Cancer Institute-Cervical Cancer Intervention Programs: <https://rtips.cancer.gov/rtips/topicPrograms.do?topicId=102264&choice=default>
- National Cancer Institute-Colorectal Cancer Intervention Programs: <https://rtips.cancer.gov/rtips/topicPrograms.do?topicId=102265&choice=default>
- National Cancer Institute-Prostate Cancer Intervention Programs: <https://rtips.cancer.gov/rtips/topicPrograms.do?topicId=28360573&choice=default>
- U.S Preventive Services: <https://www.uspreventiveservicestaskforce.org/Search>
- HP2020 Cancer evidence-based resources: https://www.healthypeople.gov/2020/tools-resources/evidence-based-resources?f%5B%5D=field_ebr_topic_area%3A3513&ci=0&se=0&pop=

- HP2020 Cancer Objectives: <https://www.healthypeople.gov/2020/topics-objectives/topic/cancer/objectives>
- HP2020 Cancer Goals: <https://www.healthypeople.gov/2020/topics-objectives/topic/cancer>
- CDC Cancer Policy and Practices: https://www.cdc.gov/cancer/promoting_prevention.htm
- Medications for Risk Reduction of Primary Breast Cancer in Women: U.S. Preventive Services Task Force Recommendation Statement: <http://annals.org/aim/fullarticle/1740757/using-medications-decrease-risk-breast-cancer-women-recommendations-from-u>
- Screening for Breast Cancer: U.S. Preventive Services Task Force Recommendation Statement: <https://www.ncbi.nlm.nih.gov/pubmed/26757170>
- Screening for Cervical Cancer: <https://jamanetwork.com/journals/jama/fullarticle/2697704>
- Screening for Colorectal Cancer: <https://jamanetwork.com/journals/jama/fullarticle/2529486>
- Behavioral Counseling to Prevent Skin Cancer: <https://jamanetwork.com/journals/jama/fullarticle/2675556>
- Screening for Skin Cancer: <https://jamanetwork.com/journals/jama/fullarticle/2536638>
- The Breast Cancer Risk Assessment Tool- NIH: <https://bcrisktool.cancer.gov/>
- What Works Cervical Cancer: <https://www.thecommunityguide.org/resources/one-pager-multicomponent-interventions-increase-cancer-screening-cervical-cancer>
- What Works Breast Cancer: <https://www.thecommunityguide.org/resources/one-pager-multicomponent-interventions-increase-cancer-screening-breast-cancer>
- What Works Colon Cancer: <https://www.thecommunityguide.org/resources/one-pager-multicomponent-interventions-increase-cancer-screening-colorectal-cancer>

National, State, Regional Plans:

- HP2020 Cancer Objectives (baseline and target indicators): <https://www.healthypeople.gov/2020/topics-objectives/topic/cancer/objectives>
- National Cancer Institute Plan: <https://www.cancer.gov/about-nci/budget/plan/progress>
- Nebraska Cancer Plan: <http://dhhs.ne.gov/publichealth/Documents/Nebraska%20Cancer%20Coalition%20Plan%202017%20-%202022.pdf>

Data:

- State Cancer Profiles: <https://statecancerprofiles.cancer.gov/quick-profiles/index.php?statename=nebraska>
- Cancer Control Planet- Breast Cancer: https://cancercontrolplanet.cancer.gov/planet/breast_cancer.html
- Cancer Control Planet- Cervical Cancer: https://cancercontrolplanet.cancer.gov/planet/cervical_cancer.html
- Cancer Control Planet- Colorectal Cancer: https://cancercontrolplanet.cancer.gov/planet/colorectal_cancer.html
- Cancer Control Planet- Prostate: https://cancercontrolplanet.cancer.gov/planet/prostate_cancer.html
- CDC Community Health Online Resources Center- Cancer: https://nccd.cdc.gov/DCH_CHORC/#
- CDC Cancer Data and Statics: <https://www.cdc.gov/cancer/dcpc/data/index.htm>
- SHDHD Community Health Assessment Data Fact Sheets: www.southheartlandhealth.org