

South Heartland Annual Report 2011-2012



South Heartland's
Vision:

Healthy People
in
Healthy Communities

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Public Health
Core Functions

ASSESSMENT

POLICY
DEVELOPMENT

ASSURANCE

Essential Public
Health Services:

- (1) **Monitor Health Status and Understand Health Issues Facing the Community**
- (2) **Protect People from Health Problems and Health Hazards**
- (3) **Give People Information They Need to Make Healthy Choices**
- (4) **Engage the Community to Identify and Solve Health Problems**
- (5) **Develop Public Health Policies and Plans**
- (6) **Enforce Public Health Laws and Regulations**
- (7) **Help People Receive Health Services**
- (8) **Maintain a Competent Public Health Workforce**
- (9) **Evaluate and Improve Programs and Interventions**
- (10) **Contribute to and Apply the Evidence Base of Public Health**

Welcome from the Board President



Greetings! I would like to express my heartfelt appreciation to the many individuals and community partners who have given the gift of their time to SHDHD over the past year. The health department launched into a comprehensive community needs assessment in November 2011, using a framework called the MAPP process (**Mobilizing for Action through Planning and Partnerships**). Assessment is one of our core functions and, through assessment, we reach a better understanding of the health issues facing our communities. It also serves as the basis for our longer-term planning with the community and leads to the development of a Community Health Improvement Plan. Many of you are participating in some aspect of this process with us. Thank you for helping us as we strive to reach our vision of "Healthy People in Health Communities."

Peggy Meyer, LIMHP, Board President

FY 2010 At a Glance from the Executive Director



"Heroes are not giant statues framed against a red sky. They are people who say: This is my community, and it is my responsibility to make it better. Interweave all these communities and you really have an America that is back on its feet again. I really think we are gonna have to reassess what constitutes a 'hero'." ~ Studs Terkel

I like this quote from Studs Terkel. We have many individuals in our South Heartland communities who have done just that: claimed their communities and rolled up their sleeves to make them even better. In March 2011, South Heartland celebrated "10 Years and Counting", marking the anniversary of an agreement between Adams, Clay, Nuckolls and Webster counties to found this district health department. As part of that celebration, we recognized some of our local public health heroes who prepared the way (Pam Kearney, Judy Reimer), set us in motion (Joyce Crawford), or who continue to impact our local public health through their gifts of time and innovative community health projects (Dr. Jessica Meeske). And we know there are more of you who deserve the label "hero" for your commitment to our communities. Thank you for all that you do!

Check out the following pages to learn about SHDHD's programs and what we are doing with our partners to reach our vision of "Healthy People in Healthy Communities."

Michele Bever, PhD, MPH

South Heartland's Mission

The South Heartland District Health Department is a combined health district dedicated to preserving and improving the health of the residents of various municipalities and townships within Adams, Clay, Nuckolls, and Webster Counties. Our mission is to provide those services mandated by statutes of the State of Nebraska in a courteous, efficient and effective manner within the limits of sound economic responsibility. Through interaction with other community agencies and leaders, the Board and staff will determine which public health services are needed and how that need may be met and financed. The Board will conduct continuing review of these activities to judge their effectiveness and continued need.

New Board Members

Derek Clark
Nuckolls County
Public-Spirited
Representative



Phyllis Salyards, MD
Medical
Representative



Michelle Oldham
Adams County
Public-Spirited
Representative



SHDHD Studies our Communities...

“How do you feel?” asked the public health doctor.

“**How do you feel?**” asked the public health doctor, “Are there any things bothering you today?” The Community was in the exam room, perched on an exam table, for its regular physical. The public health doctor, stethoscope in hand, was listening intently and observing signs and symptoms.”

“Well, I feel pretty good overall,” said the Community. “People think this is a good place to live and raise their families. Also, I wasn’t hit as hard by the recession as some areas of the country were. However, my population has declined a little in some locations since the last census. And, as you can tell, my population’s getting older.” The public health doctor jotted some things down in the Community’s chart.



Board of Health President Peggy Meyer welcomes focus group participants who provided input on county trends and forces of change that may impact health in Nuckolls County

“What else?” asked the doctor. “Well, I seem to be having more problems with nitrates in my water and some of my rural areas have difficulty accessing things like mental health care services, fresh fruits and veggies, or convenient appointment times with health care providers. Also, I haven’t been so good at maintaining a healthy weight, but more of my employers are offering worksite wellness programs.”

“That’s good,” said the doctor while adding more notes to the chart. **“As you know, we ran the standard tests, the ones we always do at your 5-year exams, to see what’s changed since last time.”**

“You’ll recall that we began this set of tests about a year ago. First, we ran the public health system assessment to look at how your system is working overall and, after that, we took the pulse of each of your counties to find out what specific trends they are experiencing.”

“Next, we took some samples for analysis to get your numbers and see how you compare with the state and nation. That’s helping us to understand the details of your population, your most common risk factors and chronic diseases, your environmental hazards, and how well your population accesses health care.”

“We also asked you to complete a survey on what you think are your strengths and what areas might need improvement.”

“Gee, Doc, I’ve sure had enough poking and prodding to last me for awhile! Can you tell me what you found out?”

“I sure can,” said the public health doctor. “After reviewing all of the information in your charts and test results, we put together some summary information for you. Why don’t you take a look at these and tell me what you think.”

“You know,” said the Community, “I feel good about a lot of these results, but I do see some things that I should work on if I want ALL of me to be healthy.”

“What would you say are your five most pressing health concerns?” asked the doctor.

The **Community looked at the summaries and pondered this for awhile.** “If I can only pick five to focus on, **I’m most concerned about these issues: Obesity, Cancer, Mental Health, Substance Abuse, and Access to Care.**”

(continued on page 5)

Essential Service

Monitor Health Status and Understand Health Issues Facing the Community



Public Health System Assessment

Judy Sandeen reports out her work group’s answers to the question: **How well does our Public Health System carry out the Ten Essential Services?**



Top Five Community Health Priorities

Obesity
Cancer
Mental Health
Substance Abuse
Access to Care



Public Health Surveillance and Disease Investigation

Essential Service

Monitor Health Status and Understand Health Issues Facing the Community

What's going on in our communities? Do we know how healthy we are?

South Heartland monitors notifiable conditions using the NEDSS system (National Electronic Disease Surveillance System) and direct reports from health care providers. This year SHDHD processed 200 disease reports, including reports of hepatitis C, aseptic meningitis, pertussis, mumps, influenza and various food

and water borne illnesses such as campylobacter, cryptosporidiosis and salmonella.

SHDHD implemented a 24/7 Surveillance Phone for physicians to report notifiable conditions and began providing educational presentations to health care providers on how and what to report.



Health Surveillance staff **Shelley Smith and Jessica Warner** partner with schools to monitor absences due to illness, with hospitals to track influenza-like illnesses, and with DHHS to keep an eye on public water system violations. They respond to food-borne or other disease outbreaks and follow up on suspected and confirmed cases of reportable diseases such as pertussis (whooping cough), hepatitis, or Norovirus.

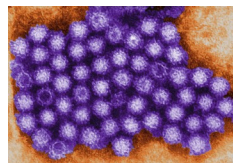
How do we investigate disease outbreaks?

SHDHD monitors and investigates diseases, and partners with state public health professionals and local health care providers to manage disease outbreaks.

Our staff investigated three disease outbreaks during August – December 2012: one outbreak of salmonella struck 20 individuals associated with a long-term care facility, and two Norovirus outbreaks affected 73 conference attendees and 166 individuals as-

sociated with a long term care facility, respectively.

When a potential outbreak is reported, we notify state investigators for assistance. We request laboratory testing for ill individuals and sometimes send food or other environmental samples to the state lab to help identify the cause. Sometimes additional analysis is needed: we may send samples to regional labs for DNA “fingerprinting” so that our specimens can be compared to others in a nationwide database.

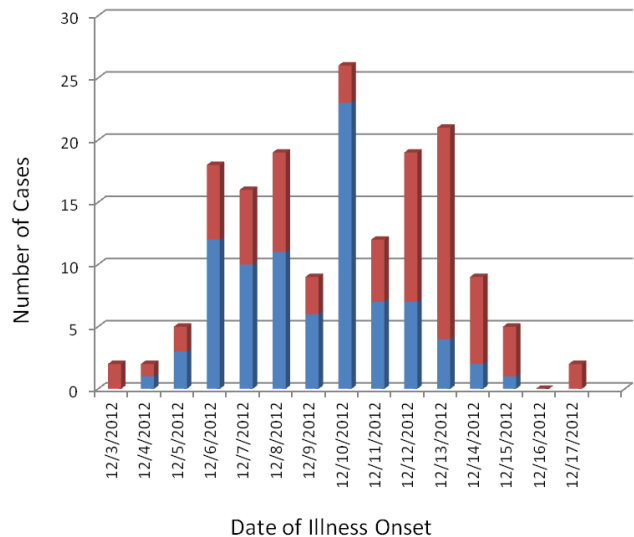


Norovirus particles (above): Infection by norovirus is one cause of gastroenteritis, commonly called the “Stomach Flu”

What can you do to protect yourself and others from Norovirus?

- ◆ Practice good hand washing
- ◆ Promptly clean contaminated surfaces and objects
- ◆ If you are ill, stay home and don't prepare food for others

Novovirus Outbreak: Number of Cases by Date of Illness Onset



SHDHD investigated a Norovirus outbreak that sickened 166 individuals associated with one facility

What Diseases are Reportable in Nebraska?

Find Out Here:

http://dhhs.ne.gov/Pages/reg_t173.aspx

173 NAC 1
Title 173

CH. 1 Reporting & Control of Communicable Diseases

Studying the Community, continued...

Making plans to improve health:

The doctor nodded. "This is an ambitious list, but I agree that if you want to achieve your goal of 'Healthy People in Healthy Communities', you will need to make some progress in each of these priority areas."

"Doc, this is a little overwhelming! Can you help me with a plan?"

"You won't have to do this alone, Community," said the public health doctor. "We've assigned a **Care Team** to help you. Your care team includes representatives from your hospitals (Brodstone Memorial, Webster County Community, Mary Lanning) and your health departments (Clay County and South Heartland District)."

"In addition, there are work groups to help you with each one of your five priority issues. These work groups are developing treatment plans for you; basically, a set of strategies and steps to help you reach specific health improvement goals."

"Also, we want for you to participate in these work groups because we believe in a community-centered approach, one where YOU have some say in the treatment plan. And that's why we call your **community-centered treatment plan** a *Community Health Improvement Plan*."

"Are you sure there isn't a **magic prescription** you could write for me instead?" asked the Community hopefully.

"No, I'm sorry there's no magic take-this-pill-to-make-it-better prescription," said the public health doctor with a smile. "But, with lots of individuals and organizations aware of your health priorities, working together, and chipping in on your treatment plan with their expertise, creativity, energy and resources, you should be able to make some significant progress before your next examination."

(Stay tuned for the 'Roll Out' in 2013 of SHDHD's Community Health Improvement Plan!)

Essential Service

Develop Public Health Policies and Plans

Essential Service

Engage the Community to Identify and Solve Health Problems

Community Partnerships

Community and Mobile Sign Boards help to inform the public.



SHDHD purchased outdoor signboards for each community in the District that doesn't have one or can use a second one. SHDHD provided the sign board and the installation. Half of the board space is reserved for SHDHD's public health education information while the other half is reserved for the community



to use. SHDHD posts seasonal information and updates the postings every month. In addition to the community sign boards, SHDHD also purchased a mobile sign that has been used to advertise health fairs, open houses, and vaccination clinics.

Are we ready to respond to health problems and health threats?



Public Health Risk Coordinator **Jim Morgan** develops and tests plans for responding to and protecting the population from health threats such as pandemic influenza. Jim works closely with other agencies and organizations within the Health District and across Nebraska: Community Organizations Active in Disaster, mass fatality & Family Assistance Center planning, & Tri-Cities Medical Response System. Jim provided training to EMS and fire personnel on how to access regional resources for Chemical Exposure events.

Healthy Lifestyles.....

Essential Service

Give People Information They Need to Make Healthy Choices

4th & 5th Graders Attend Water Jamboree at Liberty Cove



South Heartland presented “A Skeeter’s Life” at the bi-annual Water Jamboree at Liberty Cove for approximately 800 fifth and sixth graders. South Heart-

land provided West Nile Virus education, including live demonstrations of the mosquito lifecycle, over the course of 16 sessions in two days.

South Heartland In the Media



Breathe Easy!

100% Smoke-Free Housing Available NOW!

<p>Located in Harvard Harvard Housing Authority 402-772-4091 Parkview Manor Harvard Townhouse Apts. Oak Street Apts. Pine Groves Estates</p>	<p>Located in Sutton Heritage Place of Sutton 402-773-5319 Sutton Housing Authority 402-773-4577 Noble Community Center Horseshoe Bend Villas</p>
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For more information on available Smoke-Free Housing, contact South Heartland District Health Department at 877-238-7595.

Roll for though funding provided by NE Ohio Tobacco Free Initiative

SOUTH HEARTLAND DISTRICT HEALTH DEPARTMENT SMOKEFREE

Moving for Better Balance: Tai Chi Classes for Active Older Adults



South Heartland launched a third Tai Chi Moving for Better Balance program in partnership with Midland Area Agency on Aging. This evidence-based program aims to improve balance, coordination, and strength in older adults. South Heartland’s Tai Chi program had a total of 38 participants in the 4-county area with data indicating that participants showed significant improvement in the 50-foot walk test. Instructors were asked to gather anecdotal evidence and specific stories from participants about any self-reported increase in flexibility, balance, or over all feeling of well being.

SHDHD 10th Anniversary Celebration

SHDHD invited the community/district to join us in celebrating “10 Years and Counting” in March, to include a proclamation by the Mayor of Hastings, a Hastings Area Chamber of Commerce “Salute” to SHDHD for 10 years in the community, a public health forum with educational presentations, and a banquet with public health awards ceremony. Pamela Kearney, Joyce Crawford, and Judy Reimer were honored with 10th Anniversary Awards for their outstanding efforts in the creation and development of SHDHD. Jessica Meeske, DDS, was awarded the SHDHD 2012 Community Health Service Award for exemplary community service in children’s oral health.



Above: Dr. Jessica Meeske, DDS, receives the SHDHD 2012 Community Health Service Award for exemplary community service in children’s oral health.

Hastings Area Chamber of Commerce “Salute” to SHDHD for 10 years of service



..... And Making Healthy Choices

Building Awareness for Colon Cancer Screening

South Heartland Colon Cancer Coalition secured continuation funding to support an awareness and education campaign as well as screening and intervention. The Coalition partnered with area beauty parlors and bars/taverns to distribute emery boards and coasters, respectively, with messages that encouraged screening for colon cancer during National Colon Cancer Awareness Month and partnered with 14 area pharmacists for distribution of colon cancer screening kits.

Get Your FREE Colon Cancer Test Kit

If you're between the ages of 50 and 74 years,
you need to get tested for colon cancer

Present this coupon to pick up your free FOBT kit at any of the following pharmacies:

Bert's Drug Store, Hastings	Redline Pharmacy, Hastings
Sun Mart Pharmacy, Hastings	Crosier Park Pharmacy, Hastings
Allen's Pharmacy, Hastings	Sutton Pharmacy, Sutton
Walgreens Pharmacy, Hastings	Superior Pharmacy, Superior
Bert's Pharmacy, Hastings	Panida Pharmacy, Superior
Keith's Pharmacy, Hastings (both locations)	Village Pharmacy, Red Cloud
	Ron's Pharmacy, Blue Hill

South Heartland District Health Department, Hastings

Free colon cancer test kits provided by **South Heartland Colon Cancer Coalition**

Kits available beginning March 1, 2012
For more information call 877-238-7595 or visit
our website: www.southheartlandhealth.org

Location:



SOUTH HEARTLAND DISTRICT HEALTH DEPARTMENT

National Prescription Drug Take Back



South Heartland partnered with Hastings Police Department and Area Substance and Alcohol Abuse Prevention for the National Prescription Drug Take Back Days. At 5 locations throughout the health district, SHDHD spread the message of safe disposal while collecting 455 pounds of expired, unused, and unwanted medication.

Workplace Wellness Promotes Health to Employees

SHDHD sponsored the fourth annual Walk out on Work event where 275 employees from 51 Businesses walked 239 miles and received health related information from 8 vendors including SHDHD. In other events, 265 of the City of Hastings and Hastings Public School employees took advantage of receiving a free Health Risk Assessment and blood screening through their workplace wellness programs. Educational Services Unit #9 has joined Red Cloud Public Schools and Hastings Public Schools in participating in the Healthy Schools as Healthy Workplaces program.



4th Annual Walk Out on Work with a "Back to the 80s" Theme

Promotora (Community Health Worker) Program



Five Hispanic community leaders received training on health topics they could share in their communities. SHDHD and Mary Lanning Healthcare partnered to fund the training on topics such as Chronic Disease, Oral Health, Hygiene & Food Safety. Participants received a reference manual and materials to assist in setting up, delivering, and evaluating their presentations. Each promotora has agreed to deliver at least two presentations to small groups of 6 to 12 community members.

Goal:
Inform, Educate & Empower People About Health Issues to Reduce Risk and Promote Improved Health



West Nile Education with promotional activities were provided to parents and children attending the 2011 Kool-Aid Days



~A Project of Healthy Hastings~
Corn grows in the new community garden in downtown Hastings

Oral health education and incentives were provided to children and parents attending Children's Book Day at Hastings City Auditorium



Linking People to Services...

Essential Service

Help People
Receive
Health Services

Are people
receiving the
health care they
need?

Nebraska State Immunization Information System



Vaccination Records are available on-line at http://dhhs.ne.gov/publichealth/Pages/nesiis_index.aspx



Health Disparities Coordinator **Jorge Perez** provides education and interpretation services for the *El Paquete Totale* diabetes program and coordinates the *WIC Oral Health Access* program. You can also find Jorge serving as an interpreter and technician at Child Car Seat Safety Events.

SHDHD P.H.O.N.E. Program Assists Kids Connection Clients

South Heartland's Public Health Outreach Nursing Education (P.H.O.N.E.) program provides assistance to those who are enrolled in Medicaid or Kid's Connection. Whether it's a missed appointment, follow up for Emergency Room visits, notification from DHHS of newly eligible persons on Medicaid and Kids Connection, reminder of Early Periodic Screening, Diagnosis & Treatment (EPSDT) or just a phone call of inquiry, our P.H.O.N.E. nurses are committed to helping people access the services they need.

In the past year, as a direct result of this program: South Heartland's P.H.O.N.E. Coordinator initiated 1084 contacts for EPSDT; followed up on 266 emergency room visits, 387 missed dental appointments and 6 missed vision appointments. Top reasons for use of ER for non-emergency health visits included "couldn't get an appointment" (28%) and "provider office hours" (53%).

HEALTH CHECK





Another Benefit of Kids Connection and Medicaid



Reaching for a healthy future

A Program of the Nebraska Health and Human Service System

Vaccine for Children program gives 1,874 vaccinations

Cost to Vaccinate Your Child from BIRTH through the AGE of 18			
			
2 - 6 Months	12 - 18 Months	2 - 6 Years	7 - 18 Years
DTaP Hepatitis B Hib PCV Polio Rotovirus	DTaP Hepatitis A Hib Influenza PCV MMR Varicella	DtaP Influenza Polio MMR Varicella	HPV Influenza Menactra Tdap
2-6 Month Total Cost \$659.61	12-18 Month Total Cost \$290.34	2-6 Years Total Cost \$181.97	7-18 Years Total Cost \$634.08
Grand Total: 1,766.00			

The Hastings/Adams County Immunization clinic at SHDHD saw 753 patient visits in 2011-2012. A total of 1874 vaccinations were administered based on the recommendations of the Advisory Council on Immunization Practices. Well over half (59%) of clients visiting the Hastings/Adams County Immunization Clinic were underinsured (i.e., insurance does not cover immunizations), one-quarter (24%) were uninsured and 12% had Medicaid. SHDHD relies on donations to cover the cost to administer the free vaccine.

Culturally & Linguistically Appropriate Services (CLAS) Training

El Paquete Totale (The Total Package) is the current phase of a partnership between Mary Lanning Health Care Foundation, Mary Lanning Healthcare Diabetes Department, the Hastings YMCA and SHDHD to serve the health and wellness, medical education and exercise needs of the Hispanic population in the Hastings area with, or at risk for, diabetes. We meet these needs through quality medical services, health education and dedicated staff. South Heartland supports this program with staffing for educational presentations, medical interpretation, exercise encouragement & tracking, and program evaluation. This year we expanded activities into Clay and Webster Counties. SHDHD arranged for CLAS standards training for all providers and staff at each rural health clinic in those two counties.



Working Together to Improve Public Health

Oral Health Access for Young Children

South Heartland's Oral Health Access for Young Children project provides oral health services by hygienists to WIC children and their caregivers. Key partners include: Mid-Nebraska Community Action Partnership WIC program, Central Community College –Hastings Dental Hygiene program, and 8 area public health dental hygienists. The project's goals are to improve oral health behaviors and reduce dental caries in this high risk population.



Essential Service

Engage the Community to Identify and Solve Health Problems

Wellness for Women at Work Project

Through South Heartland's Wellness for Women at Work project, supported by a Maternal Child Health grant from NE DHHS, employers in the South Heartland area continued joining the effort to make worksites healthier for their employees. All of the businesses that participated the first 3 years of the project implemented workplace environment changes that will support their employees' health efforts by providing healthier choices in vending machines, tobacco free campuses, healthier celebrations and encouraging healthy snacking. The South Heartland Wellness for Women at Work has been extended to a fourth year by the NE DHHS. SHDHD is assisting 9 area employers to commit to continuing the health risk assessment on a

regular basis, and is ensuring that employers complete a wellness policy change or environment change for their employees.



Adams County employees have access to healthy vending machine options.

How well do we really get people and organizations engaged in health issues?



Community Health Education Coordinator **Sandi Stevens** represents South Heartland in the ACHIEVE community coalition. She researches evidence-based practices and helps participants in two SHDHD wellness projects to implement environmental and policy level changes to promote healthier work sites and communities.

Smoke-Free Multi-Unit Housing Available to Renters



SHDHD, with partner Area Substance and Alcohol Abuse Prevention Coalition, put together a list of all smoke-free multi-unit housing available in the South Heartland District. South Heartland identified 10 apartment complexes and 4 housing authorities that offer smoke-free policies in the lease agreement. All apartment complexes received signage and free advertising as part of this effort to promote smoke-free policies.



Health Educator **Desiree Rinne** is responsible for coordinating Radon Awareness, Kid's Fitness & Nutrition Day, Colon Cancer Prevention Awareness, Scrubby Bear Hand Washing, the Tai Chi program & more!

Protecting Public Health by Enforcing Laws

Essential Service

Enforce Public Health Laws & Regulations

When we enforce health regulations are we up-to-date, technically competent, fair and effective?



NE Clean Indoor Air Act.

During 2011-2012, South Heartland investigated 1 new report of smoking violation (NCIAA non-compliance). We use an educational approach during the first visit and most establishments are in compliance when SHDHD staff returns for a follow up visit. At the first inspection for the new violation, the owner of the busi-

ness agreed to have the employees stop smoking and to put up signs. At the follow up inspection, the owner had completed all the necessary actions to come into compliance. The owner also indicated that he was thankful that SHDHD made the inspection, as it made the entire workplace better. We are pleased to report that all sites with previous complaints or violations are now in compliance.

Essential Service

Maintain a Competent Public Health Workforce

Training & Expertise in Public Health

Do we have a competent public health workforce? How can we be sure our staff and partners stay current?

SHDHD Trains Current and Future Public Health Workforce

SHDHD coordinates a quarterly meeting on **Issues in Public Health**. RNs, LPNs, APRNs, CMAs, and other health care providers working in school, clinic, long term care, hospital, and public health settings are invited to attend our educational programs on a variety of public health topics. Invited experts provided the following training:

South Heartland provides **internship and temporary employment opportunities** for students who may be interested in pursuing a career in public health.

- October, 2011 - "**Title 173: Notifiable Conditions in Nebraska**" presented by SHDHD health director and surveillance staff
- January, 2012 - "**Emerging Infectious Diseases**" presented by Dr. Phillip Smith, Professor, Internal Medicine Division of Infectious Disease, UNMC (CEUs provided)
- April, 2012 - "**Diabetes Update 2012**" presented by Marilee Aufdenkamp, MSN, Creighton University School of Nursing professor and DeAnn Carpenter RN, Diabetes Educator for Mary Lanning Healthcare (CEUs provided)

- Hastings College (HC) Student Intern Megan Puckett designed a client satisfaction survey to use in the Immunization Clinic.
- HC Student Allison Kern conducted mosquito trapping for SHDHD's West Nile Virus surveillance program.
- The UNMC College of Public Health & Great Plains Public Health Training Center's Student Fellowship Program matched Chadron State College student Jocelyn Utecht with SHDHD for a summer fellowship. Jocelyn assisted SHDHD staff on a health status assessment as part of SHDHD's Community Needs Assessment process.



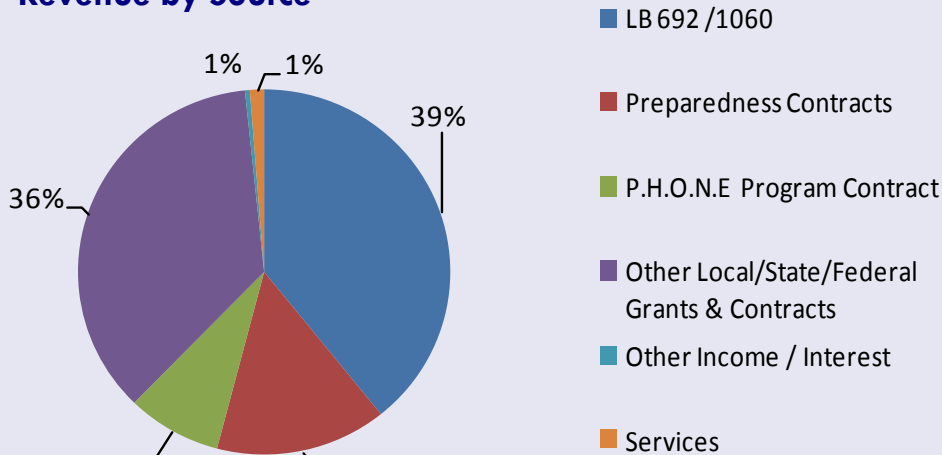
A Public Health Forum for SHDHD's 10th Anniversary Presentations included Dr. Joann Schaefer's *State of the State's Public Health*, Dr. Richard Raymond's *Milestones in Public Health*, and Dr. Ayman El-Mohandes' *It's not just Public Health doing Public Health*.



Jocelyn Utecht (L) spent the summer working with SHDHD through the Public Health Training Center's Student Fellowship Program

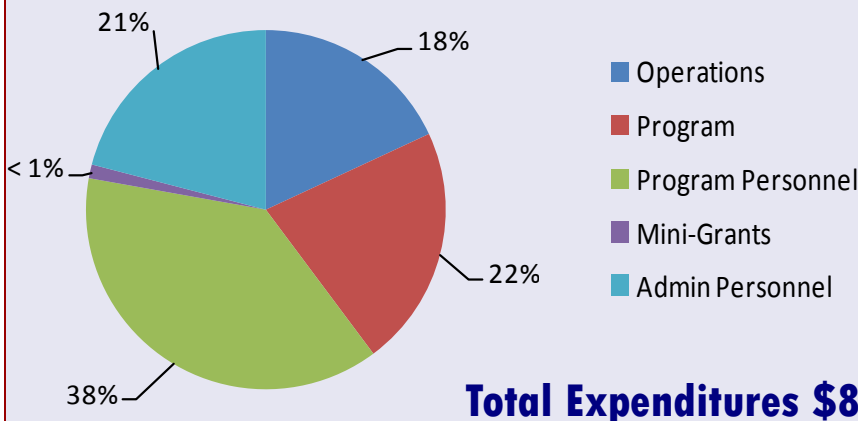
Annual Financial Report 2011-2012

Revenue by Source



Total Revenue \$742,421

Expenditure by Category



Total Expenditures \$807,222

TRI-Cities Medical Response System (TRIMRS)

New Revenue (SHDHD FY 2010-11)	\$168,000
Expenses (SHDHD FY 2010-11)	\$342,209

Mini-Grants

South Heartland uses a portion of LB692 funds to support community efforts to identify and solve health problems. This year, SHDHD awarded a total of **\$10,000** to two organizations for health-related projects or programs that are aligned with the SHDHD Public Health Improvement Plan:

- **Life Skills Education pilot project**, Revive Inc. DBA Horizon Recovery and Counseling Center and the Unity Houses
- **3-5-7 Model for Permanency project**, CASA of South Central Nebraska

Public Health
Core Functions

ASSESSMENT

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Operations Manager **Denise Ferguson** coordinates SHDHD's administrative and financial activities.

ABIG "Thank You!" to
part-time SHDHD
Staff, Contractors &
Volunteers

Vaccine for Children Program:

- Leslie Anderson, RN
- Sheryl Buescher
- Amanda Fitzke, RN
- Carol Hamik, RN
- Judy Sandeen, RN
- Dixie Zoucha, LPN
- Jessica Warner, MPH

Sonrisa Dental Program:

- Gloria Molina

Oral Health for Young Children

- Dental Hygienists: Christy Burrows, Samantha Shelton, Susan Medcalf, Jody Kuhr, Katie Vaughn, Deb Schardt, Wanda Cloet

Suicide Prevention Coalition:

- Derek Bumgardner



606 N. Minnesota, Suite 2
Hastings, Nebraska 68901

Phone: 402-462-6211 / 1-877-238-7595
For Public Health Emergencies: 402-469-2543
Fax: 402-462-6219
E-mail: shdhd@windstream.net

*Protecting and Improving Health
in Adams, Clay, Nuckolls and Webster Counties*

We are on the web at
www.southheartlandhealth.org



Follow us on Facebook

Board of Directors

County Officials

Charles Neumann	Adams County Supervisor
Eric Samuelson	Clay County Supervisor
Michael Combs	Nuckolls County Commissioner
Justin Armstrong	Webster County Commissioner

Public Spirited Citizens

Judy Reimer	Adams County
Michelle Oldham	Adams County
Merrill Duntz	Clay County
Bob Rose	Clay County
Peggy Meyer	Nuckolls County
Derek Clark	Nuckolls County
Barbara Sprague	Webster County
Ron Kuehner	Webster County

Professional Representatives

Phyllis Salyards, MD
Dee Griffin, DVM
Michael Kleppinger, DDS

Officers (Elected March 2012)

President	Peggy Meyer, LIMHP
Vice President	Charles Neumann, DVM
Treasurer	Bob Rose

Board Members who completed terms or retired during the 2011-2012 Fiscal Year:

Perry Freeman, Nuckolls County
Bradley Neet, Adams County

We thank you for your years of service!



Public Health
Prevent. Promote. Protect.

Staff Directory



Michele Bever, PhD, MPH
Executive Director

michele.bever@southheartlandhealth.org
Phone: 402-462-6211 Ext. 102



Cindi McDowell, CFRE, PLMHP
HRSA Project Director & Grant Writer

cindi.mcdowell@southheartlandhealth.org
Phone: 402-462-6211 Ext. 103



Denise Ferguson
Operations Manager

denise.ferguson@southheartlandhealth.org
Phone: 402-462-6211 Ext. 101



Jim Morgan
Public Health Risk Coordinator

jim.morgan@southheartlandhealth.org
Phone: 402-462-6211 Ext. 107



Desiree Rinne, BS Health Promotion
Community Health Education Coordinator

desiree.rinne@southheartlandhealth.org
Phone: 402-462-6211 Ext. 105



Shelley Smith, BSN, MSN
Surveillance Coordinator, Immunization Clinic Manager

shelley.smith@southheartlandhealth.org
Phone: 402-462-6211 Ext. 115



Jessica Warner, MPH
Health Surveillance Assistant

jessica.warner@southheartlandhealth.org
Phone: 402-462-6211 Ext. 115



Jorge Perez
Health Disparities Coordinator

jorge.perez@southheartlandhealth.org
Phone: 402-462-6211 Ext. 106



Rhonda McIntyre, BSN, MSN
Public Health Outreach Nursing Education (P.H.O.N.E.)

rhonda.mcintyre@southheartlandhealth.org
Phone: 402-462-6244



Susan Ferrone, BSN, MPA
Public Health Nurse

susan.ferrone@southheartlandhealth.org
Phone: 402-462-6211 Ext. 114



Amy Market
Reception

amy.market@southheartlandhealth.org
Phone: 402-462-6211 Ext. 100

We thank these former staff members for their years of service!

Janet Staehr, Public Health Nurse

Anita Sullivan, Surveillance Coordinator & Immunization Clinic Mgr

Sandi Stevens, Community Health Education Coordinator